



ARIZONA

2009-10
TRACK & FIELD
CROSS COUNTRY
MEDIA GUIDE

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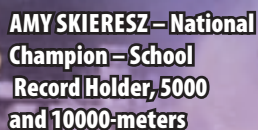
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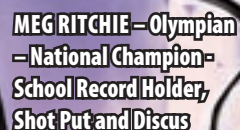
ARIZONA



TANYA HUGHES – Olympian –
1994 NCAA Woman of the Year –
School Record Holder, High Jump



AMY SKIERESZ – National
Champion – School
Record Holder, 5000
and 10000-meters



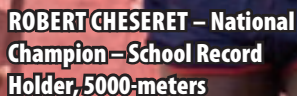
MEG RITCHIE – Olympian
– National Champion –
School Record Holder,
Shot Put and Discus



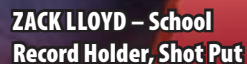
CARLA GARRETT – Olympian –
National Champion



ABDI ABDIRAHMAN
Olympian – School
Record Holder,
10000-meters



ROBERT CHESERET – National
Champion – School Record
Holder, 5000-meters



ZACK LLOYD – School
Record Holder, Shot Put



BOBBY MCCOY
School Record Holder, 400-meters

33 OLYMPIANS
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349 ALL-AMERICAN HONORS
ARIZONA TRACK AND FIELD – WHERE CHAMPIONS FLOURISH

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2010 QUICK FACTS

GENERAL INFORMATION

Location	Tucson, Ariz.
Enrollment	38,000
Founded	1885
School Colors	Cardinal and Navy
Nickname	Wildcats
Conference	Pacific-10
Facility	Roy P. Drachman Stadium
President	Dr. Robert Shelton
Director of Athletics	Jim Livengood
Associate Athletics Director/SWA	Kathleen "Rocky" LaRose

WILDCAT TRACK AND FIELD

Director of Track & Field/Cross Country	Fred Harvey(Sprints/Hurdles)
Associate Head Coach	James Li (Distance)
Assistant Coaches	Sheldon Blockburger (Jumps/Multis) Francesca Green (Sprints/Hurdles) Craig Carter (Throws) Erin Rodrigs (Distance)
Director of Operations	Dawn Boxley

ARIZONA TRACK & FIELD/CROSS COUNTRY

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2010 MEN'S TEAM INFORMATION

Pac-10 Finish	8th
NCAA West Regional Finish	6th
NCAA Championships Finish	23rd
Returning All-Americans	1
(Luis Rivera-Morales, SR. (Will Compete Indoors Only), Mohamud Ige, Sr. (Cross Country))	

2010 WOMEN'S TEAM INFORMATION

Women's Pac-10 Finish	8th
Women's NCAA West Regional Finish	10th
Women's NCAA Championships Finish	25th
Returning All-Americans	2
(Liz Patterson, Sr., Jasmin Day, Sr.)	

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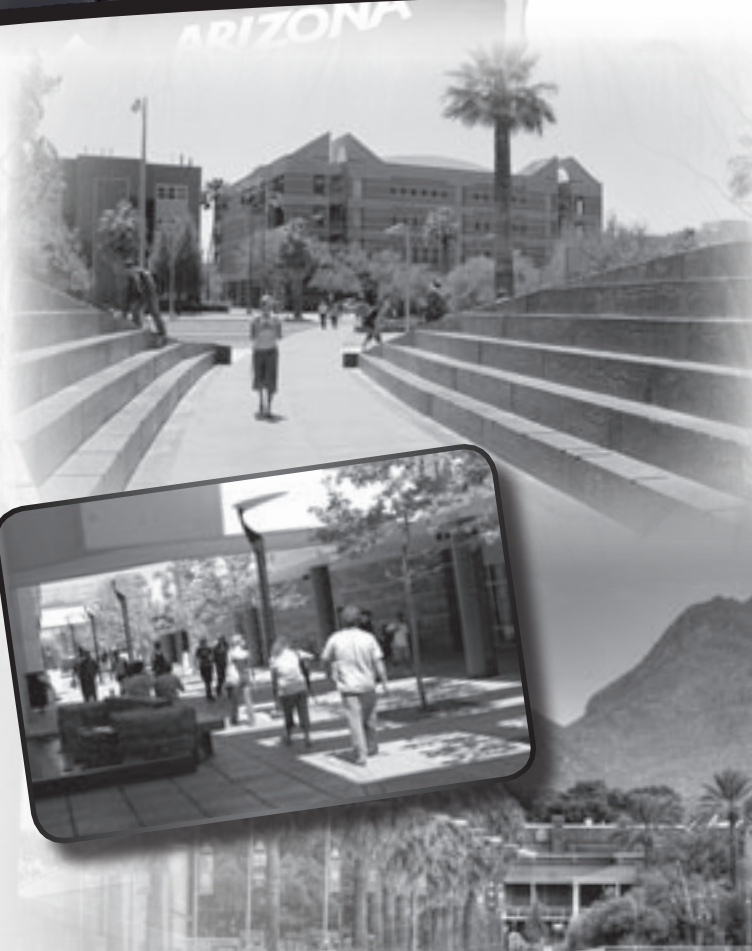


The 2009 University of Arizona Track and Field media guide was compiled and edited by Jeremy Hawkes. Production and design by Ben Franklin press with Mike Chavez as project leader. Photography by Luke Adams, Jeremy Hawkes, Kirby Lee, and J&L Photo. The University of Arizona is an Equal Opportunity institution committed to a policy of affirmative action. Copies of this book may be purchased through upon request through the McKale Center Ticket Office, 520-621-2287, 800-454-2287."



UA Facts

- UA has the highest undergraduate graduation rate of any of Arizona's universities.
- Current faculty members include Nobel and Pulitzer Prize winners.
- Bear Down Gym was named after John "Button" Salmon, student body president in 1926, whose last words to the football team before a game included the famous phrase. Button would pass away from an auto accident shortly after.
- In the past decade, UA honor students have won national and international scholarships, including the Truman, Rhodes, Fulbright, Churchill, Udall and Marshall.
- The UA student body includes students from 135 foreign countries.
- Average class size at UA is 29.
- There are more than 400 student organizations on campus, ranging from the Sports Marketing Association to Women of Color.



The Student Union

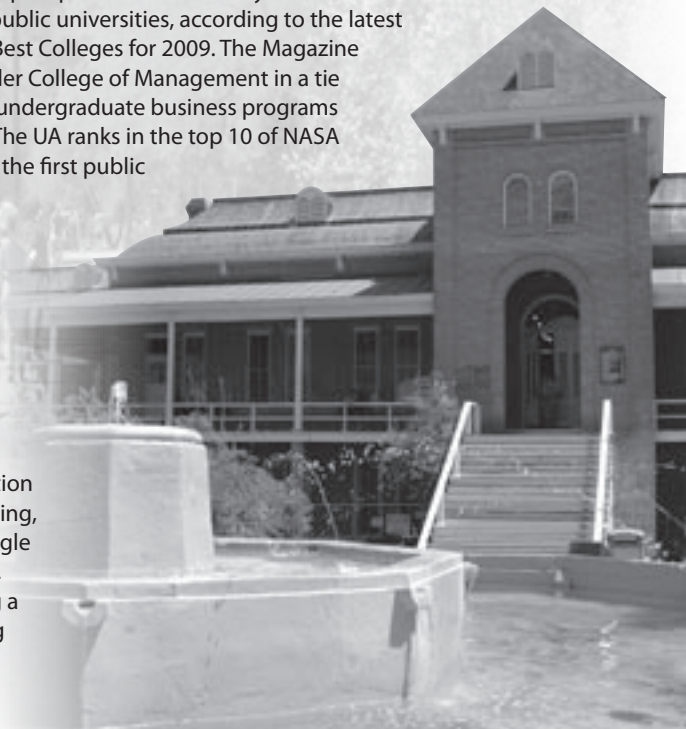
The new 405,000-square-foot Student Union Memorial Center (SUMC) is among the largest in the country. The SUMC is home to the Center for Student Involvement and Leadership, and provides dining services (which includes 13 different restaurants, ranging from national franchises and brands to a variety of specialty restaurants), an art gallery, a convenience store, a copy center, a U.S. Post Office, video arcade and billiards room.

In the Rankings

U.S. News and World Report places the University of Arizona in the top 50 among all public universities, according to the latest rankings in America's Best Colleges for 2009. The Magazine also ranked the UA's Eller College of Management in a tie for 15th place among undergraduate business programs at public universities. The UA ranks in the top 10 of NASA grant recipients and is the first public university to lead a NASA mission to Mars.

The Integrated Learning Center

The Integrated Learning Center underscores the University of Arizona's commitment to undergraduate education by integrating freshman services, tutoring, advising and core curriculum into a single technology-rich learning environment. The innovative Center is fast becoming a model learning environment attracting national attention.



Expect the Unexpected

Located in the heart of southern Arizona, Tucson is a city of stunning contrast and diversity. From the broad desert valley of world-famous saguaro cacti to 9,000-foot mountain forests of pine trees and snow, the city stands at a crossroads both geographically and culturally.

Tucson is a thriving metropolis that continues to grow by thousands of residents each month, but it has held fast to its small-town ambience. Locals gather at historic Fourth Avenue for nighttime entertainment and shopping, and the University holds the center of the city's attention with its athletics and cultural activities. Outdoor activities are highlighted by Sabino Canyon, which showcases the beauty of the desert with river-guided trails leading into the mountains.



Average Temperature

	High	Low
August	95	72
September	93	67
October	84	57
November	72	45
December	65	39
January	65	39
February	67	40
March	71	43
April	80	49
May	89	57
June	98	67
July	98	74

Tucson Temperature

Tucson is renowned for its superb year-round weather. Warm and sunny throughout most of the year, the air is remarkably dry with a low relative humidity. It lies in the zone receiving more sunshine than any other section in the United States. The average high temperature is 81 degrees and the average low temperature is 54 degrees. With an average of 12 inches of rainfall and 86 percent sunshine, Tucson receives more than 50 percent of its rain during the months of July, August and September.

The Sonoran desert provides a unique setting not to be found anywhere else in the world. Far from the Saharan sand dunes that most first-time visitors expect, the desert boasts a wide range of wildlife, vegetation and great mountain views.

When the temperatures rise in the desert, it's just a 40-minute drive to the top of Mt. Lemmon, the southernmost ski resort in the United States.



STRENGTH TRAINING

Bill Estes Jr. Family Strength and Conditioning Center

The new \$13.5 million Bill Estes Jr. Family Strength and Conditioning Center is a functional facility with thousands of dollars of strength, plyometric (indoor sandpit), indoor running turf and aerobic equipment. An individualized program is developed for each student-athlete depending on his or her sport, position and specific physical needs. The University of Arizona is committed to helping every student-athlete reach his or her potential.



BRYCE SORRIER

Bryce Sorrier is in his first year at the University of Arizona as a graduate assistant athletic trainer. He works primarily with the track & field/cross county teams and also assists with football. He is responsible for the evaluation, treatment, care and prevention of athletic injuries. He is pursuing a Master's degree in Teacher and Teacher Education. Prior to coming to Arizona, Bryce graduated in 2009 from the University of Georgia with a Bachelors of Science in Kinesiology with emphasis in Athletic Training. While at Georgia he worked primarily with the 2009 Capital Bowl Champion football team including 2009 NFL 1st overall pick Matthew Stafford. He also worked with the men's and women's track and field and equestrian teams.



RITA CHORBA, ATC, PT, CSCS

Rita became a member of the medical staff at the University of Arizona in 2008. She is an athletic trainer/physical therapist for intercollegiate athletics, working primarily with Arizona Track and Field, and is a staff physical therapist specializing in orthopedic and sports rehabilitation with the general student population at the Campus Health Service.

A native of Cleveland, Ohio, Rita holds a Bachelor's degree in Exercise Science from Baldwin-Wallace College, a Master's degree in Physical Therapy from Cleveland State University and a Master's degree in Athletic Training from the University of Findlay. While at the University of Findlay, Rita worked with the football, softball, and women's basketball teams along with the Tiffin University football team. She is a Certified Strength and Conditioning Specialist. Her professional interests include movement dysfunction and bridging the gap between rehabilitation and sports performance.

Machines and Dumbbells

Injury prevention and rehabilitation is another aspect that affects a student-athlete's success. A line of top quality machines and dumbbells, coupled with a staff knowledgeable in functional rehabilitation, will ensure that balanced development, joint isolation and stability can be achieved with the utmost in safety and comfort.

Plyometric and Flexibility Equipment

Transitioning strength development into reactive power and foot speed is vital for every student-athlete. Specific equipment such as an indoor sand pit, running turf, jumping machines, plyo boxes, medicine balls and the knowledge of when and how to use them from the strength staff will allow a student-athlete to reach the highest level of competition.

Cardiovascular Equipment

In addition to having some of the best weather in the country for conditioning outside on a year-round basis, the strength and conditioning center has top-of-the-line heart rate monitored equipment for individual student-athletes to use.

Free Weight Equipment

Free weight training provides a student-athlete with functional power and strength development to enhance her performance. World-class and state-of-the-art equipment is available to help maximize athletic performance safely and effectively.





The University of Arizona Department of Intercollegiate Athletics is committed to the academic, physical and personal development of each and every Wildcat student-athlete. To assist in that endeavor, the Department of Intercollegiate Athletics (ICA) has developed a philosophical approach called C.A.T.S. (Commitment to an Athlete's Total Success). C.A.T.S. consists of four programs: Academic Support (while housed in ICA is an academic unit within student affairs), Personal Development, Strength and Conditioning, and Medical Services. These programs provide a comprehensive philosophical framework for ICA and staff to use in the task of assisting in the personal, physical and emotional growth and in the educational development of the student-athlete.

C.A.T.S. ACADEMICS

C.A.T.S. Academics is committed to providing an academic support program that will develop the learning potential of all student-athletes as they pursue their education, develop their athletic skills and prepare for rewarding careers after graduation.

C.A.T.S. Academics is designed to enhance the educational experience of the student-athlete in the university setting. The primary goals are to:

1. Strive for excellence in the academic performance of every student-athlete who attends the UA to earn a degree.
2. Create an educational atmosphere where learning is fun and lifelong.
3. Commit to providing services necessary to support and lead its student-athletes.
4. To assist in the student-athlete's transition to the University and to develop independent learners.
5. Provide assistance for the student-athlete in the development of values, emphasizing the qualities of leadership.
6. Enhance the interpersonal relationships and communication skills of the student-athlete.
7. Encourage and facilitate the fulfillment of career and life goals of each student-athlete.
8. Safeguard the academic integrity of the UA by ensuring compliance with all rules of the University and NCAA.

FRESHMEN AND FIRST YEAR STUDENTS

The focus of the program is predicated on the belief that the key to retention of student-athletes in higher education is for an academic professional to engage the student on a personal level and assist the student in developing a personalized academic support plan. C.A.T.S. is committed to developing a strong first year experience.

The transition process from high school to college begins early and continues with intensive academic support throughout the first year. Students are assigned to C.A.T.S. Academics professionals upon arrival on campus who will assist them with course selection, tutorial support, study skill development, and assistance with navigating through the university.

A comprehensive Student - Athlete Orientation is conducted prior to the start of school upon arrival in August and members of the academics staff greets each student-athlete and family and addresses the specialized issues relating to the new student-athletes transition to the university.

The purpose or goal of this three-credit course is to acquire knowledge, and to develop skills, abilities and attributes that will enhance student-athlete academic and personal success. All freshmen are required to enroll in the class, which is designed to assist the freshmen with the transition from high school to college and develop a foundation for success. The early focus of the class is centered around academic skill development, critical thinking and problem solving skills, goal setting and enhancing or developing consistent time management skills. Other topics may include a broad range of academic, personal and career concerns.

The academic advisor designated by each College has primary advising responsibilities for student-athletes who are currently enrolled in that College's curriculum. The C.A.T.S. Academics Office also offers supplemental advising / counseling to all student-athletes regarding course selection for degree requirements and NCAA requirements for continued eligibility. The academic advisory staff members are responsible for monitoring the student-athlete's progress towards a degree and preserving academic integrity in the advising process. Counseling student-athletes in course selection is one of the most important functions.





The student-athlete meets initially with an academic advisor or member of a college advising center staff to review an academic plan based on the student-athlete's academic background, career objectives and areas of interest and declared major. Once this meeting has concluded, the student-athlete may register for classes. The CATS Academics counselors work cooperatively with academic advisors throughout the university to ensure progress towards a degree as well as compliance with all NCAA eligibility requirements.

The Directed Studies Program has a two-pronged approach to meet the academic needs of incoming freshmen and continuing student-athletes who have transitional issues. All first year student-athletes have required study hall hours. Students meet with Academic Learning Specialists, academic mentors, content-based tutors, or a combination of all three, to ensure a successful and seamless move into the university community.

Learning Specialists meet daily with those student-athletes who may require additional academic attention. The Learning Specialists provide a more focused approach to the rigors of academia while guiding the program's mentors and content-based tutors in providing additional academic assistance.

The academic mentors assist with time management, study skills and the transition to college. In addition to academic mentors, tutors are available, if needed, in specialized subjects. These outstanding graduate and undergraduate students are recruited from all academic departments and are selected on the basis of faculty recommendation and demonstrated knowledge of subject area. They are recruited, hired, and supervised by the C.A.T.S. Tutorial Coordinator. The services provided by the tutorial staff are an integral part of the total C.A.T.S. Academic Program and are an invaluable learning resource for busy student-athletes.

C.A.T.S. Academics facilities are comprised of the four main areas

designed for academic study:

1. The C.A.T.S. Advising Center

- Houses five academic advisors
- Work areas available for student-athletes to have individualized tutoring sessions

2. The C.A.T.S. Learning Center

- Houses three full-time Learning Specialists, Tutorial Coordinator, and Math & Science Center
- Wireless Internet Access available for student use

3. The C.A.T.S. Computer Lab

- Forty-three (43) stand alone computers featuring Microsoft Office Professional word processing and several spreadsheet programs and full high speed internet access.
- Student-athletes can access the Discover Career Exploration program from each computer.
- The Computer facility is open and supervised 70 hours per week, and the lab is maintained by a full-time employee.
- Three laser printers compliment the lab.

4. 120-Seat Auditorium

- Seats 60 for quiet study
- Seats 60 for tutorial appointments



THOMAS LOTT
Track and Field Academics Counselor

Thomas Lott is currently in his second season at The University of Arizona serving as Academic Advisor to the UA track and field, cross country, soccer and volleyball athletes. Prior to coming to Arizona, Lott was an advisor for Track and Field and Swimming at the University of Cincinnati and a year-and-a-half advising the football student-athletes at Texas A&M University.

Lott holds a double major in Psychology and Sports Management from Rice University and is currently pursuing a Master of Education degree at Northern Arizona University. Lott chose the profession because academics are very important to him but so are athletics and so he wants to remain as close to both and have as much of an impact on student-athletes as possible.

Lott also played football at Rice. He currently lives in Marana, Ariz. with his wife Ashley.

C.A.T.S. ACADEMICS STAFF

Michael Meade Interim Director
 Eileen Finnegan Administrative Associate
 Laurie Edmond Academic Counselor/Mentor
 Thomas Lott Academic Counselor
 Jennifer Mewes Director of Directed Study Program, Academic Counselor
 Lisa Napoleon Academic Counselor
 Andy Salgado Academic Counselor

David Corsi Learning Specialist
 Araceli Hernandez Learning Specialist/Academic Counselor
 Marisol Quiroz Learning Specialist
 Mark Francis Math Specialist
 Pauline Glenn Graduate Assistant
 David Sepulveda Graduate Assistant, Writing Center

Drachman Stadium

Roy P. Drachman Track and Field Stadium, home of Arizona's Track and Field team since 1981, is considered one of the fastest and most functionally designed complexes in the country.



Rita Hillenbrand Stadium

Fan support at Rita Hillenbrand Memorial Stadium underscores the attraction of UA softball and its home field and is one of the many Arizona athletic facilities supported by the Hillenbrand family.



Murphey Soccer Stadium

The home of Arizona soccer since 1996, the John and Helen Murphey Soccer Stadium has been the site of many important events during the brief history of the UA program.

McKale Center

The home of Arizona's women's basketball, men's basketball, volleyball and gymnastics teams, the McKale Center opened in February 1973 and has a seating capacity of 14,545.



ATHLETIC FACILITIES



Arizona National

Home of the men's and women's golf teams, Arizona National is a desert facility situated in the foothills of Tucson's Santa Catalina Mountains. Its diverse 6,776-yard, par-71 layout provides classic golf in the desert as well as some of the most spectacular scenery of any golf facility in the Southwest.

Arizona Football Stadium

Considered one of the finest playing facilities in the country, Arizona Stadium was built in 1928 with only 7,000 seats and has grown into a 56,000-seat facility that combines old-style charm with modern conveniences. It's quite simply a great place to play and watch a game.



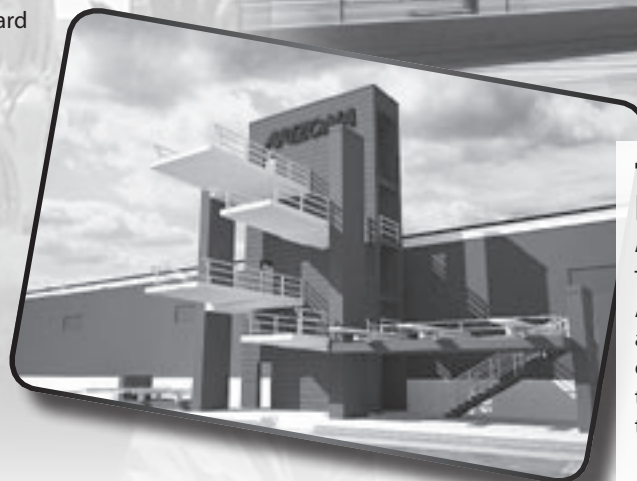
Jerry Kindall Field at Frank Sancet Stadium

Located on the corners of Enke and National Championship Drives, the Arizona baseball facility experienced many upgrades in the Fall of 2005, including the installation of a new playing surface, a new scoreboard (with videoboard) and grass berms along the left and right field lines. Other improvements slated for the near future include a new concourse and restrooms, sun shades and a new press box. The facility is named after Frank Sancet and Jerry Kindall, two of collegiate baseball's most highly regarded coaches. The former Wildcat skippers combined to win 1,691 games at UA, advance to 14 College World Series and win three national titles.



LaNelle Robson Tennis Center

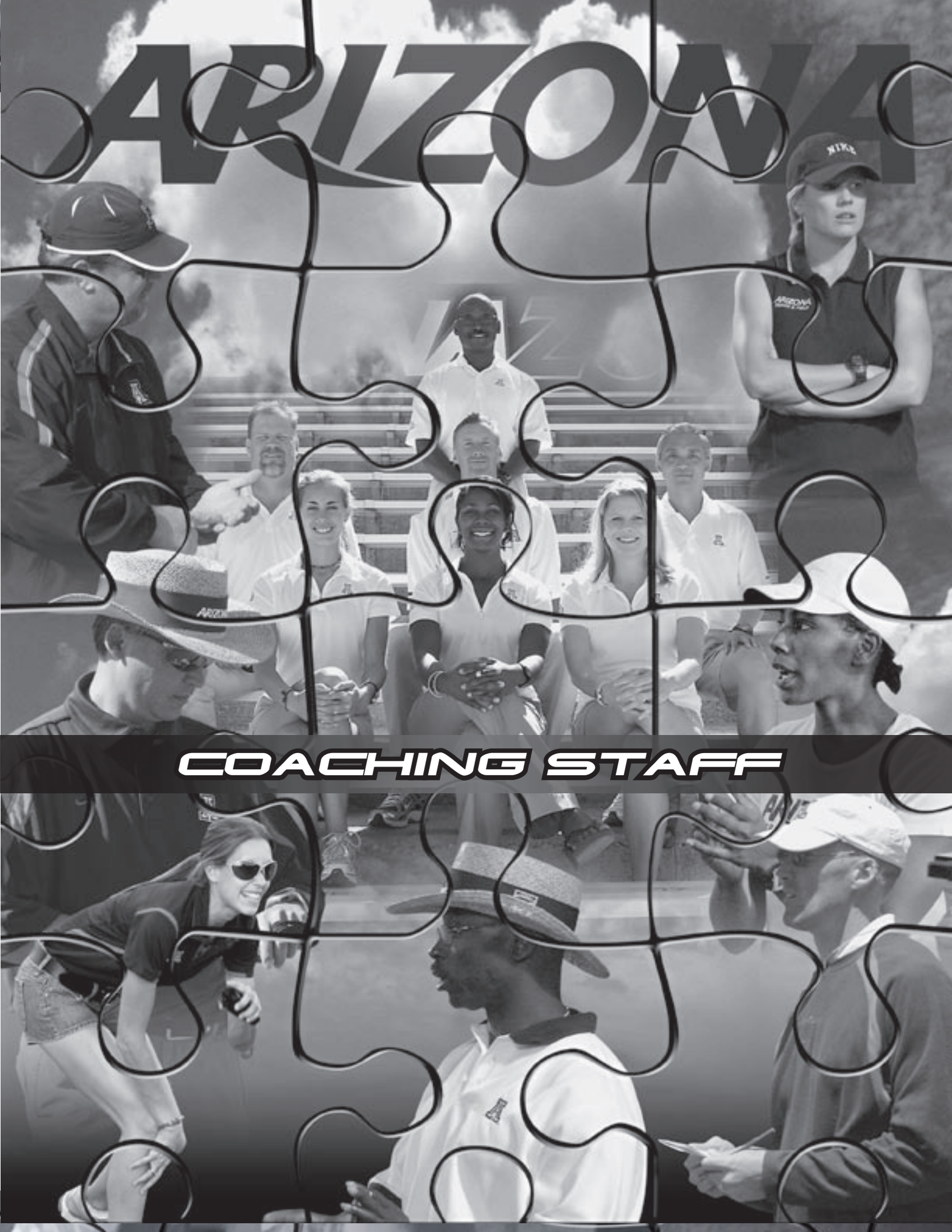
One of the finest on-campus tennis facilities in the nation, the LaNelle Robson Tennis Center features 17 competition courts, a center-court grandstand, a concessions stand, a pro shop, supplemental restrooms and storage areas.



The William G. and Dolores D. Hillenbrand Aquatic Center

The William G. and Dolores D. Hillenbrand Aquatic Center, dedicated in May of 1989, has a seating capacity of approximately 600. A catwalk that provides access to three sides of the pool at the grandstand level increases the total capacity of the facility to approximately 1,000 spectators.

ARIZONA



COACHING STAFF



HEAD COACH FRED HARVEY



Fred Harvey enters his eighth year as the Director of Men's and Women's Track and Field and Cross Country. After 15 years as an assistant and associate head coach at The University of Arizona, Harvey took the reigns during the 2002-03 school year and has led the men's team to six consecutive top-25 finishes outdoors and the women to top-25 finishes in each of the

last two seasons both indoors and outdoors. Harvey and his coaching staff have enthusiastically recruited another strong batch of freshmen this season and the chances of continuing the top-25 streaks looks to be in good shape.

Over the years of his productive coaching career, athletes have earned 143 All-American honors under Harvey, including the 11 that UA athletes were awarded during the 2008-09 season.

Harvey is one of the finest coaches in the nation, and in 2004 was named to the United States Track Coaches Association Executive Committee. In 2005, Harvey was also named as a Vice Chair for the United States Track and Field Coaches Advisory Board.

Arizona athletes earned 11 All-American distinctions last season under Harvey. The list included Liz Patterson – the high jump national champion during her sophomore campaign – who finished as the runner-up both indoors and outdoors at the NCAA Championships last season and returns as a senior this year. Luis Rivera-Morales, one of the most accomplished long jumpers in UA history, will also return for one last indoor season after earning All-American honors in the long jump last outdoor season. The UA also earned 34 All-Conference honors at last years Pac-10 Outdoor Championships and 20 All-Region honors at the NCAA West Regional Championships during the 2009 season.

The 2007-08 season saw Coach Harvey lead four athletes indoors and five athletes outdoors to All-American status, including an impressive showing in the shot put where the UA placed three men in the top eight at the NCAA Outdoor Championships. Harvey added another

National Champion to his constantly growing list when sophomore Liz Patterson took the high jump title at the NCAA Outdoor Championships.

His coaching expertise, combined with his enthusiastic recruiting, has continually kept Arizona ranked among the top teams in the nation since his inception as the head coach.

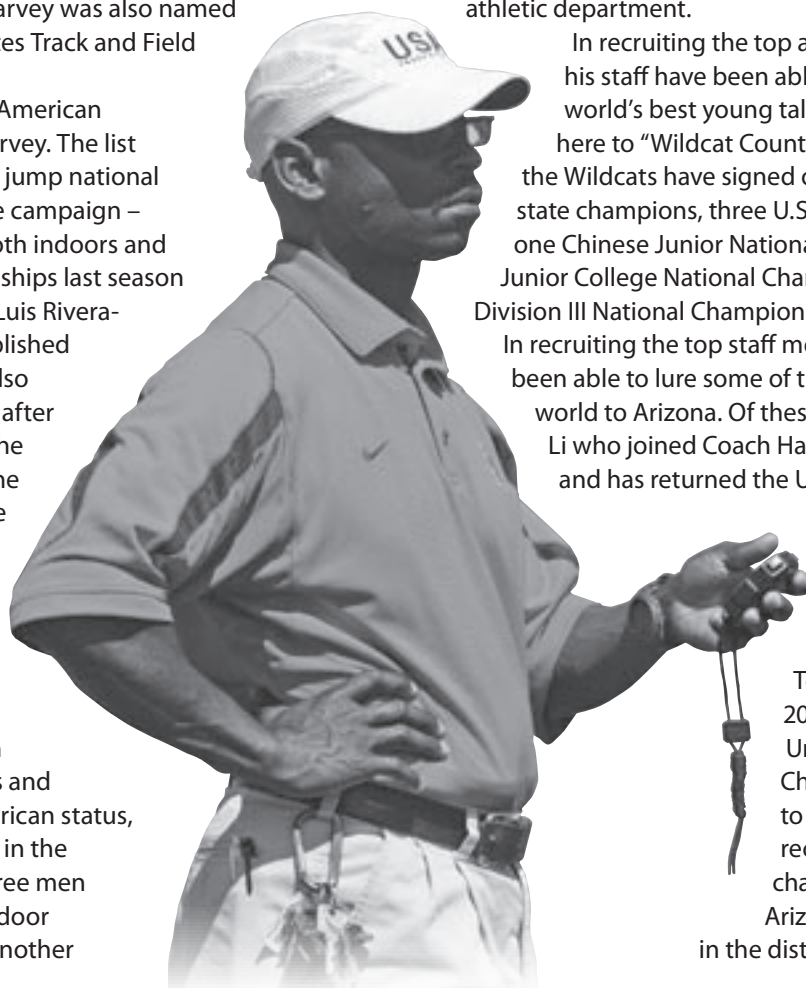
In 2007, Harvey coached 10 athletes to All-American honors during the outdoor season and four athletes were indoor All-Americans. The men's team finished in 11th place at the NCAA championships outdoors and 14th indoors. In addition 17 Wildcats earned All-West Region Honors for their performances at the regional meet in Eugene, Oregon.

2006 marked the season that Harvey coached the Wildcats to their most successful season in recent memory. The men's squad placed third in the Pacific-10 and went on to an impressive fourth place finish at the NCAA National Championships. Six men and one woman earned all-America honors for the Wildcats on the year. The team was also successful in the classroom, with 12 athletes being named to the Pac-10 All-Academic teams.

Over the past couple years, Harvey has worked countless hours to create his "Template for Success." The top three factors in this template include recruiting the top athletes, recruiting the top staff and having the total support of his athletic department.

In recruiting the top athletes, Harvey and his staff have been able to land many of the world's best young talents and bring them here to "Wildcat Country". During this period, the Wildcats have signed over 25 U.S. high school state champions, three U.S. Junior Champions, one Chinese Junior National Champion, three Junior College National Champions, and one NCAA Division III National Champion.

In recruiting the top staff members, Harvey has been able to lure some of the top coaches in the world to Arizona. Of these include Dr. James Li who joined Coach Harvey's staff in 2002, and has returned the UA distance program to elite status while also making a mark internationally, serving as the U.S. Track and Field Team Manager for the 2008 Beijing Olympics. Under Li, UA alum Robert Cheseret ran his way to numerous school records and national championships bring Arizona back to prominence in the distance events.





Harvey also felt the need to make the horizontal and high jump areas more of a focal point within the program, and was able to bring Sheldon Blockburger to Arizona from Cal Poly-San Luis Obispo. Blockburger is regarded as one of the top jumps coaches in the country. At the 2005 NCAA Championships, he coached the national champion and the fourth-place finisher in the women's high jump. At Arizona, Blockburger was responsible for a national champion in each of his first three seasons at the school after leading decathlete Jake Arnold to back-to-back titles in 2006 and 2007 and following that up by guiding Liz Patterson to the high jump crown in 2008. He also led Patterson to runner-up finishes indoors and outdoors in the event last season.

In the throws department, Coach Craig Carter joined the Wildcats staff three seasons ago from Utah State. In just a few years, Carter has established the UA throwing team as one of the most dominant in the nation, defending the notion by guiding three men to All-American status in the shot put at the 2008 outdoor championships. He led three more athletes to All-American status in 2009, including taking Zack Lloyd to a runner-up finish in the shot put outdoors.

Building Harvey's "Template for Success" requires a program to operate as a business without losing the ability to work personally with the student-athletes. The willingness of the upper administration to move Francesca Green from the marketing department and reassign her as the new Director of Operations for Track and Field and Cross Country has allowed the staff to work much more closely with the student-athletes on the roster.

Green's impressive resume as the Director of Operations inevitably led Harvey to promote her to an assistant coaching position for the 2009-10 campaign focusing on the sprinters. While the decision was ultimately tough on Harvey on a personal level – he was the sprinting coach up until this season's change – he admits that it's "one of the best decisions he has made as a coach".

On the national and world scene, Harvey has proven to be one of the best. Originating from San Francisco, he came to Arizona from Cal Poly-San Luis Obispo. There, he was the assistant women's coach for seven years and coached 14 NCAA Division II national champions, 52 Division II All-Americans and



HEAD COACH FRED HARVEY

'IN ADDITION TO HIS WORK WITH THE ARIZONA TEAMS, HARVEY ALSO WORKS WITH FORMER WILDCATS, PREPARING THEM FOR POST-COLLEGIATE COMPETITION.'

two Division I All-Americans. During his seven-year stint, the Mustangs won four Division II national titles.

Harvey also has earned international respect and was selected to coach the U.S. men at the 2003 Pan American Games. During the five-day event in Santo Domingo, Dominican Republic, he led the team to 21 total medals - seven gold, seven silver and seven bronzes.

Harvey's most noted Olympian is local Tucsonan Michael Bates. Bates was the 1992 bronze medalist in the 200-meter dash at the Barcelona Games before going on to an illustrious

career in the NFL as a kick returner in which he was named to the NFL 1990s All-Decade Team.

In the 2000 Olympic Games, Patrick Nduwimana, a Harvey pupil, advanced to the semifinals after battling injuries. Other athletes under Harvey to advance to Olympian status include long jumpers Yuliana Perez and Mareike Veltman and sprinters Lade and Tayo Akinremi. Harvey's male Olympians also include sprinters Troy Douglass, Bart Williams, and Joe SaiSai.

Several of Harvey's former Arizona sprinters have gone on to earn acclaim at the national and world levels. Nduwimana not only ran well at the 2000 Summer Olympics in Sydney, Australia, but he set a school record in the 800m, clocking a time of 1:44.06 during the European season.

Another of Harvey's pupils, hurdler Michelle Johnson, nearly made the U.S. Olympic team in the 400m hurdles. In her competing tenure, however, Johnson was a four-time All-American and 2001 World Championship team member.

At the 1999 World Championships in Spain, the two ran with considerable success. Nduwimana advanced to the semifinals



of the 800m for his native Burundi, and Johnson finished sixth in the 400m hurdles, running 54.23 in the final.

Harvey has coached some of the most successful athletes in school history. He developed Brianna Glenn into one of the top female sprinters and long jumpers in the nation. In 2001, Glenn won the 200-meter dash and long jump at the NCAA Outdoor Championships, becoming the only athlete in history to accomplish that feat. She would go on to win the USA Track and Field long jump Championship in 2003 while also becoming a member of the 2001 World Championship Team and 2002 World Cup Team.

In 2001, Harvey added to his resume by becoming Arizona's Spring Development Coach, working with the Wildcat football

team. He trained the football players in the dynamics of sprinting and speed development that season, and it made a noticeable difference on the field.

In addition to his work with the Arizona teams, Harvey also works

with former Wildcats, preparing them for post-collegiate competition. Bates was an 11-year NFL veteran and a five-time Pro Bowl selection.

Harvey was a fine athlete himself at San Jose City College and Cal Poly-SLO. In 1979, he ran 5.81 in the indoor 50m, the fifth-fastest time in the world that year. In 1981, he ran the sixth-fastest time in the world in the same event. During his competitive years, Harvey had personal-best times of 10.1 (100m), 20.78 (200m) 45.7 (400m) and 1:50.2 (800m). While competing at Cal Poly-SLO, Harvey earned three Division II All-America honors and was a member of the winning 400m relay team at the Division II National Championships.

Harvey earned his bachelor's degree from Cal Poly-SLO in 1983. He is married to Janet Harvey, a former elite hurdler and long jumper. Together, they have a son, Lauren, and two daughters, J' Lynn and Imani Lee.



THE HARVEY FILE

NOTABLE NUMBERS

- 143 All-American Awards
- 11 Olympians
- 24 National Champions
- 92 Conference Champions
- 6 World Championship Team members

ACHIEVEMENTS AND AWARDS

- USA Track and Field Advisory Board Vice Chair
- USA Track and Field and Cross Country Coaches Executive Committee
- 2003 Men's Coach for Pan-American Games
- In 2001, coached first athlete in NCAA history to win a sprint and long jump title (Brianna Glenn, 200-meters and Long Jump)
- In 1993, selected as men's 200-meter development coordinator for USA Track and Field
- Coached Michael Bates to a bronze medal in the 200 meters at the 1992 Barcelona Olympics
- Also coached Michael Bates to being the first athlete in Pac-10 Conference history to win the finals in both the 100 and 200 meters in 1990 and 1991
- Responsible for placing Arizona as the first school in conference history to put four sprinters in the conference finals in the 100 and 200 meters
- Served as sprint development coordinator for T.A.C. Western Region in 1988
- Coordinated the first ever Tour de States competition for developmentally disabled students

ATHLETIC ACHIEVEMENTS

- Represented the US in International Track and Field Competition in New Zealand and Australia
- Member of the US National Team at the Pacific Conference Games
- Indoor Track and Field News World list, ranked 5th and 6th in the 50-meters in 1981 and 1979.
- Three Time All-American
- Two Time National Championship Team member



ASSOCIATE HEAD COACH JAMES LI



Distance 8th Season Washington State University

In 2002, James Li joined the Wildcat track and field coaching staff to direct the distance runners and men's and women's cross country program. He came from Washington State University, where he worked with

the Cougar track and field and cross country programs for a combined total of 13 years. He received a master's degree from WSU in 1987 and a doctorate in 1993.

During his collegiate coaching career, Li has coached numerous individual athletes and relay teams to more than 30 conference championships, 50 All-American honors, and 9 national championships. Behind Li's guidance, Cougar distance great Bernard Lagat was named NCAA Division I indoor athlete of the year and Pac-10 athlete of the year in 1999. Lagat also won the bronze medal in the 1,500 meters at the 2000 Sydney Olympic Games, as well as a silver medal at the 2001 IAAF World Championships.

Li earned one of the more prestigious honors of his career over the past summer, where he served as the United States Olympic Track and Field Team Manager at the 2008 Summer Games in Beijing. Li took on the responsibility in addition to coaching Lagat at his third straight Olympics.

In 2007, Lagat had a history making performance at the World Championships in Osaka, Japan as he became the first man

to win the 1,500/5,000m double at World Outdoors, and the first American ever to medal in the 5,000 at Worlds. Earlier in the 2007 season, Lagat broke the American record indoors at 3,000 meters. For his work with Lagat, Coach Li was named the 2007 Nike Coach of the Year by USA Track and Field.

Lagat's brother, Robert Cheseret, is yet another of the great athletes to come from Li's tutelage and did so in dominating fashion as a Wildcat. With Li's coaching, Cheseret dominated the NCAA distance events during his four-year tenure at the UA. In cross country, Cheseret was a three-time All-American, finishing as a top-10 runner in three of his four seasons.

Cheseret's most impressive races may have come in track and field, however, where he would win two national championships as a Wildcat and earned All-American accolades six times.

During his college career under Coach Li, former Wildcat distance standout Robert Cheseret broke three school records, won ten conference individual titles (track and cross country) and was been named the Pac-10 Athlete of the Year twice in cross country and three times in track and field. This all came in addition to being a three time national champion outdoors.

During the 2009 cross country season, Li oversaw Mohamud Ige put in perhaps the comeback story of the year after a disappointing 2008 campaign. After a freak accident early in the season, Ige bounced back to earn All-American honors at the NCAA Championships with his 38th place overall finish. At the NCAA West Regionals, Ige shocked many on his way to a ninth place, All-Region performance.

As the UA's head cross country coach, Li also saw the Arizona women's squad qualify for their first NCAA Championships as a team since 2001.

Last season saw Li guide redshirt freshman Abdi Hassan to a freshman record setting performance in the 1500-meter run of 3:42.04 at the NCAA West Regional Championships to finish fourth and earn a





spot at the NCAA Outdoor National Championships. In 2008, Li helped coach Christina Rodgers to an All-Region performance in the 800-meter run. Rodgers best time of the season of 2:04.90 ranks second all-time in the event at Arizona. Li also helped the sister of Lagat and Cheseret, Irine Lagat, to an All-Region performance in the 5000-meters.

Li has previous coaching experience at the Sichuan Sports Technique Institute in Sichuan, China. He was also a provincial team coach from 1983 to 1985. He joined the Washington State coaching staff in 1985 as a graduate assistant. He served as the head men's track and field coach at Minnesota State University at Mankato from 1990 to 1994. He then rejoined the

Washington State staff in 1994 as a track and field assistant. He was named the head cross country coach in 1998.

Li, a native of the People's Republic of China, was a middle distance runner during his youth and collegiate days at the Beijing Institute of Physical Education, from which he graduated in 1982. He won the Chinese collegiate 800 meters title in 1979 and was among the top 10 middle distance runners in China in 1980 and 1982.

Li was born in Chengdu, China and was naturalized as a United States citizen in May of 1998. He and his wife, Jeane, have two sons, Allen and Anthony.



ASST. COACH SHELDON BLOCKBURGER



Jumps/Multi-Events Fifth Season Louisiana State University

Sheldon Blockburger begins his fifth season as an assistant coach for The University of Arizona. Blockburger spent nine seasons coaching the jumps, throws, short hurdles and multi-events at Cal Poly-San Luis

Obispo prior to arriving at Arizona in the fall of 2005. During his time at Cal Poly, Blockburger coached 15 All-Americans and 20 Big West Conference jumping champions. At the 2004 NCAA Championships, Sharon Day and Kaylene Wagner each high jumped 6-2.75" to place second and third respectively. At

the 2005 NCAA Championships, Day upset the reigning NCAA Champion, Chauntee Howard, to win the championship with a school record jump of 6-4".

The 2009 season was a big success for athletes under Blockburger's tutelage both indoors and outdoors. Of the 11 UA athletes earning All-American accolades on the season, six were coached by Blockburger.

Luis Rivera-Morales earned the first All-American finish of his career with a sixth-place finish in the long jump at the NCAA National Championships. Rivera-Morales also cleared the 26-foot barrier for the first time in his career at the Pac-10 Championships, winning the event there. Throughout the season, the only long jump event – indoors or outdoors – that Rivera-Morales did not finish first in was the NCAA Championships.



On the women's side, Blockburger helped guide Liz Patterson to runner-up finishes in the indoor and outdoor high jump championships. Her indoor championship mark of 1.95m (6-4 ¾) was the third highest jump in UA history.

Blockburger also led Shevell Quinley to an eighth place finish in the heptathlon in her final outdoor meet to bring her to a grand total of four All-American honors in her illustrious career. Gabriella Duclos earned her first All-American honors both indoors and outdoors in the pole vault to wrap up her career as well.

The 2008 NCAA Championships – both indoor and outdoor – were also a bright spot for athletes competing under Blockburger. Indoors, Luis Rivera-Morales placed ninth in the long jump with a jump of 25-7.25". Shevell Quinley placed third in the heptathlon with a school record score of 4,256 and Jasmin Day placed sixth in the high jump with a leap of 6-0.25". At the 2008 NCAA Outdoor Championships, Elizabeth Patterson jumped 6-1.25" on her first attempt to upset 2005 NCAA Champion and Blockburger's former athlete, Sharon Day, to win the high jump title. Jasmine Day finished in seventh to earn her second All-American honor of the season. Patterson's championship gave Blockburger his fourth national champion in as many years.

At the University of Arizona, Blockburger coached Jake Arnold to back-to-back NCAA decathlon titles in 2006 and 2007. Arnold's score of 8,215 in 2007 broke a nineteen year old school record and was the sixth highest score in NCAA meet history. Jake was also named Field Athlete of the Year by the USTFCCCA. Arnold also finished second place at the 2007 NCAA Indoor Championships with a school record score of 5909. Jake went on to finish 13th at the 2007 World Championships with his second best score ever (8,002).

Other fine performances in 2007 included; Gabriella Duclos winning

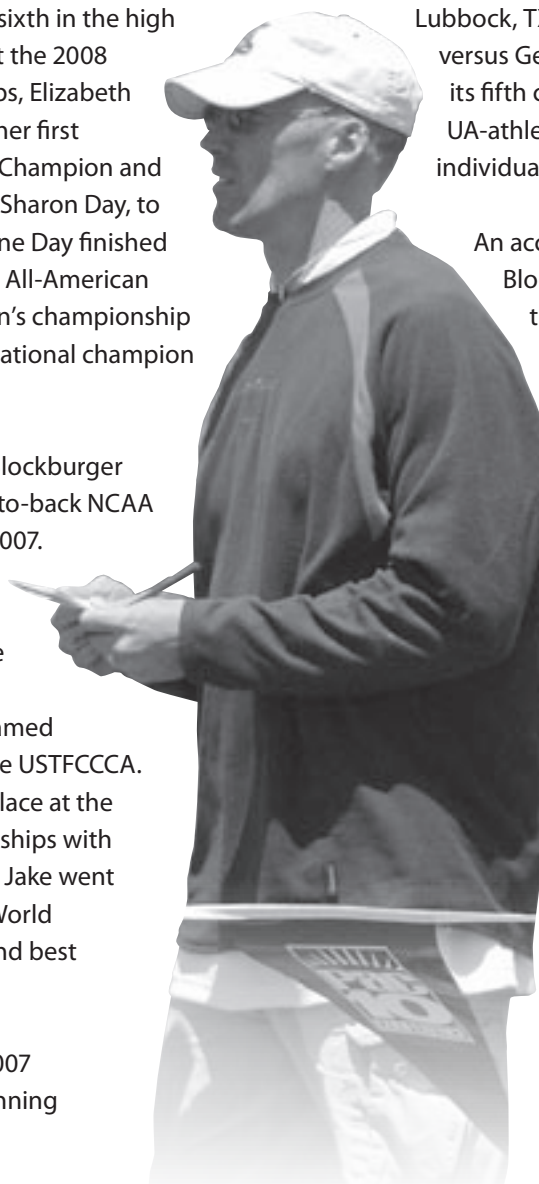
the PAC-10 Championship in the pole vault with a personal best clearance of 13-9.25" and Daniel Marshall winning the NCAA West Region triple jump title with a leap of 51-9.25". At the USATF National Junior Championships in Indianapolis, Elizabeth Patterson won the high jump with a clearance of 5-9.25". Blockburger was named the West Region Field Event Coach of the Year by the USTFCCCA to conclude the season.

From 2002-04, Blockburger also served as a head regional coach for the WGA Decathlon Club, where he coached two post-collegiate decathletes in preparation for the 2004 Olympic Trials. He placed one of them (Paul Terek) on the 2004 Olympic Decathlon Team with a score of 8,312.

Blockburger was named Head Coach of the United States versus Germany Decathlon in 1998, where the Americans made a huge second day comeback to defeat the Germans in Lubbock, TX. He was also the Head Coach of the United States versus Germany Decathlon in 2008 and led the squad to its fifth consecutive victory over the Europeans. Former UA-athlete and Blockburger pupil Jake Arnold was the individual runner-up in the event.

An accomplished competitor at the international level, Blockburger was a standout at LSU where he captured the Southeastern Conference (SEC) decathlon championship in 1986 with a meet-record 7,737 points and set the indoor pentathlon world record at the 1987 SEC Championships with 4,453 points. Blockburger was runner-up at the 1989 USATF Decathlon Championships with a score of 8,248 and was a bronze medalist at the 1990 USATF Decathlon Championships with 8,301 points. In 1993, he won the MultiStars Decathlon in Brescia, Italy with 8,296 points. Blockburger retired following the 1994 USATF Decathlon Championships where he finished in fourth with a score of 8,281. He did come back in 1995 to win the inaugural USATF National Indoor Heptathlon Championship with 6,030 points.

A native of Newport Beach, Calif., Blockburger earned a Bachelor of Arts degree from LSU in 1988. He is married to Cynthia Blockburger. They have two children, Alyssa and Johnnie.





ASST. COACH FRANCESCA GREEN



Sprints First Season Washington State University

After four years serving as the Director of Operations for Cross Country and Track & Field at the University of Arizona, Green will see a new role in her sixth year at

Arizona as she takes on the role as an assistant coach for the program. She will oversee the men's and women's sprinters and relays for the program while still handling some of her former administrative responsibilities, such as meet management and equipment. Green is also a graduate of the 2007 Leadership Institute for Ethnic Minority females in administration and is a 2008 and 2009 Leadership facilitator for the NCAA Division 1 Regional Leadership conference for Student-Athletes.

During the summer of 2009, Coach Green was an assistant coach for the USA Junior Pan-American Games held in the Port of Spain, Trinidad, where she coached the men sprinters and relays. Green helped guide several athletes to exceptional results including Marcus Rowland, who set a Pan-American Junior record in winning the 100-meters in

10.03 - the fastest time by a junior athlete to date in 2009. Fellow countryman D'Angelo Cherry took the runner-up spot in the same event. Keyth Terry (20.77 in 200-meters) and Tavaris Tate (45.50 in 400-meters) also took runner-up finishes under Green's guidance. The 4x100m relay and the 4x400m relay were also Jr. Pan-American Champions running 39.06 and 3:03.25 respectively.

Francesca relocated to Tucson in August of 2004 to continue her competitive training with Head Coach Fred Harvey and also worked as a Marketing Associate for Wildcat Athletics. Green comes from Purdue University, where she spent the 2004 season as a volunteer assistant coach assisting head coach Lissa Olson with sprints and jumps athletes. The main reason for her stay in West Lafayette was to train for the 2004 Olympic Trials in the long jump. Green finished in 18th place at the trials, but her season PR mark of 6.41m (21'11/2) ranked her 15th in the country during the 2004 season.

Prior to her move to Purdue University, Francesca came from Washington State University, where she spent eight years both as a student-athlete and coach. Her collegiate coaching career began in August 2000, after Cougar's head coach Rick Sloan named her assistant coach in charge of the men and women sprinters and relays.

In 2003, Coach Green guided Washington State's women's 4x400 team to All-America status, as they finished seventh (3:35.49) at the NCAA Indoor Championships. Her 4x400

team later went on to place third at the PAC-10 Outdoor Championships and finished runner-up at the NCAA West Regional Championships. Green's women's 4x100 relay squad also scored at the PAC-10 Championships, placing sixth with a time of 45.49.

Individually, Green coached Tiffany Giles to a pair of top-five showings at the PAC-10 Outdoor Championships running 23.82 in the 200 and 53.82 in the 400. Giles also



scored a fifth-place finish in the 400 at NCAA West Regional Championships.

Green led Washington State's men's sprinters and relays to a pair of outdoor PAC-10 titles and a runner-up showing in 2003. Anthony Buchanan won the 100 title, clocking a time of 10.10, and the 4x100 relay crossed first in 39.68. NCAA Regional qualifier Bennie Chatman placed behind Buchanan in the 100 (10.12) and earned the bronze at Regionals, coming in at 10.48.

In 2002, Green had two sprinters compete at NCAA Championships: Anson Henry at the indoor meet in the 60 (3rd, 6.66) and Buchanan at the outdoor meet in the 100. Henry continued to train with Green during the 2003 season, and went on to place second at Canadian Nationals in the 100 (10.04). Henry also competed for the Canadian National team at the Pan-Am Games and World Championships in 2002.

As an athlete, Francesca was one of the most versatile, accomplished and decorated track and field athletes in Washington State track and field history. She won the PAC-10 long jump titles in both 1996 and 1998, and earned All-America honors from her 1996 NCAA outdoor and 1997 NCAA indoor long jump competition. A sprinter, jumper in the high, long and triple jump events, Green scored 21.5 of WSU's 123 points at the 1999 PAC-10 Championships. She ran the anchor leg of WSU's record-setting 4x100 relay team (44.50) in 1999. In 1996, Green was a member of the USATF Junior World Championship team that competed in Sydney, Australia.

A star in the classroom, she was selected as a GTE/CoSIDA Academic All-American (District

VIII), to the PAC-10 All-Academic Track team, and earned Senior Excellence in Academics honors. She was selected Student-Athlete Advisory Board Outstanding Senior, earned the Eagle Hardware and Garden Academic Salute Trophy, selected for the WSU President's Award for Leadership and was honored with an Arthur Ashe, Jr., Award.

Green is a 1995 graduate of Kamiakin High in Kennewick, Wash., and received her bachelor's degree in kinesiology from WSU in 1998 and her master's in education with an emphasis in athletic administration from WSU in 2000.





ASSISTANT COACH CRAIG CARTER



Craig Carter Throws Fourth Season Utah State University

Craig Carter is entering his fourth season as coach of the Wildcat throwers. He came to Wildcat Country from Logan, Utah, where he was a two-time All-American in the throws while

at Utah State University. He was seventh at the 1996 Olympic Trials in the hammer before retiring and focusing on coaching.

Carter started his coaching career as a graduate assistant at USU before leaving to teach and coach at the high school level. He returned to Utah State two years later to be the head

throwing coach. During that time, he coached several indoor and outdoor national qualifiers, 25 Big West Champions, 53 All-Big West performers and was part of five men's conference championships and seven women's conference championships.

Under his direction at Utah State, Olympian James Parker was an eight-time All-American in the hammer/weight throw, and a one-time All-American in the Discus throw.

Carter is currently coaching the number one female shot-putter in the USA, Jill Camarena. Since working with Carter, she has won three indoor, and two outdoor national championships, and has represented the USA team at the 2006 World Cup, the 2007 World Championships, and the 2008 Olympic Games held in China. Carter has also continued to coach University of Arizona All-Americans and graduates Adam Kuehl and Sean Shields, who are currently ranked among the top in the United States.



During the 2009 season, Carter continued to climb the ranks as one of the most accomplished collegiate throwing coaches. He helped guide Zack Lloyd to a runner-up finish at the NCAA Outdoor Championships and a third-place finish indoors. He also helped guide Megan Howard and Nicole Lloyd to All-American status in their final season indoors.

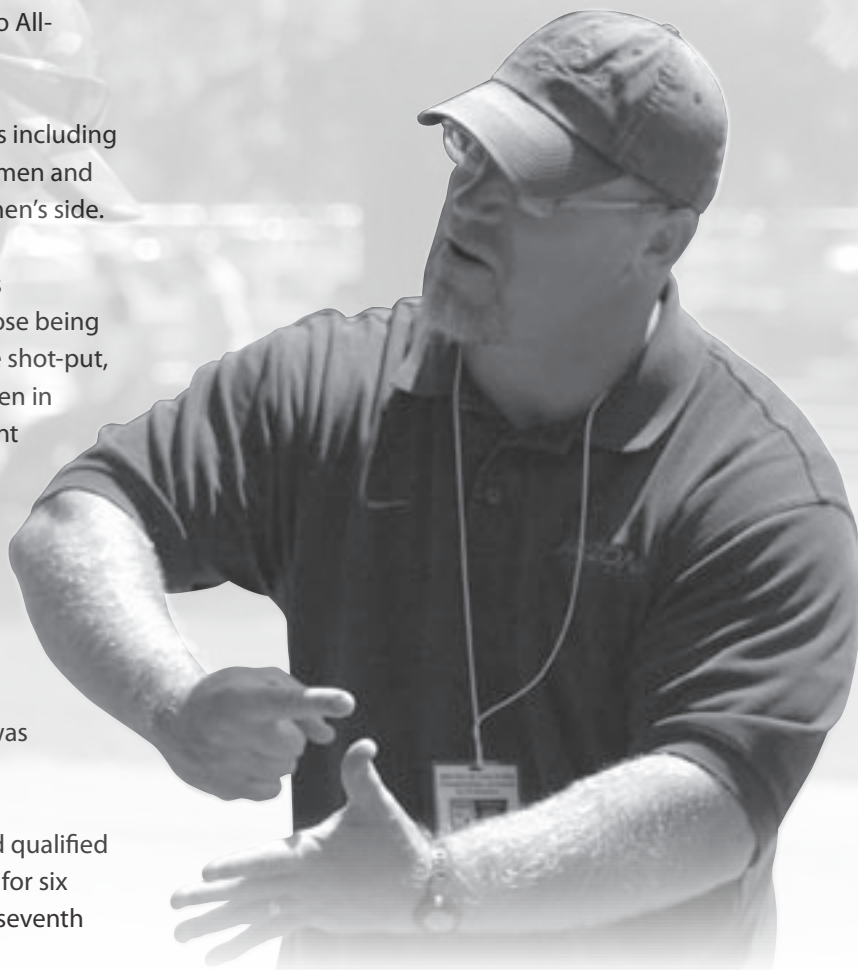
This year, Carter will return a strong core of athletes including All-Region discus thrower Taylor Freeman for the women and All-Region hammer thrower Tomaz Bogovic on the men's side.

Since arriving at The University of Arizona, Carter is responsible for coaching 13 All-Americans, one of those being Lloyd, who has set an impressive school record in the shot-put, throwing 21.03 meters (69') and is ranked in the top ten in the world. With the returning athletes and recruitment of several great throwers including Lloyd, Carter is looking forward to continuing a great throwing tradition here at The University of Arizona.

An accomplished competitor in his own right, Carter was a two-time NCAA All-American in the 35lb weight and hammer throw while at Utah State. He was also voted Big West Athlete of the Year, and was an 11-time All-Big West performer.

Upon graduation, Carter continued competing and qualified to compete in the USA Olympic Track and Field Trials for six consecutive years (1992-1997). His highest finish was seventh in 1996.

Coach Carter has been married to Jo-Anne Bouwhuis for 22 years. They have four children, Cameron, 22, twins Mark and Makenzie, 19, and Ragan, 15. Carter earned a Bachelor of Science degree in Physical Education/Coaching from Utah State University.





ASSISTANT COACH ERIN RODRIGS



Distance Third Season University of Texas

Erin Dawson enters her third season as an assistant coach for the Wildcats. Dawson comes from Northern Arizona University where she served as a graduate assistant coach for two years. Her duties have focused mainly on coaching the men's and women's cross country

and track and field teams, as well as assisting Coach James Li with recruiting.

The 2009 cross country season saw Dawson make her biggest impact since arriving on the campus three years ago. Dawson put together an incredible recruiting class of freshmen for the Arizona women's squad that included two Foot Locker Finalists and a myriad of high school champions from several states. Dawson's recruiting filled a large void that was left by several departed seniors after the 2008 season and is likely the main reason the Arizona squad qualified for its first team NCAA Championship since 2001.

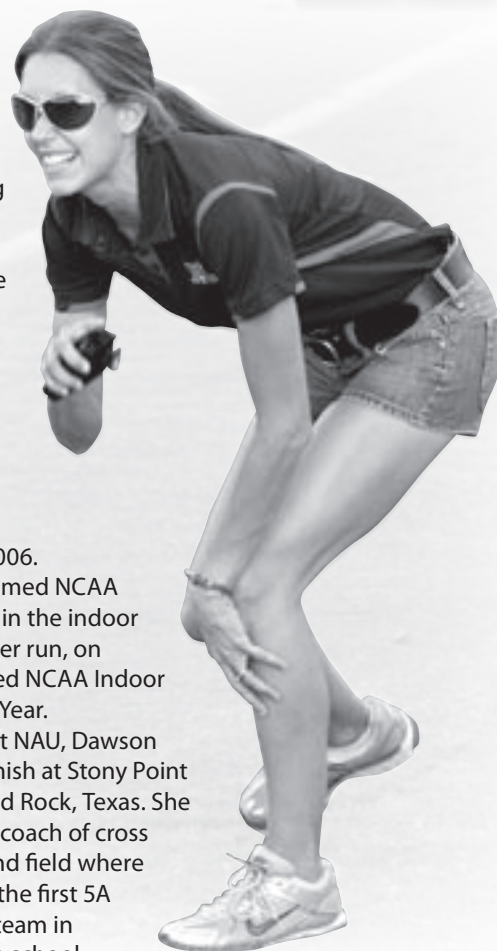
During her final season with the Lumberjacks, Dawson played an integral part in coaching the men's team to a 4th place finish and the women's team to a 7th place finish at the NCAA Division I Cross Country Championships. This marked the first time NAU posted two top-8 team finishes in the school's history.

The 2006- 2007 season proved to be successful for the Lumberjacks. Dawson helped coach three NCAA cross country

championship qualifiers, and the men's track and field team to the Big Sky outdoor title. In her time at NAU, Lopez Lomong won two NCAA titles in the indoor 3000 meters and the outdoor 1500 meter runs.

While in Flagstaff, Dawson assisted the NAU women to win both the indoor and outdoor Big Sky Conference championships in 2006. Johanna Nilsson claimed NCAA championship titles in the indoor mile and 3,000- meter run, on route to being named NCAA Indoor Track Athlete of the Year.

Prior to her stint at NAU, Dawson taught ESL and Spanish at Stony Point High school in Round Rock, Texas. She worked as the head coach of cross country and track and field where she would produce the first 5A regional qualifying team in cross country for the school.



As a student-athlete, Dawson helped guide the Texas Longhorns to the 2003 NCAA Cross Country Championships. The same year her team delivered a first-place finish at the South Central Regional Championships, the first in fifteen years at Texas. On the track, Dawson contributed conference efforts in the mile, 3000m, and steeplechase. She was a member of the 2004 Big XII Outdoor Track and Field Championship team. While at Texas, Dawson was named to the 2003 and 2004 Academic All-Big XII teams. She has continued to run marathons after college competing in the Compaq Houston Marathon, Freescale Austin Marathon, and the PF Chang Phoenix Marathon.

A native of The Woodlands, Texas, Dawson is a 2004 graduate of the University of Texas. After graduating with a double major in Spanish and History, she returned to earn a post baccalaureate in secondary education. She received her master's in educational psychology with an emphasis in school counseling while at NAU.

DIRECTOR OF OPERATIONS DAWN BOXLEY



Dawn Boxley begins her 13th season at The University of Arizona in a new role as she assumes the responsibility of Director Of Operations for the men's and women's track and field programs. After 12 years of experience as an assistant coach with the men's and women's sprinters and hurdlers, Boxley's new role will put her in charge of many of the administrative and day-to-day activities involved in keeping things running smoothly for

one of the premier Division I track and field colleges in the nation.

In 1998, Boxley took over the duty of coaching the men and women's 100/200 meters group. Boxley has coached the females with the four fastest times on the UA's Top-10 list in the 100 meters.

During the 2008 season, Boxley was again in the mix with the success of several UA sprinters. She helped coach the UA men's 4 x 100-meter relay team to the NCAA National Championships for the second year in a row, despite the squad losing two members from the previous year's All-American team. The 2008 team of Marcus Tyus, Bobby McCoy, Kyle Alston and Xuehan Xiong won the NCAA West Regional Championship in the event and posted the fastest time in the conference on the year of 39.52 at the UA-ASU-NAU Double Dual. Boxley was also involved in helping senior Marcus

Tyus to his all-time personal best of 10.50. Tyus went on to take All-Conference honors in addition to qualifying for the NCAA West Regional Championships.

In 2006, Boxley coached the women's 4x100-meter relay team to an NCAA berth and a school record. The team of Jennifer Whitlock, Marquita Taylor, Maritza Mora and Nikki Martin broke the school record in the event during the season with a time of 44.58. Whitlock (100-meter hurdles), Martin (100 and 200 meters) and Taylor (100, 200 and 400 meters) also each added



their names to the Arizona Top 10 lists. Martin and Taylor both also made individual appearances at the NCAA championship meet in the 100 meters and 200 meters respectively. Martin ran the second fastest 100-meter time in school history (11.35) and also moved into the top ten in the 200 meters (No. 8, 23.99). Taylor ran the third fastest time in the 100 meters (11.56), moved up to number four in the 200 meters (23.45) and posted the eighth fastest time in the 400 meters (53.94).

In 2005, Boxley coached Martin to her first appearance at the NCAA regional and NCAA national meet. In 2003 Boxley's group was paced by senior, Senaybou Ndyiae who at the time ran the second fastest 100 meters in school history (11.57) and was a NCAA competitor in both the 60-meter dash indoors and the 100 meters outdoors. Ndyiae, along with Taylor, who was a freshman at the time were also a part of the 4 x 100 meters relay team that made a trip to the NCAA championship meet.

Boxley's coaching has contributed to the growth of one of the top programs in the nation for developing sprinters. She was instrumental in Brianna Glenn's success, a multiple NCAA event champion while at Arizona. Glenn won a title in the 200 meters at the 2000 NCAA Outdoor Championships and placed third in the 100 meters at the same meet. Glenn also racked up numerous All-America honors both indoors and outdoors, and she became the school record holder in the 100 meters (11.33), 200 meters (22.91), indoor 60 meters (7.25) and 200 meters (23.29).

Her post-collegiate coaching includes former Pac-10 champion Akin Akinremi. Boxley also coached Danny Andrews, a former University of Miami athlete who is a leg amputee, at the 2004 Paralympics in Athens, Greece. Andrews was the gold medalist in the 400 meters, setting a new world record. He was also a member of the gold medal-winning 4x100 meters relay and 4x400 meters relay teams.





QUALIFYING STANDARDS

NCAA MEN'S OUTDOOR TRACK AND FIELD

2010 REGIONAL QUALIFYING STANDARDS

Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+
100 Meters	10.55	—	+03/+06
200 Meters	21.35	—	+07/+12
400 Meters	47.20	.46.9	+11/+21
800 Meters#	1:50.40	1:50.1	
1,500 Meters#	3:47.80	3:47.5	
Mile#	4:06.00	4:05.7	
3,000- Meter Steeplechase#	9:07.00	9:06.7	
5,000 Meters#	14:12.00	14:11.7	
10,000 Meters# — Auto	28:45.00	28:44.7	
10,000 Meters# — Prov	29:30.00	29:29.7	
110-Meter Hurdles	14.30	—	+04/+08
400-Meter Hurdles	52.51	.52.2	+11/+21
400-Meter Relay	40.66	.40.4	+12/+24
440-Yard Relay	40.86	.40.6	+12/+24
1,600-Meter Relay	3:10.00	3:09.7	+44/+84
Mile Relay	3:11.10	3:10.8	+44/+84
Metric			
High Jump	2.10		
Pole Vault	5.05		
Long Jump	7.34		
Triple Jump	15.00		
Shot Put	16.80		
Discus	51.70		
Javelin	61.60		
Hammer	56.80		
Decathlon — Auto	7,500 points		
Decathlon — Prov	6,900 points		

- Altitude adjustment available NCAA/LTS/MP/10/7/08

NCAA WOMEN'S OUTDOOR TRACK AND FIELD

2010 REGIONAL QUALIFYING STANDARDS

Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+
100 Meters	11.75	—	+03/+07
200 Meters	23.96	—	+07/+14
400 Meters	54.61	.54.3	+11/+21
800 Meters#	2:09.80	2:09.5	
1500 Meters#	4:27.80	4:27.5	
Mile#	4:49.30	4:49.0	
3,000-Meter Steeplechase#	10:50.25	10:50.0	
5000 Meters#	16:52.00	16:51.7	
10,000 Meters# – Auto	33:30.00	33:29.7	
10,000 Meters# – Prov	35:00.00	34:59.7	
100-Meter Hurdles	13.92	—	+04/+08
400-Meter Hurdles	1:00.82	1:00.5	+11/+21
400-Meter Relay	45.70	45.4	+12/+28
440-Yard Relay	45.90	45.6	+12/+28
1,600-Meter Relay	3:42.00	3:41.7	+44/+84
Mile Relay	3:43.30	3:43.0	+44/+84
Metric			
High Jump	1.75		
Pole Vault	3.85		
Long Jump	6.00		
Triple Jump	12.32		
Shot Put	14.30		
Discus	47.30		
Javelin	43.45		
Hammer	54.15		
Heptathlon – Auto	5,500 points		
Heptathlon – Prov	5,050 points		

- Altitude adjustment available NCAA/LTS/MP/10/7/08



ARIZONA



DISTANCE

THROWS

ARIZONA ATHLETES



JUMPS AND MULTI-EVENTS

SPRINTS AND HURDLES



For a newcomer to the sport, track and field may appear as the ultimate individual sport. Understandably so, if you consider that the majority of impressions are formed from the viewing of the Olympics – where the coverage does indeed focus on exceptional individual accomplishments. But take a step back and view the sport from a collegiate level and you run into a whole new ball game. Not only is track and field one of the ultimate team sports, it's about as complicated as team sports go as well. A good conference team may not necessarily make a good regional team. A good regional team is not necessarily going to be the team at nationals. And for all intents and purposes, your best teams at the National Championships may have horrible conference teams.

With collegiate track and field, coaches must put together the best possible group of athletes possible to be competitive in 20 different events. Yes, that's 20 events. Some will make the claim that track and field is nothing compared to a sport like football. Well, for all intents and purposes, a good football team is determined by putting together players to play in 22 positions on a field over the course of a game. And by following the same logic, a good track and field team relies very much on fielding the top athletes in 20 different positions. And that's just the start.

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And for UA track and field head coach Fred Harvey, finding the best way to put those pieces of the puzzle together is the task at hand. The 2010 season will mark the 23rd season for Harvey at Arizona and eighth as head coach. And just like every year, he is faced with the task of putting together the product of his mastery. A complete team, competitive in all events with coaches that can help them achieve the greatest accomplishments.

With a squad of seasoned veterans and the talent of the youthful freshmen, the UA men's and women's track and field programs are ready to kick off the year and will look to ensure all those pieces of the puzzle fall into place.

SPRINTS, HURDLES AND RELAYS

There will be no senior returning for the UA sprinters this season and that may typically raise some flags for the casual fan. However, the team is now led by a new coach and returns a couple of athletes who have shown some promise during their underclassmen years.

Francesca Green will take over the role previously occupied by Dawn Boxley (who in turn has taken Green's former position as Director of Operations) as the UA Assistant Coach whose focus is the sprinters. Green, an accomplished athlete in her own right, had several years of coaching experience at her alma mater at

Washington State and is excited to get her hands back into things.

This year's squad features just two juniors as the most elderly athletes in Kyle Alston and Aaron Seminski. Alston is also the lone member of the sprinting team with National Championship experience, having competed there at the 2008 NCAA National Championships in Des Moines, Iowa on the men's 4x100-meter relay squad.

Seminski broke the 11 second mark for the first time during his sophomore year and also was very active in helping the UA 4 x 100-meter relay team into the finals at the NCAA West Regional Championships.

Sophomore Chris McSwain showed glimpses of what he can be last season, finishing on top of the depth chart in the 100-meters despite being just a freshman. McSwain has been named a captain to this year's squad and will carry the added responsibility of leading his team in addition to improving as a sprinter.

Redshirt freshman Nico Reaves will step in as the team's top 400-meter runner, despite not having run a race in college. Sophomore Armand Rhone returns with an extra year of experience and freshmen Mike Ness and Julian Gerdes will add depth to the team.

In the hurdles, Chris Titsworth rejoins the Wildcats for a final year of indoor eligibility while senior DeLloyd Gray will be the only full-time hurdler this season. Titsworth is an All-Region 400-meter hurdler outdoors.

Gray has come fractions of a second short of making it into the NCAA West Regionals in 110-meter hurdles the past couple years and will look to but will look to make his senior campaign the year that counts.

With such a young team, it's hard to know what to expect as far as the relays are concerned. In the 4 x 100-meters, one thing for sure is that there will be at least two new faces on the squad after losing senior Xuehan Xiong and Chris Titsworth off of last season's All-Conference team. Seminski saw time in the role last season but it remains to be seen how things will pan out this year.

The same can be said about the 4x400-meter relay squad, though the addition of Reaves will certainly benefit the team in that sense.

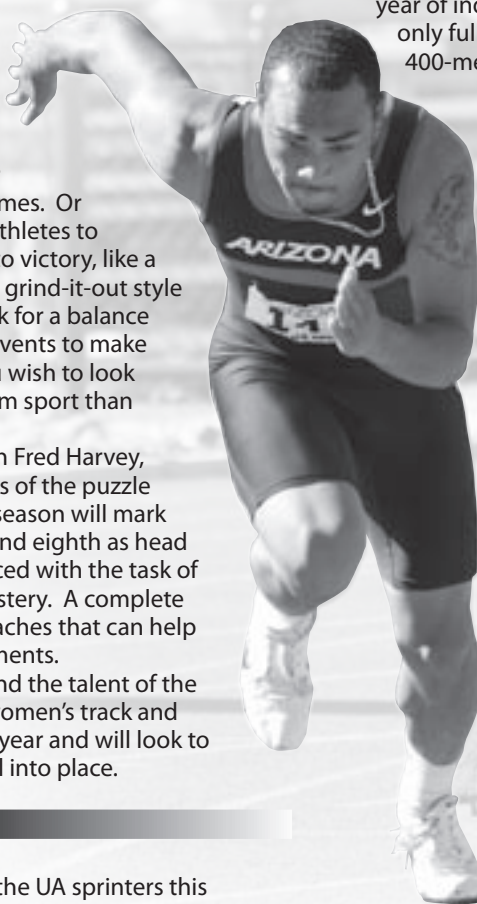
MIDDLE DISTANCE/DISTANCE

The University of Arizona has a history of producing great distance runners and from the early look of things, 2010 will be no exception. After a relative dry spell of a whole two years, Arizona distance is back on the map and in a big way.

Senior Mohamud Ige finished up the most recent cross country season with All-American honors and is looking like the athlete that was so dominant in high school and his first couple years in junior college. Ige will ride the momentum of being Arizona's 18th cross country All-American into his final year on the track.

In the middle distance, Abdi Hassan took the Pac-10 by storm last season in the 1500-meters as a freshman. Hassan bested a freshman record that had been in place for 22 years in the event and took himself all the way to All-Conference and All-Region honors on his way to a National Championship appearance and will be a force in the event this season.

He will be joined in the event by redshirt senior Dylan



Fitzpatrick, who also set an impressive personal record last season on his way to a NCAA West Regional qualification.

James Eichberger – another of last year's freshmen - also showed a lot of promise last season on his way to a regional qualification in the 800-meters. The sophomore was one of the fastest middle distance runners in Arizona prep school history and showed last season that that kind of performance could be carried on at the next level.

He is joined in the event by junior and junior captain Jordan Mara. Mara has come ever-so close to regional qualifications during his first two seasons and has been one of the most impressive Wildcats in the classroom as well, earning several awards for academic achievement.

Senior Brian MacArthur enters his final season following an impressive junior year that saw him qualify for the West Regional Championships in the 3000-meter steeplechase.

Other athletes looking to make a splash in the distance events this year include the freshmen tandem of Noe Ramirez and Rory McLeod, sophomore Greg York and junior Zack Hauer.

Jumps, Pole Vault and Multi-Events

If any area would stand out this season for the amount of young and returning talent, it may be the Arizona jumps squad. The combination of some dangerous freshmen and some seasoned veterans will make the group one of the most exciting to watch as the season progresses.

With one year of eligibility left indoors, senior Luis Rivera-Morales will return to further set himself apart as one of the greatest long jumpers the UA has seen. One of only two athletes in UA history who holds top 10 marks in both the long and triple jumpers (the other being former Olympian and current UA administrator Gayle Hopkins), Rivera-Morales will be one of the top returning jumpers in the nation for the indoor season. Rivera-

Morales bounced back from being the last person out of last year's NCAA Indoor Championships to one of the elite jumpers in the outdoor season, sweeping the long and triple jump events at the conference championships on his way to an All-American finish in the long jump in Fayetteville.

And as one elite Rivera-Morales leaves, another one is just getting started. Freshman Edgar Rivera-Morales is one of the elite high jumping products out of Mexico. Edgar was the number one high school jumper in the country and a competitor at the Junior Pan-American games in Trinidad and Tobago, where he finished in second place. Rivera-Morales holds a personal record of 7-3 in the event.

In addition to the Rivera-Morales', the UA welcome another sensational freshman in California state champion, Nick Ross. Ross comes to Arizona with the second best high school mark of 2009, also achieving the height of 7-3. Ross is also a 50-foot jumper in the triple jump and gives the UA quite a threat in those two events.

Fellow freshmen and two-time Junior Olympian Justin Sutter will also join the long jumping ranks for the Wildcats while Stefanos Michael looks to return to form after an impressive 2009 season that saw him earn All-Conference honors in the triple jump both indoors and outdoors.

In the pole vault, the UA return two NCAA West Regional qualifiers in senior Dutch Perryman and junior Jimmy Coffin. Perryman had an impressive indoor campaign last season, posting a lifetime best of 5.20m early in the season. The two will look to use that experience to fill the void left by departed senior Nick Mossberg, an All-Region vaulter with the fourth best mark in UA history in the event.

In the multi-events, Chris McGovern returns for his third season as the UA decathlete. McGovern earned All-Conference honors last season and has consistently improved week in and week out in the event and could very well be a force in the Pac-10 this season.

THROWS

It may be hard to see the positive in losing an four-time All-American and school record holder in the shot put like the UA did with the loss of Zack Lloyd to graduation after last season. But there still remain plenty of promising aspects to this years throwing squad that shouldn't be so quick to be forgotten.

Korion Morris returns for his redshirt junior campaign after an impressive year that saw him set personal bests in both the shot put and discus throw, the latter of which earned Morris All-Conference honors.

In addition to Morris, the UA also returns two sophomore West Regional qualifiers in the hammer throw in Tomaz Bogovic and Tyler Johnson. Bogovic only narrowly missed qualifying for the NCAA Championships last season but still took home All-Conference and All-Region accolades along the way.

IN REVIEW

The UA lost some key athletes to graduation last season, and will lose at least two more after the indoor season this year. However, the quality of the youth and the returning members of last year's team can not be overlooked. The UA men are riding a 6-year streak of finishing in the top-25 at the NCAA Outdoor Championships and - with the proper work ethic and the right mindset - could very well keep that pattern going for yet another season.



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RELAYS

If one were to take a glance at last year's depth chart in the sprints and hurdles and then look over this year's, you would be hard-pressed to find any difference – and rightfully so. The 2009 Wildcat women's sprinting and hurdling squads are a dead ringer for last year's team, with no athletes lost to graduation.

Leading the way this season are a pair of hurdlers in junior LaTisha Holden and sophomore Dahlys Marshall. The two tore up the track last season, both earning All-Conference honors indoors at the Mount Pacific Sports Federation Championships. Outdoors, Holden climbed to number five all-time at Arizona in the 100-meter hurdles with her time of 13.46 set at the NCAA West Regional Championships where she garnered All-Region accolades. Marshall earned All-Conference honors

outdoors as well, and the two create quite a dynamic one-two punch in the high hurdles.

In the intermediate hurdles, Arizona will look to see what they have in redshirt freshman Georganne Moline this season. Moline – who competed in the 400-meters indoors last year – missed last season due to injury and will look to bounce back in her first true outdoor campaign this year. Moline holds the second fastest mark in Arizona high school history in the 300-meter hurdles and performed well in the 400-meters indoors last year. She is joined in the 400-meter hurdles by redshirt sophomore Rebecca Nelson and redshirt freshman Ashley Rohweder, both of whom were very impressive high school runners. Together, they add an important dynamic to a squad that has spent several years looking for depth in the event.

In the quarter-mile, Arizona returns several athletes who could very well make a difference at the conference level. Junior Deanna Sullivan, who holds the 10th best time in Arizona history in the event, returns alongside redshirt sophomore Echos Blevins and sophomore Andrea Menhennet. All have shown glimpses of brilliance in their young careers and will look for breakout seasons in 2010.

That kind of depth in the event could also play a key role for the UA squad in the 4x400-meter relay. Blevins and Sullivan are already part of the sixth best relay time in the school's history in 2008 and with the addition of Menhennet and perhaps 800-meter runner Christina Rodgers – also a member of that 2008 team – this could become a very strong event for the Wildcats.

MIDDLE DISTANCE/DISTANCE

Perhaps no squad on the UA roster – either men or women – will see as drastic a turnaround from year to year as the women's middle and long distance runners. Arizona has already seen what may be one of the top recruiting classes in the nation turn the distance program around for the best, as 2009 saw the women's cross country team head to its first NCAA National Championship appearance in eight years and youth was the tale of the tape as far as that occasion was concerned. With on a junior and two sophomores returning from last year's squad, no less than seven Arizona freshmen helped push the team over the top.

Junior Maggie Callahan returns as the most senior member of the team and has lived up to the billing thus far in the 2009-10 season. Callahan earned All-Conference and All-Region honors during the cross country season and returns as the UA's number four runner all-time in the 3000-meter steeplechase – earning All-Conference honors in the event last season.

Along with Callahan comes the UA freshman record holder and third best steeplechaser in school history in sophomore Hannah Moen. Moen barely missed out on a national championship berth last season as she earned All-Conference and All-Region honors in the event and gradually improved as the season progressed.

Fellow sophomore of the same name, Hanna Henson, also returns for Arizona. Henson played a pivotal role as being a 'senior' member of the 2009 cross country squad despite only being a sophomore. Henson will play a key role for the Wildcats in the longer distance races this season.

And that leads to the magnificent class of freshman. It's hard to pick a starting point in a bunch that includes two Footlocker Finalists, multiple state champions and an overall abundance of talent. Lauren Smith and Jennifer Bergman lead the way for the youngsters, both competing in the High School Footlocker Nationals as seniors at their respective schools. Both also were key players in the Wildcat's run to the 2009 NCAA Cross Country Championships with Bergman actually finishing as the first Wildcat across the line in the event.

Behind the two comes a slew of other young athletes. Cami Jackson comes in as the home-state hero after earning multiple Arizona All-State

honors during her tenure at Mesa Mountain View. Elizabeth Apgar is a multiple-time CIF San Diego Section Champion out of California and owns Lincoln High School distance Triple Crown with schools records in the 800-, 1600- and 3200-meters.

Megan Meyer comes in as another of the top California distance runners and Melanie McGrath is the hometown sweetheart, helping to lead Tucson's Catalina High School to the 2007 Arizona Cross Country Team Championship. In addition to the aforementioned athletes, Chloe Allen, Alyssa Graziano, Kat Howard, Magda Mankel and Alexandra Myers also represent to new talented faces to the 2009-10 squad.

And even will all the talent listed above, it may be the return of Christina Rodgers in the 800-meters that could be one of the more important factors over the course of the season. Rodgers, sidelined for the entirety of what would have been her junior season, returns in 2010 as the school's number two runner all-time in the 800-meters. Rodgers brings to the team NCAA track and field national championship experience as well, having competed there during her breakout sophomore season. Rodgers' experience and leadership and the way she bounces back from injury could be one of the biggest storylines of the 2010 season.

JUMPS, POLE VAULT AND MULTI-EVENTS

If the Arizona men's jumping team seemed impressive, then one need look no further than the Wildcat's women jumpers to be equally impressed. High jumpers Liz Patterson and Jasmin Day return the only All-American presence on this year's women's team and they welcome to their domain one of the top high school jumpers in the country this season.

Patterson is coming back from a career year during her junior season. After winning the NCAA National Championship in the high jump during her sophomore season, Patterson bounced back to finish second nationally indoors and outdoors last year. While some may look at it as a step down, the fact of the matter is that Patterson set personal records indoors and outdoors and posted the third best jump in Arizona history at the 2009 NCAA Indoor Championship where she finished second to eventual Bowerman finalist Destinee Hooker of Texas. This season, Patterson's name is the one listed on the Bowerman Watchlist and will undoubtedly post some exciting performances as the season goes on.

Day returns as a two-time All-American in her own right and you will also find her name on Arizona's all-time top ten list in the event. The two have provided a formidable one-two punch over their first three seasons, sweeping plenty of meets along the way.

They will add to their armada this year as they welcome freshman Brigetta Barrett to the ranks. Barrett owns the distinction of being a state champion high jumper in two states (Texas and New York) and was one of the top recruits in the event in the country coming out of high school. Alongside, Barrett is junior college transfer Courtney Hayes and between the four – one would be hard-pressed to find a more complete and deep high jumping program at any school.

With the departure of one of the all-time great Arizona athletes in Shevell Quinley last season, one may find it hard to replace that void. But incoming freshman Lisa Egarter appears more than primed to do so. The youngster of Austria is the national champion in her home country in the high jump and qualified for the World Junior Championships in the heptathlon in 2008. Her career best score of 5314 in the event would have been good for 17th place at last year's NCAA Championships.

Sophomore Samantha Berryman also returns in the multi-events for Arizona this season and freshmen Alex Weatherly (pole vault) and Tera Besancon (high jump) will also see action for the Wildcats.

THROWS

The loss of two All-Americans will hurt any program when it comes to track and field, but the loss is a lot more bearable when you bring in two impressive freshmen to fill the void as the Wildcats have done this season with their throwers.

Sophomore Taylor Freeman heads an impressive group of underclassmen in 2010 in her second season wearing the red and blue. Freeman was an All-Region performer in the discus last season

and qualified for the Regional Championships in the shot put as well. Freeman finished just shy of cracking into the 2009 NCAA Championships in the discus and also was just short of cracking Arizona's all-time top 10 in the event, but those goals are well within reach this season.

Behind Freeman are a tandem of freshmen who could very well also find their names among the elite Arizona lists before all is said and done. Canadian phenomenon Julie Labonte is a Junior Pan-American Games medalist in the shot put and was the gold medal winner of the event at the 2009 Canada Games.

Joining Labonte and Freeman is Alyssa Hasslen, one of the top high school products out of Oregon. Hasslen holds the second best shot put mark in state high school history and is a multiple-time state champion in the shot put and discus. Hasslen also competed at the US Junior Nationals last season, finishing fifth.

In the javelin, Leigh Bernstein returns after her redshirt year as a junior this season. Bernstein currently sits second on the UA's all-time list under the new javelin. She is joined by freshman Asia Easley in the event.

Senior and All-Conference shot putter Kelsey Jessup and All-Conference hammer thrower Kendra Walworth also return for the Wildcats this year. Taylor Bush and Omatayo Talabi round out a very deep 2010 throwing squad.

IN REVIEW

If one thing stands out about the 2010 University of Arizona women's track and field squad, it's the depth of the team. The Wildcats have opportunities to put up points in nearly any event they get themselves involved in and have the depth to put forth bunches of points in some events – such as the high jump or throws. The team has it's fair share of experience, talented youth, All-Americans, high school state champions and a collegiate National Champion all to their name and it will be very exciting to see how such an already talented team will improve as the season progresses.





TRACK & FIELD ROSTERS



MEN'S TRACK & FIELD ROSTER

NAME	EVENT(S)	YEAR	HOMETOWN/LAST SCHOOL
Kyle Alston	Sprints	JR	Fresno, Calif./Roosevelt High School
Chris Bet	Jumps	FR	San Mateo, Calif./Junipero Serra High School
Tomaz Bogovic	Throws	SO	Brezice, Slovenia/Gimnazija Brezice
James Coffin	Pole Vault	JR	Tucson, Ariz./Canyon Del Oro High School
James Eichberger	Sprints/Distance	SO	Green Brae, Calif./Catalina Magnet High School
Dylan Fitzpatrick	Distance	SR	Carmel Valley, Calif./Carmel High School
Julian Gerdes	Sprints	FR	Phoenix, Ariz./Cesar Chavez High School
Rob Gire	Throws	RS JR	Pleasanton, Calif./Chabot Community College
DeLoyd Gray	Hurdles	SR	Sacramento, Calif./Laguna Creek High School
Abdi Hassan	Distance	RS SO	Mogadishu, Somalia/Nathan Hale High School
Zachary Hauer	Distance	JR	Denver, Colo./Chaparral High School
Mohamud Ige	Distance	JR	Mogadishu, Somalia/Central Arizona Community College
Kevin Jani	Middle Distance	FR	/Branham High School
Tyler Johnson	Throws	SO	Las Vegas, Nev./Bishop Gorman High School
Brian MacArthur	Distance	SR	Great Neck, N.Y./Great Neck High School
Jordan Mara	Distance	JR	Burnaby, British Columbia/White Rock Christian Academy
Rory McLeod	Distance	FR	Santa Rosa, Calif./Santa Rosa High School
Chris McGovern	Multi-Events	JR	Farmington, N.M./Farmington High School
Christopher McSwain	Sprints	SO	Las Vegas, Nev./Mojave High School
Stefanos Michael	Long Jump	JR	Nicosia, Cyprus
Korion Morris	Throws	RS JR	Seattle, Wash./Renton High School
Michael Ness	Sprints/Hurdles	SO	Tucson, Ariz./Marana High School
Dutch Perryman	Pole Vault	RS SR	Phoenix, Ariz./Desert Vista High School
Noe Ramirez	Distance	FR	Murrieta, Calif./Vista Murrieta High School
Nico Reaves	Sprints	SO	San Diego, Calif./Lincoln High School, San Diego, Calif.
Armand Rhone	Sprints	SO	Chicago, Ill./De La Salle Institute
Edgar Rivera-Morales	Jumps	FR	Agua Prieta, Mexico/Centro De Bachillerato Tecnologico y de Servicio
Luis Rivera-Morales	Long Jump	RS SR	Agua Prieta, Sonora, Mexico/Central Arizona Community College
Nick Ross	Jumps	FR	Murrieta, Calif./Vista Murrieta High School
Aaron Seminski	Sprints	JR	Berlin, Germany/Williamston High School (Mich.)
Justin Sutter	Jumps	FR	Granite Bay, Calif./Granite Bay High School
Greg York	Distance	SO	Houston, Texas/Strake Jesuit College Preparatory
Fabian Zazueta	Multi-Events	FR	Tucson, Ariz./Marana High School

WOMEN'S TRACK & FIELD ROSTER

NAME	EVENT(S)	YEAR	HOMETOWN/LAST SCHOOL
Chloe Allen	Distance	FR	Fresno, Calif./Clovis West High School
Elizabeth Apgar	Distance	FR	San Diego, Calif./Abraham Lincoln High School
Brigetta Barrett	Jumps	FR	New York, N.Y./Duncanville High School (Duncanville, Texas)
Amanda Beckham	Distance	SO	Tucson, Ariz./Catalina Magnet High School
Jennifer Bergman	Distance	FR	San Jose, Calif./Valley Christian High School
Leigh Bernstein	Throws	RS JR	Gaston, Ore./Jesuit High School
Samantha Berryman	Pole Vault/Multi-Events	SO	Lake Oswego, Ore./Lakeridge High School
Tera Besancon	Jumps	FR	Healdsburg, Calif./Healdsburg High School
Echos Blevins	Sprints	JR	Phoenix, Ariz./South Mountain High School
Taylor Bush	Sprints	RS SO	Santa Clara, Calif./Archbishop Mitty High School
Maggie Callahan	Distance	JR	Fairbanks, Ala./West Valley High School
Ariel Coleman	Hurdles	SO	Rockwall, Texas/Rockwall High School
Jasmin Day	Jumps	SR	Costa Mesa, Calif./Costa Mesa High School
Asia Easley	Throws	FR	Glendale, Ariz./Apollo High School
Lisa Egarter	Multi-Events	SO	Lienz, Austria/BORG Lienz
Taylor Freeman	Throws	FR	Iowa City, Iowa/West High School, Iowa
Alyssa Graziano	Distance	FR	East Meadow, New York/East Meadow High School
Charlene Harber	Jumps	FR	Portland, Ore./Astoria High School
Alyssa Hasslen	Throws	FR	McMinnville, Ore./McMinnville High School
Courtney Hayes	Jumps	RS SO	Chandler, Ariz./Dobson High School
Hanna Henson	Distance	SO	Tucson, Ariz./Rio Rico High School, Rio Rico, Ariz.
LaTisha Holden	Hurdles/Sprints	JR	Barstow, Calif./Barstow High School
Kat Howard	Distance	FR	Tucson, Ariz./Ironwood Ridge High School
Cami Jackson	Distance	FR	Mesa, Ariz./Mountain View High School
Kelsey Jessup	Throws	SR	Tucson, Ariz./Flowing Wells High School
Magda Mankel	Distance	FR	Tucson, Ariz./Catalina Magnet High School
Dahlys Marshall	Sprints/Hurdles	SO	San Jose, Calif./Valley Christian High School
Melanie McGrath	Distance	FR	Tucson, Ariz./Catalina High School
Andrea Menhennet	Sprints/Middle Distance	SO	Anthem, Ariz./Mountain Ridge High School, Glendale, Ariz.
Megan Meyer	Distance	FR	Mission Viejo, Calif./Tesoro High School
Hannah Moen	Distance	SO	Flagstaff, Ariz./Coconino High School
Georganne Moline	Hurdles	SO	Phoenix, Ariz./Thunderbird High School
Alexandria Myers	Distance	FR	Flagstaff, Ariz./Sinagua High School
Rebecca Nelson	Sprints/Hurdles	RS SO	Phoenix, Ariz./Desert Vista High School
Liz Patterson	Jumps	SR	Rowlett, Texas/North Garland High School
Christina Rodgers	Distance	SR	Phoenix, Ariz./Central High School
Ashley Rohweder	Hurdles	SO	Denver, Colo./Eagle Valley High School, Gypsum, Colo.
Jordan Ronstadt	Hurdles	SO	Tucson, Ariz./Canyon Del Oro High School
Sara Sanchez	Distance	SO	Roselle, Ind./Lake Park High School, Roselle, Ill.
Lauren Smith	Distance	FR	Lake Jackson, Texas/Brazoswood, Texas
Deanna Sullivan	Sprints	RS JR	Alberta, Canada/St. Albert Catholic High School
Omotayo Talabi	Throws	FR	Chandler, Ariz./Chandler High School
Leandra Treausch	Distance	RS-SR	Tucson, Ariz./Pima Community High School
Kendra Walworth	Throws	RS SR	Tucson, Ariz./Catalina Foothills High School
Alexis Weatherly	Jumps	FR	Phoenix, Ariz./Desert Vista High School

MEN'S DEPTH CHART

100 Meter Dash	Cl.	Top Mark	3000 Meter Steeplechase	Cl.	Top Mark	Triple Jump	Cl.	Top Mark
Chris McSwain	So.	10.44	Brian MacArthur	So.	9:06.59	Luis Rivera-Morales	Sr.	15.97m
Kyle Alston	Jr.	10.56				Stefanos Michael	So.	15.26m
Michael Ness	RS-Fr.	10.71w	3000 Meter Run/3200 Meter Run			Nick Ross	Fr.	15.25m
Aaron Seminski	Jr.	10.88	Mohamud Ige	Jr.	8:24.02	Edgar Rivera-Morales	Fr.	14.63m
Chris McGovern	Jr.	11.60	Noe Ramirez	Fr.	9:06.59hs	Justin Sutter	Fr.	13.31m
200 Meter Dash			5000 Meter Run			Shot Put		
Kyle Alston	Jr.	21.21	Abdi Hassan	So.	15:06.00	Korion Morris	So.	17.78m
Nico Reaves	RS-Fr.	21.40	Mohamud Ige	RS-Jr.	14:51.70	Chris McGovern	So.	11.47m
Christopher McSwain	So.	21.44	Greg York	So.		Discus		
Michael Ness	So.	21.69	110 Meter Hurdles			Korion Morris	RS-Jr.	53.26m
Armand Rhone	So.	22.21	DeLoyd Gray	Sr.	14.36	Robert Gire	RS-Jr.	--
Aaron Seminski	Jr.	23.60	Chris Titsworth	Sr.	14.41	Tyler Johnson	So.	49.67m
400 Meter Dash			Chris McGovern	So.	15.50	Chris McGovern	So.	34.53m
Nico Reaves	RS-Fr.	47.20	400 Meter Hurdles			Javelin		
James Eichberger	So.	48.20	Pole Vault			Chris McGovern	So.	51.70m
Armond Rhone	So.	48.80	Dutch Perryman	Sr.	5.20m	Hammer		
Michael Ness	So.	49.60	James Coffin	Jr.	5.05m	Tomaz Bogovic	So.	63.19m
Chris McGovern	Jr.	52.55	Chris McGovern	Jr.	4.75m	Tyler Johnson	So.	58.80m
800 Meter Dash			High Jump			Decathlon		
Abdi Hassan	So.	1:49.50	Nick Ross	Fr.	2.21m	Chris McGovern	So.	6829
James Eichberger	So.	1:50.34	Edgar Rivera-Morales	Fr.	2.20m	Fabian Zazueta	So.	NM
Jordan Mara	Jr.	1:50.60	Chris McGovern	So.	1.86m			
Kevin Jani	Fr.	1:53.63	Long Jump					
Dylan Fitzpatrick	RS-Sr.	1:56.86	Luis Rivera-Morales	Sr.	7.95m			
1,500 Meter Run/1600 Meter Run			Justin Sutter	Fr.	7.42m			
Abdi Hassan	So.	3:42.04	Nick Ross	Fr.	7.08m			
Dylan Fitzpatrick	RS-Sr.	3:46.68	Stefanos Michael	So.	6.98m			
Jordan Mara	Jr.	3:55.35	Kyle Alston	Jr.	6.70m			
Zack Hauer	Jr.	3:55.75	Chris McGovern	So.	6.65m			
James Eichberger	So.	4:01.14						
Noe Ramirez	Fr.	4:15.99hs						
Rory McLeod	Fr.	4:17.84hs						
Kevin Jani	Fr.	4:32.69hs						
Chris McGovern	So.	4:46.23						

* Will only compete during the indoor season

h - Mark achieved with high school implement

Athletes in bold denote school record holders

WOMEN'S DEPTH CHART

100 Meter Dash	Cl.	Top Mark	3000 Meter Steeplechase	Cl.	Top Mark	High Jump	Cl.	Top Mark
Dahlys Marshall	Fr.	11.88	Hannah Moen	So.	10:28.48	Liz Patterson	Sr.	1.89m
LaTisha Holden	So.	12.05	Maggie Callahan	Jr.	10:30.71	Jasmin Day	Sr.	1.85m
200 Meter Dash			3000 Meter Run			Brigetta Barrett	Fr.	1.82m
Dahlys Marshall	Fr.	24.05	Hannah Moen	So.	9:32.93	Lisa Egarter	Fr.	1.80m
Deanna Sullivan	So.	24.64	Maggie Callahan	Jr.	9:37.47	Courtney Hayes	RS-So.	1.75m
Rebecca Nelson	RS-So.	25.15	Lauren Smith	Fr.	10:43.00hs	Long Jump		
Andrea Menhennet	So.	25.40	Megan Meyer	Fr.	10:44.00hs	Lisa Egarter	Fr.	6.00m
LaTisha Holden	Jr.	25.80	Jen Bergman	Fr.	10:45.92hs	Shot Put		
Echos Blevins	RS-So.	25.83	Cami Jackson	Fr.	11:06.00hs	Taylor Freeman	So.	14.66m
400 Meter Dash			Chloe Allen	Fr.	11:06.19hs	Alyssa Hasslen	Fr.	15.04m hs
Deanna Sullivan	RS-Jr.	54.15	Alex Myers	Fr.	11:19.56hs	Kelsey Jessup	Sr.	14.31m
Andrea Menhennet	So.	55.60	Melenie McGrath	Fr.	11:41.00hs	Omatayo Talabi	Fr.	12.37m hs
Echos Blevins	RS-So.	56.27	5000 Meter Run			Discus		
Rebecca Nelson	RS-So.	58.13	Maggie Callahan	Jr.	16:47.96	Taylor Freeman	So.	51.42m
Brigetta Barrett	Fr.	59.71	Hannah Moen	So.	16:53.09	Alyssa Hasslen	Fr.	48.33m hs
800 Meter Dash			Lauren Smith	Fr.	17:27.00hs	Omatayo Talabi	Fr.	26.14m hs
Christina Rodgers	Jr.	2:04.90	Jen Bergman	Fr.	17:43.00hs	Javelin		
Liz Appgar	Fr.	2:12.16	Megan Meyer	Fr.	17:45.00hs	Leigh Bernstein	Jr.	44.34m
Andrea Menhennet	Fr.	2:13.00	Sara Sanchez	So.	18:48.29	Asia Easley	Fr.	--
Hannah Moen	Fr.	2:15.00	10,000 Meter Run			Hammer		
Melanie McGrath	Fr.	2:16.94	100 Meter Hurdles			Kendra Walworth	RS-Sr.	51.48m
Chloe Allen	Fr.	2:17.56	LaTisha Holden	Jr.	13.42	Taylor Freeman	So.	50.21m
1,500 Meter Run/1600 Meter Run			Dahlys Marshall	So.	13.66	Alyssa Hasslen	Fr.	NM
Christina Rodgers	RS-Jr.	4:34.13	Georgianne Moline	RS-Fr.	14.16	Heptathlon		
Maggie Callahan	Jr.	4:36.11	Ariel Coleman	So.	14.74	Lisa Egarter Fr.	5195	
Hannah Moen	So.	4:36.79	400 Meter Hurdles					
Megan Meyer	Fr.	4:58.00hs	Georgianne Moline	RS-Fr.	43.15hs			
Chloe Allen	Fr.	4:59.17hs	Rebecca Nelson	RS-So.	62.34			
Lauren Smith	Fr.	5:01.40hs	Ashley Rohweder	RS-Fr.	--			
Melanie McGrath	Fr.	5:04.36hs	Pole Vault					
Liz Appgar	Fr.	5:05.97hs	Samantha Berryman	So.	3.35m			
Alex Myers	Fr.	5:06.90hs						
Cami Jackson	Fr.	5:13.53hs						
Amanda Beckham	So.	--						



KYLE ALSTON

**ALL-REGION
JUNIOR
SPRINTS
FRESNO, CALIF. (ROOSEVELT HIGH SCHOOL)**

ARIZONA

2009- Again was one of the top sprinters for the UA program during his sophomore season...Qualified for the NCAA West Regional Championships in both the 200-meters and 4x100-meters for the second consecutive year...Earned All-Region honors running the anchor leg for the 4x100 relay with their seventh place finish at the meet...Ran a season's best time of 21.24 at the Jim Click Shootout in Tucson...**2008-** During his freshman campaign as a Wildcat, Alston competed in an assortment of events in both the indoor and outdoor seasons...Competed at the NCAA National Championships as part of both the men's 4 x 100-meter and the 4 x 400-meter relay teams ...The 4 x 100m won the NCAA West Regional title in the event and ran a best time of 39.52 on the season...



Also qualified for the West Regional Championships in the 200-meter dash with a season's best time of 21.21...Ran a season's best time of 10.69 in the 100-meter dash at the UA-ASU-NAU Double Dual ... He highlighted his first indoor season with a second place finish in the 60-meter dash at the Blue and Orange Classic hosted by Boise State

HIGH SCHOOL
Roosevelt High School, Fresno, Calif.: Four-year letter winner in track and field...In 2007, named Athlete of the Year by the Fresno Bee... Received academic honor of being on schools' merit list.

PERSONAL

Kyle William Alston ... Born 2-15-89, in Fresno, Calif. ... Son of Norman and Joy Alston ... Enjoys music and dance in his spare time ...Academic area of interest has not yet been determined.

PERSONAL BESTS

60-meter: 6.91; **100-meter:** 10.56; **200-meter:** 21.21;
4x100-meters: 39.52



TOMAZ BOGOVIC

**ALL-REGION
SOPHOMORE
THROWS
BREZICE, SLOVENIA (GYMNAZIA BREZICE)**

ARIZONA

2009: Bogovic competed for the first time at collegiate track and field in 2009 season, after joining the University of Arizona's track and field team in January of 2009. He achieved an indoor personal best of 17.83 (58-5) meters in the weight throw to finish 10th at the indoor Mt. Pacific Sports Federation championships... During the 2009 outdoor season, Bogovic improved his personal best in the hammer throw to 63.20 (206-8) meters at the Pac-10 Championships in Eugene, Oregon where he finished in 4th place... Went on to compete at the NCAA West Regional Championships, where he finished sixth and was literally inches shy of the automatically qualifying for the 2009 NCAA Outdoor Championship...

HIGH SCHOOL

Competed in the hammer throw at the 2005 World Youth Championships, 2007 European Junior Championships and 2008 World Junior Championships... Finished 16th at the 2008 event... Achieved a personal best of 69.28 meters (226-5) with the 6kg hammer and 62.74 (203-5) with the 7.26kg hammer...Bogovic received several honors in track and field, and has also been named Best Slovenian Junior Track and Field athlete three times.

PERSONAL

Tomaz Bogovic... Born 3/11/1989 in Brezice, Slovenia... Son of Franc and Erika Bogovic...Has one brother, Gregor...Academic area of interest is undeclared

PERSONAL BESTS

Hammer throw: 63.20m (206-8), **Weight throw:** 17.83m (58-5)



JAMES EICHBERGER

**Sophomore
Sprints/Middle Distance
Tucson, Ariz. (Catalina Magnet High School)**

ARIZONA

2008: One of the top freshmen of the 2008-09 track and field season for the Wildcats...Earned a NCA West Regional qualification in the 800-meters at the UA-ASU-NAU Dual Meet in a time of 1:50.34 - his personal best on the season - to finish second...At the regional meet, he came close to matching that time with a mark of 1:50.59 to finish 13th...Also a main face on the men's 4 x 400-meter relay team...Competed sparingly in the 1500-meters and cross country season...

HIGH SCHOOL

Catalina High School, Tucson, Ariz.: One of the premier high school track and field athletes during his tenure at Catalina...Earned six state championships during his junior and senior years...In 2008, was the state champion in the Division 4A-II 400- and 800-meters as a senior and was also a member of Catalina's 4 x 400-meter relay state

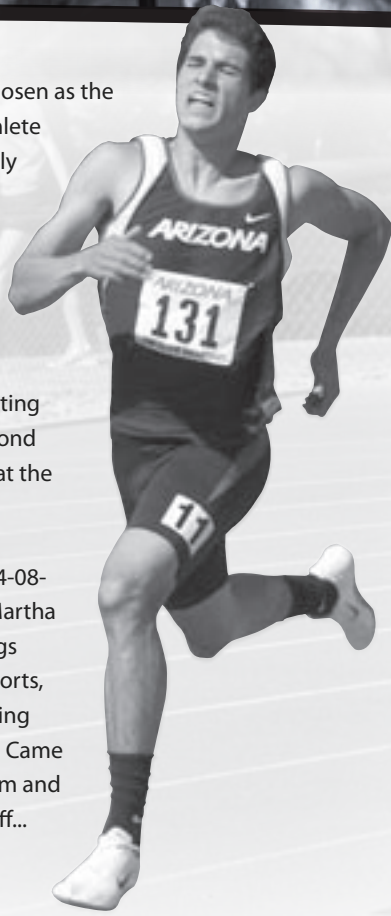
championships team...Was chosen as the 2008 Track and Field Male Athlete of the Year by the Arizona Daily Star and the 2008 Student-Athlete of the Year. Also won the 400- and 800-meters as a junior during the 2007 season in addition to another title with the 4 x 400-meter relay team, competing at the Division 4A-I level...Second runner-up in the 400-meters at the 2006 Junior Olympics...

PERSONAL

James P. Eichberger Jr... Born 4-08-1990 in Green Brae, Calif. to Martha C. Eichberger... has two siblings Michael and Anna... Enjoys sports, outdoor activities, and spending time with family and friends... Came to Arizona because of the team and the outstanding coaching staff... Desires to earn a degree in Business.

PERSONAL BESTS

800-meters: 1:50.34



Jim Click Shootout ...**2007:** Competed in three events as a sophomore, where he set two of his current personal bests... His best time of 1:54.18 at the Double Dual was good for a third place and also ran a personal best time in the mile-run at the JJK Invitational with his time of 4:08.94...

HIGH SCHOOL

Carmel High School, Carmel, Calif.: Won California Cross Country Division 4 State Meet as a senior in a time of 15:45 ... Part of the Central Coast Section Division Cross Country Championship team in 2003 as a junior ...

PERSONAL

Born June 19, 1987 in Monterey, CA... Communications major... Parents are John and Julie Fitzpatrick... Has one sister, Katie... Enjoys road trips, spending time with friends, and being one with nature... Came to Arizona because of the great coaching staff, team camaraderie, and gorgeous weather... Favorite food is Tortas Ahogadas.

PERSONAL BESTS

1500-meters: 3:46.68; **Mile (i):** 4:04.58



ABDI HASSAN
NCAA NATIONAL CHAMPIONSHIP
COMPETITOR

SOPHOMORE

DISTANCE

MOGADISHU, SOMALIA (NATHAN HALE HIGH SCHOOL, SEATTLE, WASH.)

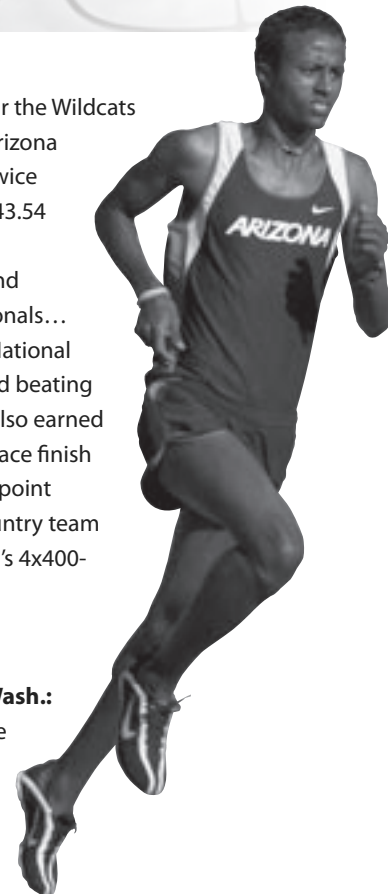
ARIZONA

2009- Arguably the best newcomer for the Wildcats of the 2009 season...Hassan set the Arizona freshman record in the 1500-meters twice during his first season...His time of 3:43.54 at the Mt. Sac relays took over the 23-year old record held by John Quade and qualified him for the NCAA West Regionals... There, he earned a spot at the NCAA National Championships by finishing fourth and beating his own record in a time of 3:42.04...Also earned All-Conference honors with his fifth place finish at the Pac-10 Championships...Was a point scoring individual for the UA cross country team and competed sparingly on the squad's 4x400-meter relay... **2008:** Redshirted his freshman year...

HIGH SCHOOL

Nathan Hale High School, Seattle, Wash.:

Named Washington State Male Athlete of the Year in 2007 after winning the State Championship in both the 800- and 1600-meter runs ... Time of 1:49 in the 800m in high school ranked No. 2 all-time in the state



DYLAN FITZPATRICK

ALL-CONFERENCE

REDSHIRT SENIOR

DISTANCE

CARMEL, CALIF. (CARMEL HIGH SCHOOL)

ARIZONA

2009: The year marked Fitzpatrick's most successful as a Wildcat...He earned his first ever NCAA Regional Qualification with a time of 3:46.68 at the UA-ASU-NAU Double Dual, finishing third...Indoors, Fitzpatrick earned All-Conference honors with a 7th place finish at the MPSF meet in the mile, finishing in a career best 4:04.58... Consistent performer for the UA cross country team as well...**2008:** Had a very successful season as a 1500-meter runner, culminating in a personal best time of 3:48.21 at the Pacific-10 Championships and coming just sort of qualifying for the NCAA West Regional ... Took first place in the event at the UA-ASU-NAU Double Dual, and finished second with a time of 3:49.04 at the





Washington and No. 3 nationally in 2007... Earned high school All-American honors ... Earned seven varsity letters in cross country (four), track & field (two), and soccer (one)...

PERSONAL

Abdi Hassan Rashiid ... Born 8-21-89, in Mogadishu, Somalia ... Son of Zamzam Mohamed and Mohamed Hodi Hassan Rashiid ... Enjoys playing soccer in his free time ... Academic area of interest has not yet been determined.

PERSONAL BESTS

1500 meters: 3:42.04; **800-meters:** 1:51.24; **Mile (i):** 4:03.11



MOHAMUD IGE

SOPHOMORE

DISTANCE

MOGADISHU, SOMALIA (DENVER SOUTH HIGH SCHOOL, DENVER, COLO.)

ARIZONA

2009 Cross Country: Was the Wildcats top runner during the 2009 cross country campaign... Won the annual Dave Murray Invitational in Tucson... Was the team's top finisher at the Pac-10 championships, improving to 20th from last year's conference meet... Ige was the first All-American in three years for the Wildcats, finishing 38th at the NCAA National Championships... Set a 10k personal best in the race of 30:20.2... Impressed many in the region with his ninth place finish at the NCAA West Regional Championships... **2009:** Was the UA's top finisher at the Pac-10 Championships during the cross country season, coming in 26th... Competed sparingly during the track and field season

CENTRAL ARIZONA

2007: Named to the first team National Junior College Athletic Association's All-Region team at the Region 1 level for cross country ... Also named to the Arizona Community College Athletic Conference All-Conference first team ... Finished 14th at the Junior College Cross Country Championships in Ina, Ill., earning Junior College All-American honors...

HIGH SCHOOL:

Denver South High School,

Denver, Colo.: As a junior, Ige finished 13th at the 2004 Foot Locker Cross Country Championships with time of 15:44 ... As a senior, qualified once again for the 2005 Foot Locker Cross Country Championships where he bettered his finish to tenth ... Won Colorado State Championship in high school



TYLER JOHNSON

SOPHOMORE

THROWS

LAS VEGAS, NEV. (BISHOP GORMAN HIGH SCHOOL)

ARIZONA

2009: An impressive surprise for Arizona during his freshman year, Johnson qualified for the NCAA West Regional Championships in the hammer throw with a career's best mark of 58.80m (192-11) set at the Pac-10 Championships... Johnson finished just shy of All-Conference honors at the meet with his ninth place finish... Also competed in Trinidad at the 2009 Junior Pan-American games in the event, finishing fifth overall... Was third at the US Junior Nationals, earning him the position at the bi-annual Junior Pan-American Games...

HIGH SCHOOL

Bishop Gorman High School, Las Vegas, Nev.: Holds the school record in the discus throw at 188-9... Competed in the Nevada 4A state meet three times and finished second in the discus his senior year... Took first place in the Great Southwest Meet in 2008 in the hammer throw... Lettered all four years of high school...

PERSONAL

Tyler Johnson... Born 2-07-1990 to Scott and Margaret Johnson in Las Vegas, Nev... Planned academic area of interest is business...

PERSONAL BESTS

Hammer Throw: 58.80m (192-11)



BRIAN MACARTHUR

JUNIOR

DISTANCE

GREAT NECK HIGH SCHOOL (GREAT NECK, N.Y.)

ARIZONA

2009: As a red-shirt sophomore during the 08-09 track and field season he earned a NCAA West Regional qualifying time in the 3000-meter steeplechase at the Sun Devil Invitation in a time of 9:06.80 a personal best... In the 2009 Pac-10 Cross Country Championships finished the 8k course in a life time best time of 24:38.24 finishing in 45th place. 2008: Earned Pac-10 All-Academic honorable mention accolades...

PERSONAL

Born May 8th 1988 in Great Neck, N.Y....Parents are Mark and Alice MacArthur...Has one brother, Andrew, and one sister, Meaghan... Enjoys hiking in the great outdoors, exploring the wild world of sports, and spending time in Massachusetts...Came to the University of Arizona because of the weather and coaching staff...

PERSONAL BESTS

3000m Steeplechase: 9:06.80



JORDAN MARA

JUNIOR

DISTANCE

BURNABY, BRITISH COLUMBIA (WHITE ROCK CHRISTIAN ACADEMY, SOUTH SURREY)

ARIZONA

2009: Continued to improve as a sophomore for the Wildcats while also showing his leadership as a team captain... Had a all-time best of 1:50.60 in the 800-meters at the UA-ASU-NAU Double Dual, just shy of an NCAA Regional Qualification...Saw time in the 1500-meters and as a regular on the UA cross country squad...

2008: Competed proficiently as a freshman in the 800-meter run ... Ran his lifetime's best time of 1:51.68 at the Pacific-10 Conference Championship in a very competitive field ... Won the Arizona Jim Click Shootout in the event with a mark of 1:52.00 ...

HIGH SCHOOL

White Rock Christian Academy, South Surrey, British Columbia:

Earned 13 varsity letters in track & field (five), cross country (four) and basketball (four). Won the 2007 800-meter British Columbia High School Championship, beating former UA athlete Graeme Wells previous regional record in a time of 1:53.19... Also finished second in the 1500m run and third in the 4 x 400m relay at the same meet...Was also the Provincial high school champion in the 800min2006... Was the Canadian U17 national champion in the 800-meters...In 2005, was on the British Columbia basketball class AAA provincial championship team ... Earned 13 varsity letters in all in track (5), cross country (4) and basketball (4)... On the schools' honor roll every term throughout high school ... Named biology student of the year during junior and senior year.

PERSONAL

Jordan Lucas Mara ... Born 2-21-89 in Burnaby, British Columbia ... Son of Leslie Joan and Jon Mara ... His older brother, Tyrell was a redshirt junior on the Portland State basketball team ... Younger brother, Eli, currently plays basketball at White Rock Christian Academy ... Hobbies including working out and going to the beach ... Academic area of interest is business.

PERSONAL BESTS

800-meters: 1:50.60



CHRISTOPHER MCSWAIN

ALL-REGION

FRESHMAN

SPRINTS

LAS VEGAS, NEV. (MOJAVE HIGH SCHOOL)

ARIZONA

2009- An active competitor for the Wildcat sprinters during his freshman campaign at Arizona...Ran a season's best and team best time of 10.59 in the 100-meter dash at the Mt. Sac Relays...Ran 21.46 in the 200-meters at the Arizona Jim Click Shootout for a personal best in the event...

Earned All-Region honors as a member of the UA's 4x100-meter relay team that finished seventh at the NCAA West Regionals...

HIGH SCHOOL

Mojave High School, Las Vegas,

Nev.: Only competed on the track and field team for one season during his senior year...

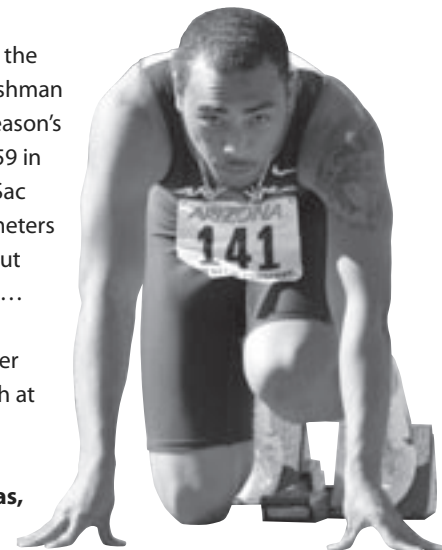
Despite the lack of experience, McSwain took third in the 400-meters at the Nevada state 4A championships and fourth in the 200-meters at the same meet... Ran a personal best of 21.4 in the Junior Olympics as a senior in the 200-meters...Was an All-Northwest Division defensive back for the Mojave football team...

PERSONAL

Christopher McSwain...Born 4-17-1990 to Vernon and Estelita Boardley in Las Vegas, Nev....Enjoys long walks on the beach, video games, singing, listening to music, hanging out with friends and basketball... Academic area of interest is undecided...

PERSONAL BESTS

100m: 10.59; **200m:** 21.46



STEFANOS MICHAEL

ALL-CONFERENCE

SENIOR

JUMPS

ARIZONA

2009: Had his most impressive season to date with the Wildcats...Earned All-Conference honors in the triple jump at the Pac-10 Championships...He did so by setting four personal records in his six jumps culminating with his final attempt of 15.26m (50-0 3/4)...Qualified for the NCAA West Regional Championships...Indoors, Michael was also an All-Conference athlete after finishing eighth at the Mount Pacific Sports Federation Championships with a mark of 14.40m (47-3)

HIGH SCHOOL



Saint George Lyceum, Nicosia, Cyprus: In his junior year won the national of Cyprus in long jump. He qualified for the IAAF World Youth Championship 2003 in Sherbrooke in long jump...

PERSONAL

Stefanos Michael. Born March 15, 1986 in Nicosia, Cyprus... Son of Spiros and Androulla Michael... is studying Electrical Engineering

PERSONAL BESTS

Triple Jump: 15.26m (50-0 3/4)



KORION MORRIS

ALL-CONFERENCE

SOPHOMORE

THROWS

SEATTLE, WASHINGTON (RENTON HIGH SCHOOL)

ARIZONA

2009: Competed indoors where he set his collegiate personal record in the shot put at the New Mexico Invitational with a mark of 17.78m (58-4)... Had a great outdoor season for the Wildcats... set a collegiate personal record in the discus at the Mesa Classic with a mark of 54.15m (177-8)... Morris was a Pac-10 finalist and a Regional Qualifier in the event... **2008:** Competed indoors where he set his collegiate personal record in the shot put at the Lumberjack Invitational with a mark of 17.11m, finishing sixth... Redshirted his sophomore season outdoors... **2007:** Indoors, Morris had his season's best shot put throw at the Mountain T's Invitational with a distance of 17.05m (55-11 $\frac{1}{2}$) ... Outdoors, Morris participated in both the discus and shot put... Had a personal best in the discus at the Arizona Jim Click Shootout with a throw of 53.26m (174-9)...

HIGH SCHOOL

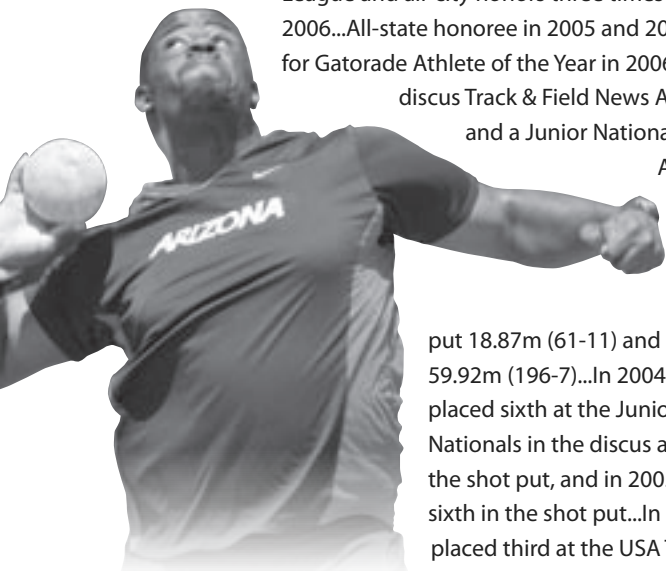
Renton High School, Seattle, Wash.: Two-sport star in high school in football and track. Earned seven varsity letters in track & field (four) and football (three)... Named team captain in 2004, 2005 and 2006 and selected team most valuable athlete in 2006. Earned All-Seamont

League and all-city honors three times from 2004-2006... All-state honoree in 2005 and 2006. Nominee for Gatorade Athlete of the Year in 2006... Two-time discus Track & Field News All-American and a Junior National All-

American...

Holds school records in the shot

put 18.87m (61-11) and discus 59.92m (196-7)... In 2004 Morris placed sixth at the Junior Olympic Nationals in the discus and eighth in the shot put, and in 2005 he placed sixth in the shot put... In 2006 he placed third at the USA Track & Field Junior National Championships.



PERSONAL

Korion Marsalis Morris ... Born 5-6-88 in Park Forest, Ill. ... Son of Henry and Viesta Morris ... Has one brother, Quinton ... A member of Athletes in Action at the UA... Academic area of interest is economics.

PERSONAL BESTS:

Shot Put: 17.78m (58-4); **Discus:** 54.15m (177-8)



NICO REAVES

FRESHMAN

SPRINTS

SAN DIEGO, CALIF. (LINCOLN HIGH SCHOOL)

HIGH SCHOOL

Lincoln High School, San Diego, Calif.: Fourth place at the California State Meet in 2008 in the 400-meter dash, finishing in a personal record time of 47.20... San Diego Section CIF Champion in the 200- and 400-meter dashes, as well as the 4 x 400- and 4 x 100-meter relays... Two-time student-athlete of the month awarded by the San Diego Tribune...

PERSONAL

Nico Alexander Reaves... Born 7-26-1989 in San Diego, Calif. to Terri Hunt-Reaves and Collis Hunt Jr. ... Enjoys photography, music and Guitar Hero... Came to Arizona for the balance between the academic and athletics programs...

PERSONAL BESTS

200-meters: 21.40; **400-meters:** 47.20



EDGAR RIVERA-MORALES

FRESHMAN

JUMPS

AGUA PRIETA, MEXICO (CENTRO DE BACHILLERATO TECNOLÓGICO Y DE SERVICIO #81)

HIGH SCHOOL

Centro De Bachillerato Tecnológico y de Servicio

81: Competed at the Mexican National Championships during his junior and senior seasons... Won the National Championships in the high jump in 2009 achieving a personal record of 7-3... Was runner-up in 2008 with a height of 7-0... Ranked as the number one athlete in the event in all high schools in Mexico... Also during his senior campaign, he jumped 48-feet in the triple jump in his second competition ever, giving him second place at the Junior National Championship in Mexico... Other notable achievements are that he is the only native of Mexico to win the International Children Games and he did it twice, first in Coventry, then in Bangkok... In 2009, representing Mexico, he competed in the Junior Pan-American Games at Trinidad and Tobago, finishing second place... Academically, he won a math excellence award for obtaining one of the top scores in the nation...

PERSONAL

Edgar Alejandro Rivera Morales... Born February 13, 1992 in Agua Prieta, Sonora, Mexico... Son of Luis and Alejandra Rivera... Enjoys watching

TV, be around his family, staying active and doing track...His brother, Luis, is one of the UA's most accomplished athletes in history in the long jump events...They will compete together during the indoor season this year... Came to UA thanks to the magnificent coaching staff...Academic area of interest is computer engineering.

PERSONAL BESTS

High Jump: 7-3; **Triple Jump:** 48-1



LUIS RIVERA-MORALES

ALL-AMERICAN

SENIOR

JUMPS

AGUA PRIETA, MEXICO (CENTRAL ARIZONA COMMUNITY COLLEGE)

ARIZONA

2009: Had a breakout year for the Wildcats, especially during his outdoor campaign...During the season, the only long jump event that Rivera-Morales didn't win in which he competed was the 2009 NCAA Outdoor Championship where he still earned All-American honors with his sixth place finish...He was the conference champion indoors and outdoors in both the long and triple jumps...Set the fourth longest jump in UA history with his winning mark of 7.96m (26-1 ½), also a career best His second best career mark was the 7.94m (26-0 ½) mark he set at the National Championship meet It was the first time a UA long jumper had scored on the national level since 1984 He also set the UA's third biggest triple jump mark at 15.97m (52-4 ¾) at the Mt. Sac Relays Is the only UA athlete outside of 1964 Olympian Gayle Hopkins to hold top-10 school marks in both long jump events... **2008:** Clearly one of the top newcomers during the 2008 season... Rivera began his UA career with a bang as he set an indoor stadium record in his first meet as a Wildcat at the Blue and Orange Classic in Idaho with his jump of 7.82m (25-8) in the long jump...Went on to finish the indoor season with a ninth place finish at the NCAA National Indoor Championships, jumping the same distance of 7.82m...During the outdoor season, Rivera again competed in the NCAA National Championships after



finishing in fifth at the West Regional Championships in the long jump with his mark of 7.54m (24-9)...Earned All-Conference honors in both the long and triple jump events...

BEFORE ARIZONA

Central Arizona Community College: Was a member of the their 2007 National Junior College Championship men's squad ... Won junior college national championship in both the triple jump and the long jump.

PERSONAL

Luis Rivera-Morales ... Born 6-21-87, in Agua Prieta, Mexico ... Son of Alejandra Morales and Luis A. Rivera ... Hobbies include listening to music, playing soccer and playing the guitar ... Majoring in engineering ... Previously attended Central Arizona College before coming to Arizona.

PERSONAL BESTS

Long Jump: 7.95m; **Triple Jump:** 15.97m



NICK ROSS

FRESHMAN

JUMPS

MURIETTA, CALIF. (VISTA MURRIETA HIGH SCHOOL)

HIGH SCHOOL

Vista Murrieta High School, Murietta, Calif.:

Competed at the California State Meet during junior and senior seasons...Won the State Meet in the high jump in 2009 with a jump of 7-1...Was runner-up in 2008 with a height of 6-11...Achieved a personal record of 7-3 at a Dual Meet against Chapparral - the second highest jump among high school athletes on the year...Also during his senior campaign, he cleared 50 feet in the triple jump for the first time at the Saddle-Up Invitational... Finished fifth in the state in the event during his senior year with a mark of 47-9...High Jump and Long Jump champion in the California Interscholastic Federation Championships...An all-state athlete in the long jump as well...Competed at the Golden West Invitational in 2008, winning the high jump event...Earned Varsity Letters for track and field all four years...Also played basketball for four years - three of which at the Varsity level...In basketball, was a First Team All-League selection twice - in his junior and senior seasons...Two year Honor Roll athlete...

PERSONAL

Nicholas Steven Ross... Born August 8, 1991 in Oceanside, Calif.,... Son of Don and Melody Baker...Enjoys fishing, staying active, going to beach with friends... Came to UA thanks to the magnificent coaching staff...Academic area of interest has not yet been determined

PERSONAL BESTS

High Jump: 7-3; **Triple Jump:** 50-3; **Long Jump:** 23-6



AARON SEMINSKI

ALL-REGION

JUNIOR

WILLIAMSTON HIGH SCHOOL (WILLIAMSTON, MICH.)

ARIZONA

2009: Improved across the board during his sophomore campaign...Broke 11 seconds with a wind legal mark for the first time with his all-time personal best time of 10.89 at the Jim Click Shootout...His work ethic earned him a pivotal role on the men's 4x100-meter relay squad where he shared time running both the first and third legs and helped the Wildcats advance to the finals at the NCAA West Regional Championships in the event...The best time for the Wildcats when Seminski ran for on the relay was 40.80 in the event...**2008:** As a freshman, recorded a season's best of 7.1 in the indoor 60-meter dash at the Husker Invitational...Finished 7th at the Arizona Jim Click Invitational in the 100-meters with a personal best time of 11.01...

HIGH SCHOOL

Williamston High School, Williamston, Mich.: Earned Division 3 All-State honors in both the 100-meter and 4 x 100-meter relay team in 2006 and 2007...Also All-Michigan during the 2006 and 2007 indoor season in the 60-meters...Finished 4th at the 2007 Michigan Indoor State Championships in the 60 meters...Advanced to semi-finals at the Nike Indoor Nationals in the same event...Placed second in the all county meet in 2007 in the 100 meters, running an 11.03 into a headwind...

PERSONAL

Aaron Francis Seminski...Born 4-12-1989 to Martha Crowell and Francis Seminski in Berlin, Germany...Hobbies include traveling and language... Came to the UA for its athletic and academic programs...Major is Political Science and minor is Spanish

PERSONAL BESTS

60-meters: 6.95 **100-meters:** 10.89 **200-meters:** 22.74 **4x100-meters:** 40.80



JUSTIN SUTTER

FRESHMAN

JUMPS

GRANITE BAY, CALIF. (GRANITE BAY HIGH SCHOOL)

HIGH SCHOOL

Granite Bay High School, Granite Bay, Calif.:

Competed with Golden West and Granite Bay High School Grizzlies under Carla Kehoe lettering in Track for four years and was Captain for two years... Two-time Junior National Olympics finalist with a best finish of 10th place... 2009 Arcadia Invitational Night Meet Long Jump Champion with a 24-4 jump that broke the School record placing Sutter first in the state of California and second in the nation... Three-time League Champion long jumper for the Grizzlies... Metro All-City 1st Team... Holds five meet records in Northern California for both long and triple Jump...Sutter also played for the Granite Bay football team as Flyback... All League 1st Team... Led Offense all four years... MVP Offense Varsity, JV and Frosh years... Scholar Athlete winner...

PERSONAL

Justin Robert Sutter... Born June 21, 1990 in Fremont, Calif.,... Son of Rick and Sallie Sutter... Enjoys the outdoors and going hiking around Tahoe when he has the opportunity... Academic area of interest has not yet been determined.

PERSONAL BESTS

Long Jump: 24-4





LIZ APGAR
FRESHMAN
MIDDLE DISTANCE/DISTANCE
SAN DIEGO, CALIF.

ARIZONA

2009 Cross Country: Perhaps the most consistent freshman during the championship season, Apgar was the only UA athlete outside of junior

Maggie Callahan to score points in each of the team's final four meets including the NCAA National Championships...

HIGH SCHOOL

Abraham Lincoln High School, San Diego, Calif.: A prominent member of the school's cross country team, Apgar helped lead the squad to four consecutive CIF San Diego Section Championships in the state of California...Had a best finish of second at the 2006 Division 5 San Diego Section championships and finished in the top-five all four years...In track and field, Apgar holds the school record in the 800-, 1600- and 3200-meters...She was the CIF San Diego Section champion at 800-meters in 2007 and 2008 and qualified for the state meet in 2008 and 2009...She was voted the 2007 Runner of the Year and and the Team MVP that same season...

PERSONAL

Elizabeth Rosa Apgar...Born April 21, 1991 to Rosa and Lloyd Apgar...Intends on studying computer sciences at Arizona in an effort to "be able to fix your broken computer" in the future...Was voted as a member of the San Diego Tribune's All-Academic First Team five times...Enjoys R&B music, drawing, painting and ceramics...Her father holds the school 1600-meter record at the same high school at which Apgar graduated from...

PERSONAL BESTS

800-meters: 2:12.16; **1600-meters:** 5:05



BRIGETTA BARRETT
FRESHMAN
JUMPS
WAPPINGER FALLS, NEW YORK

HIGH SCHOOL

Duncanville High School, Duncanville, Texas:

One of the top high jumpers in the nation during her high school career...Set a school record mark

of 6-1 during her time at Duncanville...Won the Texas State Meet in 2008 and 2009...Also the Texas Relays Champion in the event in 2008...Finished second place at the World Junior Qualifiers...Also competed for Roy C. Ketcham High School during her freshman and sophomore seasons...Was the indoor state champion in 2007 and second place outdoors...Was the district and regional champion indoors and outdoors during both her freshman and sophomore seasons...Holds the schools high jump record with her then personal best mark of 5-9....

PERSONAL

Brigetta Barrett...Born December 24, 1990 to Lottie M. Barrett..Has two siblings, Takiya Barrett-Ross and Shawn-De Barrett...Plans to major in theatre arts...Enjoys singing, dancing, writing poetry and acting...Hopes to be an Olympic champion high jumper some day... Also hopes to be an actress and singer...

PERSONAL BESTS

High Jump: 6-1



JENNIFER BERGMAN
FRESHMAN
DISTANCE
SAN JOSE, CALIF.

ARIZONA

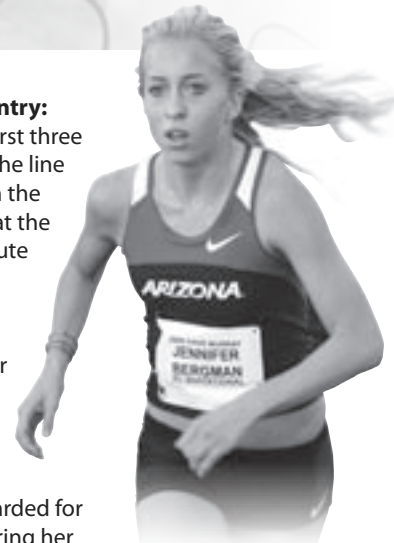
2009 Cross Country: Was one of the first three Wildcats across the line

in nearly every cross country meet on the season, including leading the squad at the NCAA National Championships en route to a personal best mark of 21:35...

HIGH SCHOOL

Valley Christian High School, San Jose, Calif.: A high school Foot Locker

finalist, one of two joining this season's team...She finished 33rd at the event...Earned 8 most valuable athlete awards in cross country and long distance track...She was awarded for being the best athlete in her class during her freshman and senior seasons...Mercury News chose her as athlete of the year in 2008 and was athlete of the week twice in 2005, once in 2007, and again in 2009...She placed sixth at the Footlocker Regionals...She won three CCS titles in cross country and was captain of her team junior and senior year...



PERSONAL BESTS

2-mile: 10:45; **1 mile:** 5:06; **5000-meters:** 17:46



LEIGH BERNSTEIN
JUNIOR
JAVELIN
GASTON, ORE. (JESUIT HIGH SCHOOL)

ARIZONA

2009: Redshirt season **2008:** Improved her lifetime's best throw in the javelin to 44.34 meters at the Arizona Jim Click Invitational...The mark

is the second best throw in Wildcat history using the present-day javelin...Qualified for the NCAA West Regional Championships...Named to 2008 USTFCCCA Division I Women's All-Academic Track and Field Team... **2007:** Competed in the javelin outdoors for the Wildcats...Finished in first place in the javelin throw at the Double Dual Meet and at the Wildcat Classic...Had a season's best throw of 43.60m at the Double Dual meet in Tempe, Ariz., setting a freshman record...

HIGH SCHOOL

Jesuit High School, Gaston, Ore.: Earned seven varsity letters, in track & field (four) and basketball (three)...Selected as a team captain in 2006...Three-time All-Metro League selection and a 2006 all-state honorable mention...Selected team's most outstanding field athlete in 2005 and 2006...Bernstein is the Jesuit High record holder in the javelin.

PERSONAL

Leigh Ann Bernstein ... Born 2-26-88 in Portland, Ore. ... Daughter of Richard and Vicki Bernstein ... Has one brother, Phil, and two sisters, Lorea and Shelley ... Enjoys reading, music and basketball in her spare time ...Academic major is marketing.

PERSONAL BESTS

Javelin: 44.34m



ECHOS BLEVINS

**ALL-REGION
SOPHOMORE
SPRINTS
PHOENIX, ARIZ. (SOUTH MOUNTAIN HIGH SCHOOL)**

ARIZONA

2009: Redshirt season **2008:** As a freshman, helped the women's 4 x 400-meter relay team to its first NCAA Regional qualification in two years...The team finished sixth at the NCAA West Regional, running in a time of 3:39.75...Ran a season's best time finishing fifth in 56.27 in the 400-meter dash at the UA-ASU-NAU Double Dual...

HIGH SCHOOL

South Mountain High School, Phoenix Ariz.; Member of the 2007 South Mountain girl's track and field team that dominated the Arizona State 5A-II Track and Field Championships, winning by a margin of 47 points...Also competed in 2005 and 2006, where South Mountain also won the State Championship...Competed in the USATF Arizona Association Junior Olympics from 2003-06...Award the 2007 Arizona Boys and Girls Club Youth of the Year and the Spirit of PWSA Award from the Phoenix Women's Sports Association...

PERSONAL

Echos Desiree Blevins...Born 1-15-1989...Interested in the UA for its strong medical program... Award the 2007 Arizona Boys and Girls Club Youth of the Year and the Spirit of PWSA Award from the Phoenix Women's Sports Association...

PERSONAL BESTS

400-meters: 56.27; **200-meters:** 25.83



MAGGIE CALLAHAN

**ALL-REGION
SOPHOMORE
DISTANCE
FAIRBANKS, ALA. (WEST VALLEY HIGH SCHOOL)**

ARIZONA

2009 Cross Country: Took the reigns as the UA's most senior athlete though only a junior...

Earned All-Conference honors with her 14th place finish at the Pac-10 Championships in Los Angeles...Paced the Wildcats in every race throughout the season, including her career best 6000-meter time of 20:26.59 at the Pac-10 Championships...Earned All-Conference and All-Region honors...**2009:** Continued to be one of the UA's strongest distance runners during her sophomore year...Callahan had one of the more impressive streaks of all UA athletes as she set a personal best in every event she competed in beginning with her first meet as a Wildcat and lasting until the UA-ASU-NAU Double Dual near the end of her sophomore season...Finished 11th at the NCAA West Regional Championships in a time of 10:37.45...Earned All-Conference honors by finishing 7th in the same event at the conference meet in a time of 10:30.71. a personal best...Consistently earned points for the women's cross country team throughout the season...Earned Conference All-Academic Honorable Mention honors... Also qualified for the NCAA West Regional in the 5000-meters... **2008:** Saw consistent improvement throughout the outdoor track and field season, breaking her personal record several times throughout the season in the 3000-meter steeplechase in just her first season ever competing in the event...Qualified for the NCAA West Region Championships where she set her personal best mark on the year of 10:43.11...Scored points for the women's cross country team at the Pac-10 Championships (38th) and the NCAA West Regionals (51st) during her freshman campaign...

HIGH SCHOOL

West Valley High School, Fairbanks, Alaska.: Earned 15 varsity letters, in cross country (four), track & field (four), basketball (four) and softball (three)...Won Alaska Gatorade Female track & field Athlete of the Year award...Named Wendy's High School Heisman Finalist... Awarded West Valley High School Athlete of the Year...Individual State Champion in the 1600- and 3200-meters in 2006...Her high school team won five state championships while Callahan was a member, two in track and field (2005-06) and three in cross country (2004-06)...Team also finished 15th at the Nike Team Nationals for cross country in 2005 and 2006...All-Conference basketball player in 2006...Callahan was on school honor roll for eight semesters.

PERSONAL

Margaret Callahan ... Born 9-28-88 in Fairbanks, Alaska ... Daughter of Jamie and Daniel Callahan ... Enjoys playing sports and being with friends in her spare time ... Chose Arizona because of the sun and the running team

PERSONAL BESTS

3000-meter Steeplechase: 10:30.71; **1500-meters:** 4:36.11; **3000m** 9:37.47; **5000-meters:** 16:47.98 **6000-meters (XC):** 20:26.59



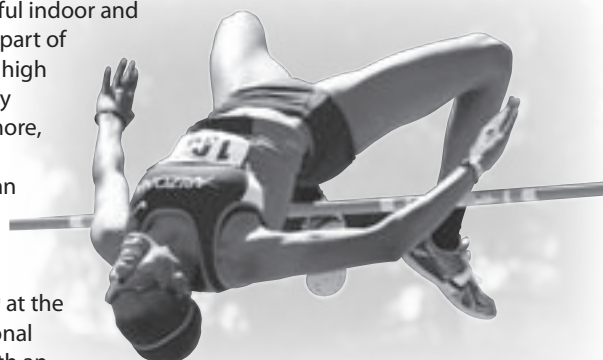
JASMIN DAY

**TWO-TIME ALL-AMERICAN
JUNIOR
HIGH JUMP
COSTA MESA, CALIF. (COSTA MESA HIGH SCHOOL)**

ARIZONA

2009: Continued the two-headed monster that is the UA high jumping squad...Day qualified for

the NCAA Indoor and Outdoor Championships last season...Earned All-Conference and honors indoors and outdoors, and All-Region accolades outdoors Qualified for the NCAA Outdoor Championships in a dramatic jump-off at the regional meet to take the final automatic qualifying spot as she cleared a season's best 1.80m (5-10 ¾) **2008:** Had a very successful indoor and outdoor season as part of the UA's incredible high jumping duo of Day and fellow sophomore, Liz Patterson...Day earned All-American honors in both the indoor and outdoor seasons...Placed 6th at the NCAA Indoor National Championships with an indoor personal record of 1.83m (6-0)...Placed 7th at the NCAA Outdoor Championships with a mark of 1.80m (5-10 ¾)...Had a personal best jump of 1.84m at the Arizona Jim Click Shootout... Named a captain for the 2009 team...**2007:** Had a very successful freshman year for the Wildcats in the high jump...She had a season's best clearance and a first place finish at the Willie Williams Classic with her clearance of 1.80m (5-10 ¾)...She also cleared 1.78m (5-9) for her best indoor clearance of the season.



HIGH SCHOOL

Costa Mesa High School, Costa Mesa, Calif.: Earned 12 varsity letters in high school in track & field (four), soccer (four), cross country (three) and volleyball (one)...California State Champion in the high jump her

senior year...Track & field team captain and most valuable athlete in 2005 and 2006...First team All-Golden West League and all-district selection all four years of high school...All-state honoree in 2004, 2005 and 2006...Placed third at the 2005 Junior National Championship Meet in the high jump after placing second at the California state meet in the same event.

PERSONAL

Jasmin Alexis Day ... Born 3-9-88, in Los Angeles, Calif. ... Daughter of Eugene and Yolanda Gibson-Day ... Has one brother, Louis, and one sister, Sharon ... Her sister, Sharon, competes as a professional high jumper for ASICS and participated in the 2008 Beijing Olympics... Enjoys soccer, volleyball and longboarding in her spare time ... Academic area of interest is physiological sciences.

PERSONAL BESTS

High Jump: 1.84m (6-0 1/2)



LISA EGARTER
FRESHMAN
MULTI-EVENTS
LIENZ, AUSTRIA

HIGH SCHOOL

BORG Lienz, Lienz, Austria: Won the adult Austrian High Jump Championship outdoors in the summer of 2009 with a jump of 1.83m (6-0)...

She finished second at the Indoor Championships in the same event with a clearance of 1.80m ... Both marks were personal records at the teams they were achieved...During the indoor season, she also finished third in the long jump with a mark of 5.91m ... Competed in Goetzis at the International Möslle Multi-Event Meeting, an international competition for some of the top heptathletes and decathletes in the world...Set a personal record score in the heptathlon of 5314...In 2009, she qualified for the European Junior Championships...Qualified for the World Junior Championships in 2008...Qualified for the World Youth Championships in 2007...Was a model scholar-athlete as well as she earned top marks throughout her intermediate school career...

PERSONAL

Lisa Maria Egarter...Born January 9, 1991 to Liselotte and Gerd Egarter in Dellach/Drau, Austria...Has one brother, Markus...Is studying Pre-Business and hopes to pursue a career in sports management...Enjoys hanging out with friends, playing beach volleyball and riding horses...

PERSONAL BESTS:

Heptathlon: 5314, **High Jump:** 1.83m, **Long Jump:** 6.00m, **100-meter hurdles:** 14.60, **Javelin:** 42.50m, **Shot Put:** 12.19, **200-meters:** 26.06, **800-meters:** 2:21.78



TAYLOR FREEMAN
ALL-REGION
SOPHOMORE
THROWS
IOWA CITY, IOWA (WEST HIGH SCHOOL)

ARIZONA:

2009: One of the squad's most impressive first year athletes...Earned All-Region honors

outdoors in the discus with her sixth-place finish at the NCAA West Regional Championships, finishing just out of an automatic birth at the NCAA National Championships...Also earned All-Conference honors in the event...Had a season's best throw of 51.42m (168-8) at the UA-ASU-NAU Double Dual, finishing second...Won the Mesa

Invite shot put event with a career's best, regional qualifying throw of 15.66m (51-4 1/2) ...Finished fifth at the conference meet indoors in the shot put with a throw of 14.47m (47-5 3/4)...

HIGH SCHOOL:

West High School, Iowa City, Iowa;

One of the most impressive throwers in Iowa State High School history... In 2008, Freeman wrapped up her senior year with a state championship in the discus with a state record throw of 47.65m (156-4) and a second place finish in the shot put at 13.63m (44-8 3/4)...Also won the state discus title in 2006...Went undefeated her senior season and was only the second girl in Iowa state history to win the Drake Relays discus event three times...Also a three-time All-American at the Nike Outdoor Nationals...Beat her own state record in her final meet as a senior, throwing for 49.63m (162-10) in the Midwest Senior Spotlight Meet... Named Press-Citizen female track and field athlete of the year...

PERSONAL

Taylor Kay Freeman...Born 1-28-90...Daughter of Scott and Sue Freeman...Has one younger brother, Clay...Enjoys any kind of sport, camping, boating, stain glass, watching movies, and hanging out with friends...Academic area of study is undecided but want to study something like education or family studies...

PERSONAL BESTS

Discus: 51.42m (168-8); **Shot Put:** 15.66m (51-4 1/2)



ALYSSA HASSLEN
FRESHMAN
THROWS
MCMINNVILLE, ORE. (MCMINNVILLE HIGH SCHOOL)

HIGH SCHOOL

McMinnville High School, McMinnville, Ore.: Oregon Class 6A champion in Shot Put in 2007... Oregon Class 6A champion in Discus in 2008...

Oregon Class 6A champion in Shot Put and Discus in 2009...Listed as 2nd best All-Time in Oregon High School history in shot put...Holds freshman, sophomore, and junior shot put records in Oregon...Three-year team captain...Voted MVP all four years of high school team... Named runner up Oregon female track athlete of the year in 2008... Competed at Junior Nationals in Eugene in summer 2009 and took 5th place in the Discus.

PERSONAL

Alyssa Ann Hasslen...Parents are Catherine Magness and Lee Johnson... Born May 13, 1991 in McMinnville, Oregon...Major is undecided...

PERSONAL BESTS

Shot Put (HS Instrument): 15.13m (49-8); **Discus (HS Instrument):** 48.33m (158-7)





HANNA HENSON

SOPHOMORE

DISTANCE

TUCSON, ARIZ. (RIO RICO HIGH SCHOOL, RIO RICO, ARIZ.)

ARIZONA:

2009 Cross Country: One of the team's most consistent performers during the season, scoring points in a majority of the Arizona meets...Broke

21 minutes at the Pac-10 Championships on her way to a 30th place finish in 20:56.33...**2009:** A steady contributor for the Wildcats as a freshman during the 2008 cross country and 2009 track and field seasons...At the Pac-10 cross conference championships, Henson obliterated her previous personal best by shaving 42 seconds on her way to a 46th place finish in 21:30.73 causing UA assistant coach Erin Dawson to state after the meet that had it not been for Henson they would not have had nearly as good of a day...Henson competed consistently in the 5000-meters for the Wildcats as well where she logged a season's best of 17:05.88 at the Pac-10 Championships, finishing 13th...

HIGH SCHOOL

Rio Rico High School, Rio Rico, Ariz.; Enjoyed a successful high school campaign in the state of Arizona...Named 2007 Arizona Daily Star Cross Country Runner of the Year...Won the 2007 Arizona State Cross Country 4A-II Championship...Named Fox-11 Game Time Athlete of the Week in November 2007...Also earned varsity letter in soccer...

PERSONAL

Hanna Henson...Born 3-6-1990 to Ray and Darla Henson...Enjoys hiking and other outdoor activities, surfing the internet and working with kids...Father was a rodeo roper at Central Arizona College...

PERSONAL BESTS

5000-meters (XC): 17:43; **6000-meters (XC):** 20:56.33 **5000-meters (track):** 17:05.88



LATISHA HOLDEN

ALL-REGION

JUNIOR

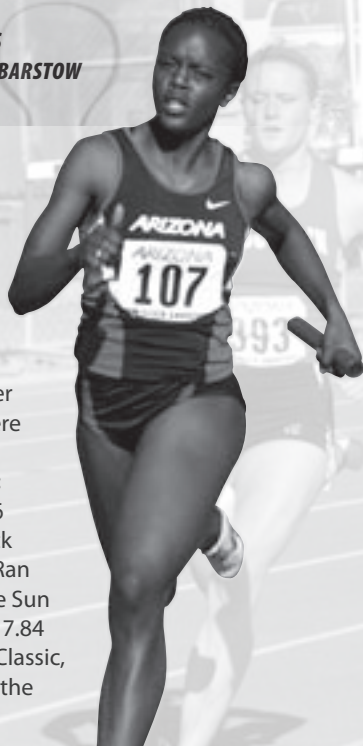
SPRINTS/HURDLES

BARSTOW, CALIF. (BARSTOW HIGH SCHOOL)

ARIZONA

2009: One of

Arizona's most vastly improved athletes during her sophomore year...Outdoors, she was an All-West Region athlete in the 100-meter hurdles after setting her career best time at the meet in 13.46...Was an All-Conference runner indoors in the 60-meter hurdles where she had a season's best time of 8.46 at the MPSF Championships...**2008:** Ran best time on the season of 12.06 in the 100-meter dash at the Jim Click Shootout where she finished third...Ran 13.95 in the 100-meter hurdles at the Sun Angel Classic...Indoors, Holden ran a 7.84 in 60-meter at the Blue and Orange Classic, claiming fourth place and second in the



60-meter hurdles at the same meet with her time of 8.70...Named a captain for the 2009 squad

HIGH SCHOOL

Barstow High School, Barstow, Calif.: Earned five letters in track & field (four) and basketball (one)...Won Barstow High School Athlete of the Year award, and MVP honors...Desert Sky League Champion...Earned Principal's Award, perfect attendance, and on school honor roll...Also played basketball and volleyball.

PERSONAL

LaTisha Machelde Holden ... Born 8-29-89 in Barstow, Calif. ... Daughter of Cheryl and Alvin Holden ... Is an active member of S.A.A.C (Student-Athlete Advisory Committee) and P.A.L (Peer Athletic Leaders)... Enjoys giving back to the community through community service events and singing in her church choir...Majoring in Sociology and has a thematic minor in General Business and Spanish...

PERSONAL BESTS

100m Hurdles: 13.46; **60-meter hurdles:** 8.46



CAMI JACKSON

FRESHMAN

DISTANCE

MESA, ARIZ.

ARIZONA

2009 Cross Country: One of the top incoming youngsters for the Wildcats during the cross country campaign...Finished as the

second Arizona runner across the line at the NCAA West Regional Championships finishing 37th overall in 21:55.84...

HIGH SCHOOL

Mountain View High School, Mesa, Ariz.: Part of the Arizona All-State Cross Country team each yearn 2006, 2008 and 2009 and earned All-Region honors those seasons as well...Was voted Mountain View's Most Valuable Cross Country athlete in 2006 and 2008 and the track team's Most Valuable Senior girl in 2009...Hold the school records in the 1600- and 3200-meters and the 4x800-meter relay...Holds the City of Mesa's Freshman All-Time Girls Track record in the 3200-meters... Finished second at the state meet in the 3200-meters and 4x800-meter relays...Helped lead the team to it's best ever cross country finish ever where they finished second

PERSONAL

Camiyn Lois Jackson...Born June 17, 1991 to Lynn and J. Carvel Jackson in Palo Alto, Calif...Her sister, Brooke, plays basketball for the Wildcats as well...Has four other siblings, Ryan, Hannah, Ashley and brother-in-law Brik...Enjoys swimming, hiking, reading, cooking, piano, rock climbing and spending time with family and friends...Came to Arizona because of her love for the team and coaches and the impact of her sister's status on the basketball team...Earned a National Merit Letter of Commendation in high school, an Academic Excellence and Outstand Student award...Finished with a Top-10 GPA and earned a spot of the Scholar-Athlete AIA Honor Roll...Plans to study Physiology at Arizona with he intent of becoming a physical therapist...

PERSONAL BESTS

5000-meters: 17:51; **3200-meters:** 11:06; **1600-meters:** 5:06



DAHLYS MARSHALL

ALL-CONFERENCE

SOPHOMORE

SPRINTS

SAN JOSE, CALIF. (VALLEY CHRISTIAN HIGH SCHOOL)

ARIZONA

2009: Another top incoming runner for the Wildcats...Earned All-Conference honors in the 100-meter hurdles with her seventh place finish at the Pac-10 Championships...Ran a season's best time in the event of 13.69 at the Willie Williams Classic in Tucson, finishing second...Finished

fourth place at the conference meet indoors in the 60-meter hurdles with a time of 8.67 and ran a season's best time of 8.54 in the event at the ISU Track and Field Classic...Also an active contributor on the team's relay squads...

HIGH SCHOOL

Valley Christian High School, San Jose, Calif.:

Finished fifth in the 200-meter dash final at the 2008 California State Meet and qualified for the final in the 100-meter hurdles at the same venue...

Also finished fourth in the 100-meter hurdles at the CIF State Track and Field

Championships...200-meter Champion and 100-meter hurdles runner-up at the

Central Coast Section Championships as a senior...Ran second fastest time in section history in the 100-meter hurdles...Named as the Valley Christian High School Athlete of the Year...

PERSONAL

Dahlys Elysia Marshall...Born 3-09-1990 to in San Jose, Calif. to Tammie and Greg Marshall...Enjoys shopping, texting and hanging out with friends...Academic area of interest is psychology...

PERSONAL BESTS

100-hurdles: 13.69; **60-hurdles (i):** 8.54; **200-meters:** 24.48



ANDREA MENCHENNET

SOPHOMORE

SPRINTS/MIDDLE DISTANCE

ANTHEM, ARIZ. (MOUNTAIN RIDGE HIGH SCHOOL, GLENDALE, ARIZ.)

ARIZONA

2009: Primarily a 400-meter runner for the Wildcats during her freshman campaign...

Finished 13th overall at the Pac-10 Championships outdoors with a time of 56.22 – also her season's best...Finished second at the UA-ASU-NAU Double Dual in the event in 56.23...

HIGH SCHOOL

Mountain Ridge High School, Glendale, Ariz.: Arizona 5A-I state champion in the 400-meter dash (56.45) and fourth-place finisher in the 200-meters (25.7)...Third place finisher in at the 2007 state meet in the 400-meter and runner-up in the event as a freshman at the 2005

state meet...State runner-up in the 2006 800-meter dash...Competed in the National Junior Olympics as only a seventh grader in 2003 and finished sixth in the nation in the 800-meter run...

PERSONAL

Andrea Menhennet...Born 10-13-1989 in Anthem, Ariz. to Vanessa Menhennet...

PERSONAL BESTS

200-meters: 25.79; **400-meter:** 56.22



GEORGANNE MOLINE

REDSHIRT FRESHMAN (OUTDOORS)

HURDLES/SPRINTS

PHOENIX, ARIZ. (THUNDERBIRD HIGH SCHOOL)

ARIZONA

2009: Only competed indoors for the Wildcats in 2009...Had a season's best time in the 400-meters of 56.98 at the Frank Sevigne Husker Invite...Also

competed at the conference meet...Redshirt her outdoor season...

HIGH SCHOOL

Thunderbird High School, Phoenix, Ariz.: Was the 4A-I Arizona state champion in both the 100- and 300-meter hurdles as a senior...Her winning time of 43.15 in the 300-meter hurdles is the second fastest mark in Arizona High School history in the event and the 4A-I region record...Also swept the hurdles state finals as a junior in 2007...

Member of the 2008 All-Arizona Track and Field Team...Thunderbird High School record holder in both the 100- and 300-meter hurdles...

PERSONAL

Georganne Rochelle Moline...Born 3-06-1990 to Carrie Lynne Moline in Phoenix, Ariz...Enjoys dancing, track and volleyball...Chose Arizona for head coach Fred Harvey's extensive knowledge of the hurdles

PERSONAL BESTS

100-meter hurdles (HS): 14.49; **300-meter hurdles (HS):** 43.15, **400-meters:** 46.98 (i)



HANNAH MOEN

SOPHOMORE

DISTANCE

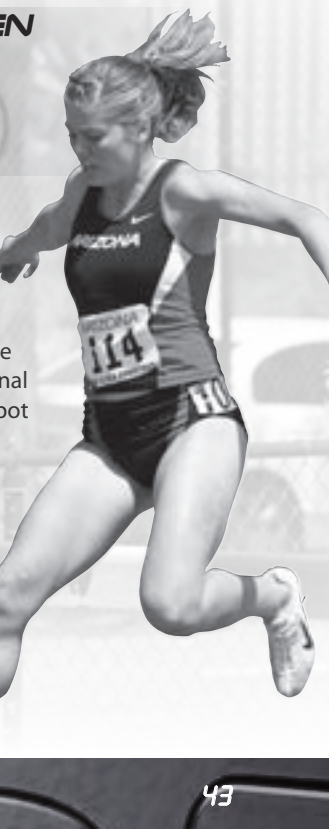
FLAGSTAFF, ARIZ. (COCONINO HIGH SCHOOL)

ARIZONA

2009: Arguably the freshman athlete of

the year for the women's track and field cross country clubs...Moen set a school freshman record in the 3000-meter steeplechase with a time of 10:28.48 at the NCAA West Regional Championships where she finished sixth, one spot out of an automatic qualification for nationals...

Moen bettered the freshman record three times throughout the season...Also earned an NCAA Indoor Championship provisional qualification in the 3000-meters at the Mount Pacific Sports Federation Championships in a time of 9:32.93, finishing ninth...Moen was very consistent in the cross country season as well, consistently finishing as one





WOMEN'S BIOS

of the top-three Arizona athletes across the line...

HIGH SCHOOL

Coconino High School, Flagstaff, Ariz.: Was a six-time state champion during the track and field seasons at Coconino...Swept the 800-, 1600- and 3200-meter runs at the 4A-II level during both her junior and senior seasons...2007 All-City Cross Country Runner of the Year and 2008 All-City Track and Field athlete of the year as chosen by the Arizona Daily Sun...

PERSONAL

Hannah Pearl Moen...Born 11-01-1989 to Michelle and Layne Moen... Brother, Thor, wrestles for Arizona State University...Enjoys the guitar, piano and music...Academic area of interest in nutritional science...

PERSONAL BESTS

3000-meters (i): 9:32.93;**Steeplechase:** 10:28.48



ELIZABETH PATTERSON

NCAA NATIONAL CHAMPION

SENIOR

HIGH JUMP

ROWLETT, TEXAS (NORTH GARLAND HIGH SCHOOL)

ARIZONA

2009: Again was one of Arizona's star field athletes...Was the national runner-up in the high jump both indoors and outdoors...Indoors, she set a new personal best of 1.95m (6-4) at the NCAA Indoor National Championships which was good



enough for the third best jump in Arizona history...

Also set an outdoor personal best of 1.89m...

Earned All-Conference and All-Region honors on the season...**2008:** Arizona's lone individual National Champion on the season, claiming the NCAA outdoor title in the high jump with a winning clearance of 1.86m, defeating favorite Sharon Day of Cal Poly-SLO.....Won the Pacific 10 Conference Championship with her all-time best clearance of 1.88m...Was the champion at the Arizona Jim Click Invitational and runner-up at the NCAA West Region Championships...Placed consistently in the top two or three in the event in nearly every meet during the season...Named a captain for the 2009 season...Competed indoors at the NCAA National Championships...Won the Boise State Blue and Orange Invitational with her height of 1.87m...**2007:** 2007 USATF National Junior High Jump Champion with her mark of 1.75m (5-8 3/4)...One of the top newcomers during her freshman campaign... Earned All-Conference honors with her fourth place finish at the Pac-10 Championships, clearing 1.78m...Also an All-Region athlete, finishing sixth....

HIGH SCHOOL

North Garland High School, Rowlett, Texas: Texas District 11-5A champion in the high jump in 2006...District 12-5A Champion in 2004... Earned 11 varsity letters in track & field (four), basketball (four) and

volleyball (three)...Selected a team captain in 2005 and 2006 and team most valuable athlete in 2006...Holds school record in the high jump (1.75m, 5-9).

PERSONAL

Elizabeth Patterson ... Born 6-9-88 in Dallas, Texas ... Daughter of Shelby and Jeannette Patterson ... Has one brother, Shelby, and three sisters, Christel, Shantel and Tanisha ... Enjoys singing and listening to music in her spare time ... Academic area of interest has not yet been decided.

PERSONAL BESTS

High Jump (i): 1.95m (6-4); **High Jump (outdoors):** 1.89m (6-2)



CHRISTINA RODGERS

NCAA CHAMPIONSHIP COMPETITOR

REDSHIRT JUNIOR

MIDDLE DISTANCE

PHOENIX, ARIZ. (CENTRAL HIGH SCHOOL)

ARIZONA

2009: Redshirt season...**2008:** Had a breakout season as a sophomore, qualifying for nationals in both the indoor and outdoor seasons...Ran the second fastest 800-meter time in Arizona history at the NCAA West Regional Championships of 2:04.90, placing fifth...Earned All-Conference and All-Region honors...Finished fourth at the Arizona State Sun Angel Classic in the 1500-meter run with her personal best time of 4:34.13...Ran the 12th fastest time in the country during the indoor season (2:06.14) where she qualified for the NCAA Indoor National Championships...Joined cross country and highlighted her season where she ran as the sixth women in the team's rotation...Named to USTFCCA All-Academic team...**2007:** Earned All-Conference honors as a freshman with her fifth place finish in the 800-meters at the Pacific-10 meet...Finished fifth at the MPSF Indoor Championships in the 800-meters as well...

HIGH SCHOOL

Central High School, Phoenix, Ariz.: Was the 5A-II Arizona state champion in the 800-meters as a senior...Finished fourth in the 1600-meters at the same meet...Also finished second in the 800-meters at the Arizona Meet of Champions while nearly upsetting the top 800m runner in the state, Kari Hardt...School record holder in the 800-meters, 1600-meters, 4 x 400-meter relay, 4 x 800-meter relay... Competed at the state meet all four years of high school...Student-Athlete of the school in 2006 for Central High School...Named by Varsity Club as student-athlete of the month...

PERSONAL

Christina Mone' Rodgers...Born 4-08-1988 to James and Crystal Rodgers in Phoenix, Ariz...Brothers Cameron, Brandon, and Chris... Chris plays football at Ohio University as the starting left tackle... Hobbies include singing, running and watching movies...Academic area of study is physiology...Is an aunt to Alayzha, Julian, Elijah, Michael, Brandon, Diamond and Brock Rodgers...

PERSONAL BESTS

800-meters: 2:04.90; **1500-meters:** 4:34.13



ASHLEY ROHWEDER

**REDSHIRT FRESHMAN
HURDLES
DENVER, COLO. (EAGLE VALLEY HIGH SCHOOL,
GYPSUM, COLO.)**

ARIZONA

2009: Redshirt season
HIGH SCHOOL

Eagle Valley High School, Gypsum, Colo.:

2007 Colorado 4A State Champion in the 300-meter hurdles...First track and field athlete for her school to win a title in the region... Five-time regional champion (medley relay, 300-meter hurdles and 4 x 400-meter relay)...12-time regional top-three finisher (100-meters, 200-meters, 300-meter hurdles, 4 x 400-meter relay and medley relay)...Earned All-State honors four times...Holds the school record for the 300-meter hurdles with her best time of 44.11...Also a member of the school record holding 4 x 100-meter relay team...First-team All-State in 2007...Awarded Pete Nolan Award for best senior female athlete in 2008...Member of the Future Business Leader's of America, drama, Link Crew, Hugh O'Brian Youth Leadership Program representative, and a three-year youth leader for the First Lutheran Church...

PERSONAL

Ashley Lauren Rohweder...Born 4-04-1990 to Randall and Marsha Rohweder in Denver, Colo...Enjoys singing, running, dancing, volleyball, sleeping, eating, and being with friends...Came to UA for the Eller business program, and to participate in track because of the coaches' knowledge and well-oriented training program....Area of study is Business.

PERSONAL BESTS

300-meter hurdles (HS): 44.11



LAUREN SMITH

**FRESHMAN
DISTANCE
CLUTE, TEXAS (BRAZOSWOOD HIGH SCHOOL)**

ARIZONA

2009 Cross Country – Arguably the team's number two runner before going down with injury just before the NCAA West Regional

Championships... Expects to continue her high level of competition during the track and field season...

HIGH SCHOOL

Brazoswood High School, Clute, Texas: Was a school MVP all four years of her high school campaign...Was the 2007 State 5A Cross Country Champion...A two-time Footlocker Finalist (2007-2008)... Three-time state cross country medalist...Finished third in the 3200-meters twice at the Texas State Meet...Holds the school records in the 1600-, 3200-, 2 mile (XC) and 5000-meters...Was the Houston Chronicle's Cross Country Runner of the Year in 2006 and 2007...Holds the United States Age 15 record in the half-marathon with a time of 1 hour and 21 minutes.

PERSONAL

Lauren Elizabeth Smith...Born March 3, 1991 to Susan and David Smith in Lake Jackson, Texas...Enjoys running, biking, skating and kneeboarding...Also plays soccer, basketball, softball, tennis and and competed in gymnastics and cheerleading...Came to Arizona for the coaches and weather.

PERSONAL BESTS

5k: 17:27; **3200-meters:** 10:43; **1600-meters:** 5:01



DEANNA SULLIVAN

**ALL-REGION
REDSHIRT JUNIOR
SPRINTS
ALBERTA, CANADA (ST. ALBERT CATHOLIC HIGH SCHOOL)**

ARIZONA

2009: Finished second at the Jim Click Shootout... Finished second at the 2009 Willie

Williams Classic in a time of 56.35... **2008:** One of the top 400-meter runners in the conference during the 2008 season...Ran her personal best 54.15 400-meter dash at the Arizona Jim Click Invitational, where she took third...Earned All-Region honors after qualifying for the final in the NCAA West Regional Championships...Also earned All-Conference honors during the season...Also qualified for the regional meet in the 4 x 400-meter relay...**2007:** Redshirt her freshman season...

HIGH SCHOOL

St. Albert Catholic School, St. Albert, Alberta: Four-year letter-winner in track & field... 2005 National Champion in the 400-meters... Member of the 2005 Canadian National Team... 400-meter High School Provincial Record Holder... 2004, 2005, 2006 Track & Field Athlete of the Year... Canadian Aboriginal Athlete of the Year... Placed 11th at the 2005 IAAF World Youth Championships in Morocco in the 400 meters...

PERSONAL

Deanna Rose Sullivan ... Born 6-23-88 in St. Albert, Alberta ... Daughter of Patrick Sullivan and Doreen Spence ... Has one brother, Tyler ... Wishes to pursue a degree in anthropology with a minor in journalism.

PERSONAL BESTS

200-meters: 24.64; **400-meter:** 54.15





OTHER ATHLETES TO WATCH



CHRIS BET
JUMPS
FRESHMAN
SAN MATEO, CALIF./JUNIPERO SERRA HIGH SCHOOL



JAMES COFFIN
POLE VAULT
JUNIOR
TUCSON, ARIZ./CANYON DEL ORO HIGH SCHOOL



JULIAN GERDES
SPRINTS
FRESHMAN
PHOENIX, ARIZ./CESAR CHAVEZ HIGH SCHOOL



ROB GIRE
THROWS
RS JUNIOR
PLEASANTON, CALIF./CHABOT COMMUNITY COLLEGE



DELOYD GRAY
HURDLES
SENIOR
SACRAMENTO, CALIF./LAGUNA CREEK HIGH SCHOOL



ZACHARY HAUER
DISTANCE
JUNIOR
DENVER, COLO./CHAPARRAL HIGH SCHOOL



KEVIN JANI
MIDDLE DISTANCE
FRESHMAN
BRANHAM HIGH SCHOOL



RORY MCLEOD
DISTANCE
FRESHMAN
SANTA ROSA, CALIF./SANTA ROSA HIGH SCHOOL



CHRIS MCGOVERN
MULTI-EVENTS
JUNIOR
FARMINGTON, N.M./FARMINGTON HIGH SCHOOL



MICHAEL NESS
SPRINTS/HURDLES
SOPHOMORE
TUCSON, ARIZ./MARANA HIGH SCHOOL



DUTCH PERRYMAN
POLE VAULT
RS SENIOR
PHOENIX, ARIZ./DESERT VISTA HIGH SCHOOL



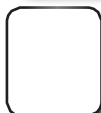
NOE RAMIREZ
DISTANCE
FRESHMAN
MURRIETA, CALIF./VISTA MURRIETA HIGH SCHOOL



ARMAND RHONE
SPRINTS
SOPHOMORE
CHICAGO, ILL./DE LA SALLE INSTITUTE



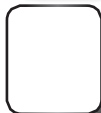
GREG YORK
DISTANCE
SOPHOMORE
HOUSTON, TEXAS/STRAKE JESUIT COLLEGE PREP



FABIAN ZAZUETA
MULTI-EVENTS
FRESHMAN
TUCSON, ARIZ./MARANA HIGH SCHOOL



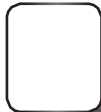
CHLOE ALLEN
DISTANCE
FRESHMAN
FRESHMANESNO, CALIF./CLOVIS WEST HIGH SCHOOL



AMANDA BECKHAM
DISTANCE
SOPHOMORE
TUCSON, ARIZ./CATALINA MAGNET HIGH SCHOOL



SAMANTHA BERRYMAN
POLE VAULT/MULTI-EVENTS
SOPHOMORE
LAKE OSWEGO, ORE./LAKERIDGE HIGH SCHOOL



TERA BESANCON
JUMPS
FRESHMAN
HEALDSBURG, CALIF./HEALDSBURG HIGH SCHOOL



TAYLOR BUSH
SPRINTS
RS SOPHOMORE
SANTA CLARA, CALIF./ARCHBISHOP MITTY HIGH SCHOOL



ARIEL COLEMAN
HURDLES
SOPHOMORE
ROCKWALL, TEXAS/ROCKWALL HIGH SCHOOL



ASIA EASLEY
THROWS
FRESHMAN
GLENDALE, ARIZ./APOLLO HIGH SCHOOL



ALYSSA GRAZIANO
DISTANCE
FRESHMAN
EAST MEADOW, NEW YORK/EAST MEADOW HIGH SCHOOL



CHARLENE HARBER
JUMPS
FRESHMAN
PORTLAND, ORE./ASTORIA HIGH SCHOOL



COURTNEY HAYES
JUMPS
RS SOPHOMORE
CHANDLER, ARIZ./DOBSOPHOMOREN HIGH SCHOOL



KAT HOWARD
DISTANCE
FRESHMAN
TUCSON, ARIZ./IRONWOOD RIDGE HIGH SCHOOL



KELSEY JESSUP
THROWS
SENIOR
TUCSON, ARIZ./FLOWING WELLS HIGH SCHOOL



JULIE LABONTE
THROWS
FRESHMAN
STE-JUSTINE, QUEBEC



MAGDA MANKEL
DISTANCE
FRESHMAN
TUCSON, ARIZ./CATALINA MAGNET HIGH SCHOOL



MELANIE MCGRATH
DISTANCE
FRESHMAN
TUCSON, ARIZ./CATALINA HIGH SCHOOL



MEGAN MEYER
DISTANCE
FRESHMAN
MISSION VIEJO, CALIF./TERO HIGH SCHOOL



ALEXANDRIA MYERS
DISTANCE
FRESHMAN
FLAGSTAFF, ARIZ./SINAGUA HIGH SCHOOL



JORDAN RONSTADT
HURDLES
SOPHOMORE
TUCSON, ARIZ./CANYON DEL ORO HIGH SCHOOL



SARA SANCHEZ
DISTANCE
SOPHOMORE
ROSELLE, IND./LAKE PARK HIGH SCHOOL, ROSELLE, ILL.



JULIE STUPP
SENIOR
DISTANCE
ST. LOUIS, MO./ST. LOUIS COUNTRY DAY HIGH SCHOOL



OMOTAYO TALABI
THROWS
FRESHMAN
CHANDLER, ARIZ./CHANDLER HIGH SCHOOL



LEANDRA TREUSCH
DISTANCE
RS-SENIOR
TUCSON, ARIZ./PIMA COMMUNITY HIGH SCHOOL



KENDRA WALWORTH
THROWS
RS SENIOR
TUCSON, ARIZ./CATALINA FOOTHILLS HIGH SCHOOL



ALEXIS WEATHERLY
JUMPS
FRESHMAN
PHOENIX, ARIZ./DESERT VISTA HIGH SCHOOL



MEN'S CROSS COUNTRY ROSTER

NAME	YEAR	HOMETOWN	LAST SCHOOL
Michael Armon	JR	Coeur d'Alene, Idaho	Coeur d'Alene H.S
James Eichberger	SO	Green Brae, Calif.	Catalina Magnet High School
Dylan Fitzpatrick	RS SR	Carmel Valley, CA	Carmel High School
Abdi Hassan	RS SO	Mogadishu, Somalia	Nathan Hale, H.S
Zach Hauer	JR	Parker, Colo	Chaparral H.S
Mohamud Ige	JR	Mogadishu, Somalia	Central Arizona Community College
Brian MacArthur	SR	Great Neck, N.Y	Great Neck High School
Jordan Mara	JR	South Surrey, B.C., Canada	White Rock Christian Academy
Rory McLeod	FR	Santa Rosa, Calif.	Santa Rosa High School
Noe Ramirez	FR	Murrieta, Calif	Vista Murrieta High School
Greg York	SO	Houston, Texas	Strake Jesuit College Preparatory
Victor Zazueta	JR	Tucson, Ariz.	Desert View H.S

WOMEN'S CROSS COUNTRY ROSTER

NAME	YEAR	HOMETOWN	LAST SCHOOL
Chloe Allen	FR	Fresno, Calif.	Clovis West High School
Elizabeth Apgar	FR	San Diego, Calif.	Abraham Lincoln High School
Amanda Beckham	SO	Tucson, Ariz.	Catalina Magnet High School
Jennifer Bergman	FR	San Jose, Calif.	Valley Christian High School
Maggie Callahan	JR	Fairbanks, Alaska	West Valley H.S
Alyssa Graziano	FR	East Meadow, New York	East Meadow High School
Hanna Henson	SO	Tucson, Ariz.	Rio Rico High School, Rio Rico, Ariz.
Kat Howard	FR	Tucson, Ariz.	Ironwood Ridge High School
Cami Jackson	FR	Mesa, Ariz.	Mountain View High School
Magda Mankel	FR	Tucson, Ariz.	Catalina Magnet High School
Melanie McGrath	FR	Tucson, Ariz.	Catalina Magnet High School
Megan Meyer	FR	Mission Viejo, Calif.	Tesoro High School
Hannah Moen	SO	Flagstaff, Ariz.	Coconino High School, Flagstaff, Ariz.
Alexandra Myers	FR	Flagstaff, Ariz.	Sinagua High School
Christina Rodgers	RS JR	Phoenix, Ariz.	Central High School, Phoenix, Ariz.
Sara Sanchez	SO	Roselle, Ill.	Lake Park High School, Roselle, Ill.
Lauren Smith	FR	Lake Jackson, Texas	Brazoswood, Texas (Clute, Texas)

2009 SEASON HIGHLIGHTS

MEN

- Mohamud Ige (Sr.) earned the first All-American award of his career at the 2009 NCAA Cross Country Championships in Terre Haute, Ind.
- Ige also earned All-Region honors by taking ninth place at the West Regional Championships in Eugene, Ore.
- Ige led the men's team to a second place finish at the annual Dave Murray Invitational in Tucson to kick off the season for the Wildcats.

WOMEN

- First national ranking for the women since 2001, peaking at No. 17
- Also the first time since 2001 that the entire women's team qualified for the NCAA National Championships. The women finished 30th overall in the nation.

- Most impressive was that the team returned only three athletes from last years squad, the eldest being junior Maggie Callahan
- Upset several ranked programs at the NCAA Pre-National Meet in Terre Haute, Ind. The team posted the 13th best overall time at a meet that featured 18 of the top-30 teams in the nation at the time – of which the Wildcats were not one of.
- Posted a fifth place finish at the NCAA West Regional Championships, it's best finish in several years.
- Callahan earned All-Conference and All-Region honors as the leader for the Wildcats
- Five freshmen women scored points for the Wildcats over the course of the season, showing the strength of the youth on the squad.



CROSS COUNTRY

NCAA CHAMPIONSHIP HISTORY

Year	Finish	Top Individual Finisher
1972	20th	Ken Gerry (55th)
1973	-	Ed Mendoza (15th)
1974	-	Ed Mendoza (9th)
1975	-	Terry Cotton (18th)
1976	7th	Thom Hunt (15th)
1977	9th	Thom Hunt (8th)
1978	7th	Thom Hunt (3rd)
1979	-	Thom Hunt (5th)
1980	22nd	Don Janicki (35th)
1981	7th	Harrison Koroso (25th)
1982	11th	Chris Dugan (51st)
1983	14th	Tom Ansberry (13th)
1984	2nd	Tom Ansberry (5th)
1985	4th	Matt Guisto (23rd)
1986	6th	Aaron Ramirez (1st)
1987	6th	Matt Guisto (20th)
1990	21st	Brian Grosso (26th)
1991	T-4th	Martin Keino (4th)
1992	18th	Jaime Galiando (49th)
1994	3rd	Marin Keino (1st)
1995	-	Bob Keino (11th)
1996	-	Jon Pillow (97th)
1997	-	Abdi Abdirahman (7th)
1998	16th	Abdi Abdirahman (2nd)
1999	10th	David Lopez (55th)
2000	12th	David Lopez (70th)
2001	21st	Mike Cramer (49th)
2004	-	Robert Cheseret (9th)
2005	10th	Robert Cheseret (10th)
2006	21st	Robert Cheseret (10th)
2009	-	Mohamud Ige (38 th)

PAC-10 CHAMPIONSHIP HISTORY

Year	Finish	Top Individual Finisher
1979	4th	Thom Hunt (3rd)
1980	2nd	Dirk Lakeman (6th)
1981	2nd	Don Janicki (5th)
1982	3rd	Tom Ansberry (7th)
1983	1st	Tom Ansberry (1st)
1984	1st	Tom Ansberry (1st)
1985	4th	Andre Woods (13th)
1986	1st	Aaron Ramirez (1st)
1987	1st	Matt Guisto (1st)
1988	5th	Tim Swindard (18th)
1989	3rd	Marc Davis (1st)
1990	2nd	Marc Davis (1st)
1991	1st	Martin Keino (2nd)
1992	2nd	Martin Keino (2nd)
1993	7th	Brad Meyer (18th)
1994	1st	Martin Keino (1st)
1995	3rd	Bob Keino (2nd)
1996	6th	Jon Pillow (17th)
1997	5th	Abdi Abdirahman (7th)
1998	3rd	Abdi Abdirahman (1st)
1999	1st	Michel Jones (2nd)
2000	3rd	Tom Prindiville (5th)
2001	4th	Kyle Goklish (10th)
2002	7th	Mark Anderson (14th)
2003	4th	Robert Cheseret (3rd)
2004	6th	Robert Cheseret (1st)
2005	2nd	Robert Cheseret (1st)
2006	3rd	Robert Cheseret (2nd)
2007	8th	Dylan Fitzpatrick (50th)
2008	7th	Mohamud Ige (26th)
2009	8 th	Mohamud Ige (20 th)

Note: 1958 was the first year that cross country was recognized as a varsity sport at Arizona. Prior to joining the Pac-10 in 1978, UA competed in the Western Athletic Conference from 1962-77.

ARIZONA ALL-AMERICANS

Name	Years
Abdi Abdirahman	1997, '98
Tom Ansberry	1983, '84
Jeff Cannada	1984
Robert Cheseret	2004, '05, '06
Terry Cotton	1975, '76
Matt Guisto	1985, '86, '87
Brian Grosso	1990
Thom Hunt	1976, '77, '78, '79
Mohamud Ige	2009
Don Janicki	1980, '81
Bob Keino	1995
Martin Keino	1991, '94
Harrison Koroso	1981
Dirk Lakeman	1978
Ed Mendoza	1973, '74
Aaron Ramirez	1986
David Shoots	1977
Andre Woods	1985

NCAA CHAMPIONSHIP HISTORY

Year	Finish	Top Individual Finisher
1976	-	Sue Mortenson (105th)
1977	-	Joy Hansen (78th)
1978	-	Joan Hansen (33rd)
1979	5th	Joan Hansen (14th)*
1980	2nd	Joan Hansen (3rd)
1981	8th	Joan Hansen (6th)
1986	-	Clare Feit (49th)
1988	-	Bridget Smyth (20th)
1989	-	Bridget Smyth (47th)

1990	-	Bridget Smyth (47th)
1991	11th	Rachel Brennan (66th)
1992	14th	Jean Harvey (24th)
1993	12th	Brenda Sleeuwenhoek (20th)
1994	10th	Suzanne Castruita (7th)
1995	6th	Amy Skieresz (2nd)
1996	6th	Amy Skieresz (1st)
1997	-	Amy Skieresz (2nd)
1998	11th	Amy Skieresz (2nd)
1999	27th	Tara Chaplin (33rd)
2000	19th	Tara Chaplin (45th)
2001	4th	Tara Chaplin (1st)
2009	30th	Jennifer Bergman (138)

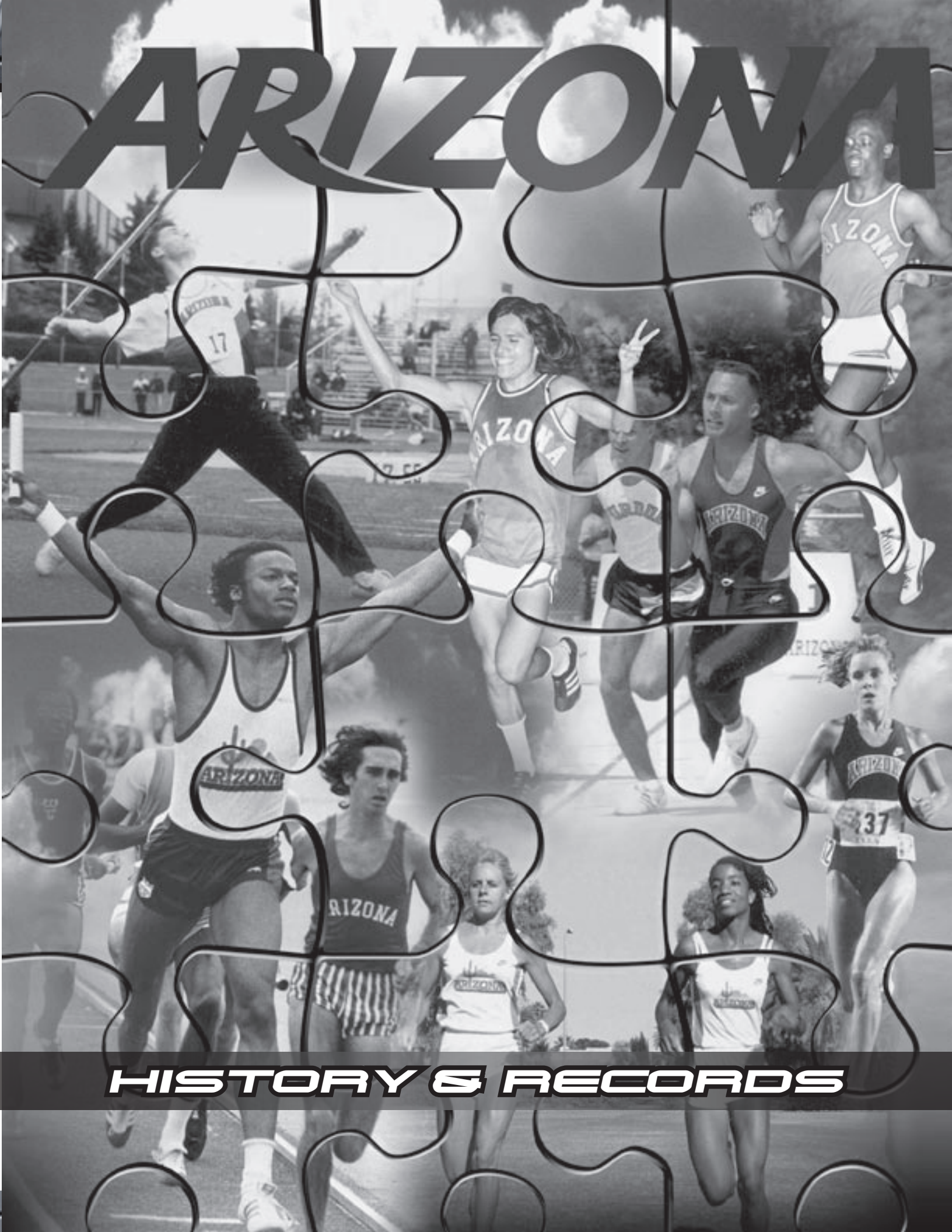
PAC-10 CHAMPIONSHIP HISTORY

Year	Finish	Top Individual Finisher
1986	5th	Camilla Harron (4th)
1987	8th	Camilla Harron (8th)
1988	5th	Bridget Smyth (7th)
1989	5th	Bridget Smyth (3rd)
1990	3rd	Bridget Smyth (5th)
1991	2nd	Ronda Mikeworth (5th)
1992	3rd	Katie Williams (6th)
1993	2nd	Brenda Sleeuwenhoek (2nd)
1994	2nd	Suzanne Castruita (3rd)
1995	2nd	Amy Skieresz (1st)
1996	3rd	Amy Skieresz (1st)
1997	4th	Amy Skieresz (1st)
1998	3rd	Amy Skieresz (1st)
1999	5th	Tara Chaplin (7th)
2000	3rd	Tara Chaplin (1st)
2001	2nd	Tara Chaplin (3rd)
2002	9th	Adrienne Goeller (50th)
2003	6th	Beth Hoge (28th)
2004	6th	Beth Hoge (18th)
2005	9th	Emily McGregor (33rd)
2006	7th	Marissa Urban (17th)
2007	6th	Irine Lagat (19th)
2008	7th	Irine Lagat (20th)
2009	6 th	Maggie Callahan (14 th)

ALL-AMERICANS

Name	Year
Abdi Abdirahman	1997, '98
Tom Ansberry	1983, '84
Jeff Cannada	1984
Robert Cheseret	2004, '05, '06
Terry Cotton	1975, '76
Matt Guisto	1985, '86, '87
Brian Grosso	1990
Thom Hunt	1976, '77, '78, '79
Mohamud Ige	2009
Don Janicki	1980, '81
Bob Keino	1995
Martin Keino	1991, '94
Harrison Koroso	1981
Dirk Lakeman	1978
Ed Mendoza	1973, '74
Aaron Ramirez	1986
David Shoots	1977
Andre Woods	1985
Suzanne Castruita	1994
Tara Chaplin	1999, '01
Ann Colonna	1995
Joan Hansen	1979, '80, '81
Joy Hansen	1979
Jean Harvey	1992
Marjorie Kaput	1980, '81
Amy Skieresz	1995, '96, '97, '98
Brenda Sleeuwenhoek	1993
Bridget Smyth	1988





ARIZONA

HISTORY & RECORDS



ROY P. DRACHMAN STADIUM



The 2009 season will mark the 29th year that the University of Arizona track and field program has called Roy P. Drachman Stadium home. In 1981, the Wildcats moved from Arizona Stadium to the location at 15th Street and Plummer Avenue. The facility first took the name of Rincon Vista Stadium. However, several years ago, thanks to generous donations that allowed the facility to be upgraded, the Arizona Athletics Department renamed the Wildcats' home the Roy P. Drachman Track and Field Stadium.

Considered one of the fastest and most functionally designed complexes in the country, the stadium has played host to several outstanding track and field meets. The list includes the 2003, 1995 and 1985 Pac-10 Championships, the 1987 TAC Junior and Intermediate Championships, the 1983 WCAA Championships and the annual Arizona Jim Click Invitational and Willie Williams Classic, as well as several other events throughout the year.

The stadium was completely overhauled during the fall of 2006 and is now a state-of-the-art facility with a nine-lane Tartan track and the latest design in field event competition areas. The high jump apron has been expanded and all the runways were resurfaced with a Tartan surface. The entire facility is now hard-wired with a flawless Hy-Tek electronic timing system which produces accurate electronic times.

In 1989, a computerized scoreboard was installed at the southeast corner of the track. Its

features include a timing clock, message board and capabilities to generate updated team and individual results.

The seating capacity of Drachman Stadium is more than 5,000. The largest crowd to attend an event at the complex was a standing room only crowd estimated at more than 6,000 people at the 1988 Tucson Elite Classic.

ROY P. DRACHMAN STADIUM RECORDS

Women

100m	11.32	Virginia Powell	USC	5-15-04
200m	22.89	Monique Henderson	UCLA	5-15-04
400m	51.02	Natashia Hastings	South Carolina	3-24-07
800m	2:02.90	Aimee Teteris	Canada	5-20-06
1,500m	4:18.04	Angela Chalmers	Northern Arizona	4-18-87
Mile	4:56.34	Amy Skieresz	Arizona	2-01-97
3,000m	9:11.72	Kathy Butler	Asics	3-13-99
5,000m	15:53.47	Alison Wiley	Stanford	3-26-83
10,000m	34:11.90	Carey May	Brigham Young	3-26-83
3,000m Steeple	10:14.70	Ida Nilsson	Northern Arizona	5-04-02
100m Hurdles	12.79	Sheena Johnson	UCLA	5-15-04
400m Hurdles	54.32	Sheena Johnson	UCLA	5-15-04
High Jump	1.98m (6'6) #	Amy Acuff	UCLA	5-19-95
Pole Vault	4.41m (14'5½)	April Steiner	SKY	5-22-04
Long Jump	6.55m (22'7)	Elva Goulbourne	Central Arizona	3-18-00
Triple Jump	14.20 (46'7 ¼)	Yulianna Perez	Pima CC	6-01-02
Shot Put	18.99m (62'2) #	Meg Ritchie	Arizona	5-08-83
Discus	64.46m (211'6)	Meg Ritchie	Arizona	4-11-81
Hammer	69.95m (229'6)	Erin Gilreath	NYAC	5-20-04
Javelin (Old)	61.02 (200'2)	Laverne Eve	Bahamas	6-10-89
Javelin (New)	58.68 (192'6)	Kim Kreiner	NIKE	5-22-04
Heptathlon	5,940	July Livermore-Simpson	Great Britain	3-24-84
4x100m	43.43	Roseby-Johnson-Harper-Henderson	UCLA	5-15-04
4x400m	3:31.28	T. Akinremi-Gayle-Morgan-L. Akinremi	Arizona State	5-20-95

Men

100m	10.08	Ato Bolton	UCLA	5-20-95
200m	20.08	Ato Bolton	UCLA	5-20-95
400m	44.58	Lewis Banda	ASU	5-15-04
800m	1:47.01	Patrick Nduwimana	Arizona	5-09-98
1,500m	3:39.15	Adam Goucher	Fila	3-20-99
Mile	4:06.70	Matt Guisto	Arizona	12-07-86
3,000m	8:04.70	Matt Guisto	Arizona	12-05-97
5,000m	13:56.72	Ryan Wilson	Arkansas	3-15-96
10,000m	29:37.72	Peter Koech	Washington St	5-17-85
Steeplechase	8:47.69	Aaron Aguayo	ASU	5-14-04
110m Hurdles	13.62	Eric Mitchum	Oregon	5-14-04
400m Hurdles	48.38	Edwin Moses	Team Adidas	6-11-88
High Jump	2.26m (7'5)	James Frazier	Unattached	5-09-81
Pole Vault	5.66m (18'6)	Ryan Barkdull	Reebok	4-17-99
Long Jump	8.13m (26'8)	Percy Knox	Vector International	5-6-95
Triple Jump	16.76m (55'0)	Ken Williams	California	5-18-85
Shot Put	21.76m (71'4)	John Godina	UCLA	5-19-95
Discus	68.94m (226'2)	Anthony Washington	US West TC	5-08-99
Hammer	81.94m (268'10) #	Balasz Kiss	USC	5-19-96
Javelin	83.84m (275'1)	Ronald Bradstock	Great Britain	5-02-87
Decathlon	8,463 #	Tom Pappas	Tennessee	3-17/18-99
4x100m Relay	38.97	Koehnemann-Amoo-Peterson-Banda	ASU	5-15-04
4x400m Relay	3:01.26	Fitch-Amoo-Peterson-Barton	ASU	4-15-04

Collegiate Record

MEN'S SCHOOL RECORDS

OUTDOORS

Event	Mark	Name	Site	Date
100m	10.17	Michael Bates	Sheffield, England	7-21-91
200m	20.27	Wardell Gilbreath	Tucson, Ariz.	5-1-76
400m	45.31	Bobby McCoy	Tempe, Ariz.	5-17-08
600m	1:16.56	Patrick Nduwimana	Tucson Ariz.	12-12-98
800m	1:44.06	Patrick Nduwimana	Brussels, Belgium	8-25-00
1000m	2:16.98	Patrick Nduwimana	Stockholm, Sweden	8-1-00
1500m	3:39.1	John Quade	Westwood, Calif.	8-6-89
Mile	3:54.6	John Quade	Westwood, Calif.	8-6-89
3000m	7:57.5	Thom Hunt	Oslo, Norway	7-5-79
Steeplechase	8:26.26	Thom Hunt	Philadelphia, Pa.	4-26-80
Two Miles	8:37.4	Thom Hunt	Oslo, Norway	7-17-79
5,000m	13:13.23	Robert Cheseret	Oslo, Norway	7-17-05
10,000m	28:06.65	Abdi Abdirahman	Stanford, Calif.	5-7-99
Marathon	2:14:13	Ed Mendoza	Phoenix, Ariz.	12-20-75
110m Hurdles	13.47	John Johnson	Eugene, Ore.	5-31-84
400m Hurdles	50.11	Jeff Hunter	Tempe, Ariz.	4-30-05
High Jump	7-6/2.29	James Frazier	Tucson, Ariz.	5-10-80
Pole Vault	18-6 1/2/5.65	Dominic Johnson	Des Moines, Iowa	4-25-98
Long Jump	26-11 1/4/8.21	Vance Johnson	Provo, Utah	6-4-82
Triple Jump	52-9 1/2/16.09	Phil Anderson	Tempe, Ariz.	4-21-84
Shot Put	69-0 /21.03	Zack Lloyd	Tempe, Ariz.	5-17-08
Discus	209-7/63.89	Adam Kuehl	Mesa, Ariz.	4-15-06
Hammer	230-3/70.18	David Loshonkohl	Boise, Idaho	6-1-94
Javelin (New)	268-8/81.86	Esko Mikkola	Amherst, N.Y.	6-3-98
Javelin (Old)	284-0/86.56	John Tushaus	Los Angeles, Calif.	5-13-66
Decathlon	8215	Jake Arnold	Sacramento, Calif.	6-6/7-07

INDOORS

Event	Mark	Name	Site	Date
50y	5.40	Elijah Jefferson	San Diego, Calif.	2-18-77
50m	5.83	Marc Olivier	Los Angeles, Calif.	1-19-90
55m	6.24 M	Michael Bates	Flagstaff, Ariz.	2-24-90
		James Bullock	Flagstaff, Ariz.	2-24-90
		Marc Olivier	Flagstaff, Ariz.	1-27-90
60m	6.70	Troy Harris	Albuquerque, N.M.	2-9-07
200m	20.99	Mike Kenyon	Flagstaff, Ariz.	2-22-02
300y	30.60	Dwayne Strozier	Flagstaff, Ariz.	1976
400m	46.04	Mike Kenyon	Flagstaff, Ariz.	2-23-02
600y	1:11.4	Paul Lewis	Salt Lake City, Utah	1973
800m	1:45.33	Patrick Nduwimana	Fayetteville, Ark.	3-10-01
1000y	2:12.0	John Bradford	Albuquerque, N.M.	1975
		Brent Tubb	Albuquerque, N.M.	3-1-74
Mile Run	3:57.3	John Quade	South Bend, Ind.	2-6-88
3000m	7:50.40	Robert Cheseret	Seattle, Wash.	1-28-06
Two Miles	8:31.85	Marc Davis	Los Angeles, Calif.	1-18-91
5000m	13:44.51	Robert Cheseret	Fayetteville, Ark.	3-12-05
55m Hurdles	7.10	Dale Frederick	Albuquerque, N.M.	1967
60m Hurdles	7.77	Jeff Hunter	Seattle, Wash.	3-4-06
High Jump	7-4 3/4/2.25	James Frazier	New York City, N.Y.	1979
Pole Vault	18-2 1/2/5.55	Jeff Dutoit	Indianapolis, Ind.	3-6-99
		Dominic Johnson	Indianapolis, Ind.	3-13-98
Long Jump	25-9 1/2 /7.86	Percy Knox	Flagstaff, Ariz.	2-20-88
Triple Jump	52-4 1/2/15.96	Phil Anderson	Albuquerque, N.M.	4-4-84
Shot Put	65-2 /19.87	Sean Shields	Seattle, Ariz.	2-25-06
35 Lb Weight	68-10/20.98*	David Loshonkohl	Tucson, Ariz.	1-28-95
Heptathlon	5909	Jake Arnold	Fayetteville, Ark.	3-9/10-07

* NCAA Indoor Record

INDOORS RELAYS

Event	Mark	Name	Site	Date
4x400m Relay	3:06.50	Matt Lea 46.9/Mike Kenyon 45.9/Jules Doumbya 47.5/Patrick Nduwimna 46.2	Fayetteville, Ark.	3-10-01
4x800m Relay	7:47.13	Mike Parker/Jeff Bovee/Mark Senior/Gary Cobb	Flagstaff, Ariz.	1-27-90
Distance Medley	9:34.27	Robert Cheseret/Tim Ramirez/Jevon Mason/Jin Daikoku	Seattle, Wash.	3-6-04

OUTDOORS RELAYS

Event	Mark	Name	Site	Date
4x100m Relay	38.89	Marc Olivier/Percy Knox/Michael Bates/James Bullock	Durham, N.C.	6-1-90
4x200m Relay	1:21.10	Lucius Miller/Vance Johnson/John Johnson/Rod Barksdale	Austin, Texas	4-7-84
4x400m Relay	3:05.81	Hope Ezeigbo 47.3/Felix Imadiyi 46.2/Randy Redditt 46.4/Rod Barksdale 45.6	Baton Rouge, La.	6-5-81
Sprint Medley	3:17.44	Ray Brown/Shawn Johnson/Mike Davidson/Doug Herron	Austin, Texas	4-8-88
4x800m Relay	7:16.86	Mike Davidson 1:50.4/John Quade 1:49.7/Roderick Clarke 1:49.7/Doug Herron 1:47.1	Des Moines, Iowa	4-29-88
Dist. Medley	9:30.86	John Quade 2:56/Mike Davidson 46.4/Doug Herron 1:47.4/Matt Giusto 3:58.1	Des Moines, Iowa	4-30-88
4x1500m Relay	15:12.4	Paul Becklund 3:47.5/David Shoots 3:49.4/Dirk Lakeman 3:51.1/Thom Hunt 3:44.4	Philadelphia, Pa.	4-26-79
4x1600m Relay	16:19.81	Dave Dobler 4:08.8/Andre Woods 4:04.0/Tom Ansberry 4:00.5/Bob Ingram 4:06.6	Austin, Texas	4-7-84





FRESHMEN OUTDOOR RECORDS

MEN					WOMEN				
Event	Mark	Name	Site	Year	Event	Mark	Name	Site	Year
100m	10.23	Michael Bates	Durham, N.C./ Tucson, Ariz.	1990	100m	11.66 11.54w	Brianna Glenn	Tucson, Ariz. Austin, Texas	1999 1999
200m	20.43	Dwayne Strozier	Tempe, Ariz.	1976	200m	23.82	Angel Perkins	Stanford, Calif.	2003
400m	46.44	Rod Barksdale	Tucson, Ariz.	1981	400m	52.06	Angel Perkins	Stanford, Calif.	2003
800m	1:47.00	Doug Herron	Westwood, Calif.	1986	800m	2:06.02	Janis Vetter	Stanford, Calif.	1984
1500m	3:45.11	John Quade	Los Angeles, Calif.	1986	1500m	4:22.99	Mackenzie Edwards	Eugene, Ore.	2006
Mile	4:03.5	Dirk Lakeman	Tempe, Ariz.	1978	3,000m	9:21.86	Amy Skieresz	Tucson, Ariz.	1996
Steeplechase	8:47.7	Jeff Hess	San Diego, Calif.	1980	5,000m	15:45.59	Amy Skieresz	Walnut, Calif.	1996
5000m	13:45.88	Robert Cheseret	Walnut, Calif.	2003	10,000m	34:35.11	Tara Chaplin	Walnut, Calif.	1999
10,000m	29:29.57	Tom Ansberry	Eugene, Ore.	1982	100m Hurdles	13.57	Maryse Ewanje-Epée	Joinville, France	1985
110m Hurdles	13.73	Frank Barnett	Westwood, Calif.	1986	400m Hurdles	57.24	Robin Marks	San Diego, Calif.	1981
400m Hurdles	50.94	Jeff Hunter	Pullman, Wash.	2002	High Jump	6-5/1.96	Maryse Ewanje-Epée	Colombes, France	1985
High Jump	7-3/2.21	Maurice Crumby	Berkeley, Calif.	1984	Pole Vault	13-9 3/4/4.21	Amy Linnen	Richmond, Va.	2001
Pole Vault	17-8 1/2/5.40	Jussi Autio	Tampere, Finland	1996	Long Jump	20-5 1/2/6.26	Maryse Ewanje-Epée	Colombes, France	1985
Long Jump	26-11 1/4/8.21	Vance Johnson	Provo, Utah	1983	Triple Jump	40-11/12.47	Brianna Glenn	Tucson, Ariz.	1999
Triple Jump	50-11 1/2/15.53	Mark Triplett	Tucson, Ariz.	1986	Shot Put	55-7 3/4/16.96	Carla Garrett	Austin, Texas	1985
Shot Put	62-10 1/2/19.11	Sean Shields	Baton Rouge, La.	2002	Javelin (New '99)	144-1/43.93	Leigh Bernstein	Mesa, Ariz.	2007
Shot Put (6kg)	67-9/20.65	Sean Shields	Nassau, Bahamas	2002	Javelin (Old)	171-10/52.38	Martha Hart	Provo, Utah	1982
Discus	193-0/58.84	Sean Shields	Salinas, Calif.	2002	Discus	216-7/66.02	Meg Ritchie	Gateshead, U.K.	1980
Discus (1.75kg)	197-8/60.25	Sean Shields	Stanford, Calif.	2002	Hammer	194-4/59.23	Maureen Griffin	Eugene, Ore.	1999
Javelin	226-2/68.94	Christian Banken	Tucson, Ariz.	1998	Heptathlon	5,867	Maryse Ewanje-Epée	Athis Mons, France	1985
Hammer	229-1/69.82	Tapio Kolunsarka	Walnut, Calif.	1996					
Decathlon	7,381	Matt Dallow	Eugene, Ore.	1992					



OUTDOORS

Event	Mark	Name	Site	Date
100m	11.33	Brianna Glenn	Durham, N.C.	6-2-00
11.15w		Brianna Glenn	Eugene, Ore.	6-22-01
200m	22.91	Brianna Glenn	Pullman, Wash.	5-19-02
400m	51.56	Ruth Waithera-Nganga	Los Angeles, Calif.	8-6-84
600m	1:29.28	Shanna Griffin	Tucson Ariz.	5-16-99
800m	2:03.79	Karen Bennett	Pullman, Wash.	5-21-94
1500m	4:12.09	Joan Hansen	Eugene, Ore.	6-6-81
Mile	4:32.61	Joan Hansen	Westwood, Calif.	5-10-81
3,000m	9:00.3	Bridget Smyth	Walnut, Calif.	4-20-91
Steeplechase	10:21.32	Nicole Gurnicz	Walnut, Calif.	4-20-01
5,000m	15:37.77	Amy Skieresz	Amherst, N.Y.	6-5-98
10,000m	32:31.65	Amy Skieresz	Philladelphia, Penn.	4-24-97
Marathon	2:47:14	Marjorie Kaput	Phoenix, Ariz.	12-4-78
100m Hurdles	13.10	Sharifa Jones	Tucson, Ariz.	5-14-04
400m Hurdles	56.71	Michelle Johnson	Atlanta, Ga.	6-14-96
High Jump	6-5 1/2/1.96	Tanya Hughes	Eugene, Ore.	5-22-92
Pole Vault	14-5 1/4/4.40	Amy Linnen	Atascadero, Calif.	7-23-03
Long Jump	21-10/6.65	Brianna Glenn	Flagstaff Ariz.	7-8-00
Triple Jump	43-4 1/4/13.21	Carole Jones	Corvallis, Ore.	5-23-87
Shot Put	62-3 1/4/18.99*	Meg Ritchie	Tucson, Ariz.	5-7-83
Discus	221-5/67.48*	Meg Ritchie	Walnut, Calif.	4-25-81
Hammer	207-3/63.16	Angela Foster	Tucson, Ariz.	3-17-01
Javelin (New)	165-10/50.55	Julie DeMarni	Pullman, Wash.	3-18-02
Javelin (Old)	194-7/59.30	Louise Perrault	Tucson, Ariz.	3-23-91
Heptathlon	5,867	Maryse Ewanje-Epée	Athis Mons, France	7-6/7-85

(13.71/1.93/12.19/24.99/3727/6.17/32.96/2:29.06/2140)

*Collegiate Record

INDOORS

Event	Mark	Name	Site	Date
50m	6.71	Robin Marks	Saskatoon, Canada	1-29-82
55m	6.76	Seynabou Ndiaye	Flagstaff	2-14-3
60m	7.25	Brianna Glenn,	Fayetteville, Ark.	3-8-02
200m	23.29	Brianna Glenn,	Fayetteville, Ark.	3-8-02
300y	35.53	Michelle Walsh	Columbia, Mo.	2-3-84
300m	39.69	Maureen Bookstrom	Flagstaff, Ariz.	2-21-87
400m	53.34	Ruth Waithera-Nganga	Flagstaff, Ariz.	3-3-84
500y	1:08.9	Robin Marks	Portland, Ore.	2-19-83
500m	1:11.15	Ruth Waithera-Nganga	Flagstaff, Ariz.	2-11-84
600y	1:21.52	Ruth Waithera-Nganga	Flagstaff, Ariz.	2-12-83
600m	1:37.25	Teresa Frierson	Madison, Wis.	1-27-01
800m	2:04.27	Karen Bennett	Indianapolis, Ind.	3-12-94
1000y	2:42.26	Sherri Smith	Baton Rouge, La.	2-7-87
1000m	2:50.31	Bridget Smyth	South Bend, Ind.	2-23-91
1500m	4:26.83	Joan Hansen	Pocatello, Idaho	3-14-81
Mile	4:36.9	Joan Hansen	San Diego, Calif.	2-20-81
3000m	9:11.0	Joan Hansen	Daly City, Calif.	1-2-81
Two Miles	10:26.55	Camilla Harron	Baton Rouge, La.	3-7-87
5000m	15:39.75	Amy Skieresz	Indianapolis, Ind.	3-7-97
55m Hurdles	7.68	Sharifa Jones	Flagstaff, Ariz.	2-14-03
60m Hurdles	8.18	Sharifa Jones	Fayetteville, Ark.	3-12-04
High Jump	6-3 1/2/1.92	Julianne Broughton	Indianapolis, Ind.	3-13-93
Pole Vault	14-10 1/4/4.53*	Amy Linnen	Fayetteville, Ark.	3-8-02
Long Jump	21-6 1/4/6.56	Brianna Glenn	Ames, Iowa.	3-1-01
Triple Jump	43 1/4/13.11	Carole Jones	Oklahoma City, Okla.	3-14-87
Shot Put	56-11 3/4/17.36	Meg Ritchie	Pontiac, Mich.	3-12-83
20 Lb. Weight	62-1 1/4/18.93	Maureen Griffin	Reno Nev.	2-20-99
35 Lb. Weight	66-6 3/4/20.29	Sara Vigil	Seattle, Wash.	2-11-06
Pentathlon	3,913	Shevell Quinley	Seattle, Wash.	2-23-07

*Collegiate Record

INDOORS RELAYS

Event	Mark	Name	Site	Date
4x200m Relay	1:37.63	Audrey Williams/Felicia DuPuch/Ruth Waithera/Laura Lim	Flagstaff, Ariz.	2-20-82
4x400m Relay	3:41.38	Stephanie Russ/Carolyn Jackson/Nicole Thomas/Shanna Griffin	Flagstaff, Ariz.	2-21-98
4x800m Relay	9:31.09	Sharon Manship/Anke Mebold/Rachel Brennan/Bridget Smyth	Flagstaff, Ariz.	1-26-91
Distance Medley	11:47.52	Ann Colonna/Carolyn Jackson/Virginia Camacho/Amy Skieresz	Reno, Nev.	2-22-97

OUTDOORS RELAYS

Event	Mark	Name	Site	Date
4x100m Relay	44.58	Jennifer Whitlock/Marquita Taylor/Maritza Mora/Nikki Martin	Provo, Utah	5-27-06
4x200m Relay	1:35.05	Michelle Walsh/Lisa Winston/Nedrea Rodgers/Ruth Waithera	Walnut, Calif.	4-29-84
800 Sprint Medley Relay	1:39.61	Lisa Winston/Michelle Walsh/Laura Lim/Ruth Waithera	Austin, Texas	4-7-84
4x400m Relay	3:36.22	Michelle Walsh/Janice Vetter/Nedrea Rodgers/Ruth Waithera	Austin, Texas	4-6-84
1600 Sprint Medley Relay	3:47.94	Felicia Lane/Dawn Mortensen/Allison Dring 55.6/Karen Bennett 2:03.6	Des Moines, Iowa	4-30-94
4x800m Relay	8:44.24	Danielle Price 2:14.4/Erin Doherty 2:10.5/Cara Cline 2:12.4/Shanna Griffin 2:07.0	Des Moines, Iowa	4-24-99
Distance Medley	11:20.13	Beth Hoge 3:22.0/Teresa Frierson 53.5/Danielle Price 2:07.8/Erin Doherty 4:48.0	Des Moines, Iowa	4-27-01
4x100m Shuttle Hurdle Relay	56.36	Nicole Thomas/Alexandra Komnos/Liz Giltner/Rori Mely	Des Moines, Iowa	4-28-00



MEN'S ALL-TIME TOP 10

100 METERS

10.17	Michael Bates, 7-15-91, Sheffield, Eng.
10.21	Peter Okodogbe, 5-9-81, Tucson, Ariz.
10.27	Dwayne Strozier, 5-7-76, Tempe, Ariz.
10.33	Ray Brown, 4-5-85, Austin, Texas
10.34	James Bullock, 5-18-91, Tempe, Ariz.
10.34	Larry Brown, 10-4-75, Mexico City
10.38	Lorenzo Hathorne, 4-2-94, Tempe, Ariz.
10.38	Raymond Threatt, 5-2-81, Tucson, Ariz.
10.39	Vance Johnson, 4-29-84, Tucson, Ariz.
10.40	Rod Barksdale, 5-5-84, Tucson, Ariz.

Athletes with superior wind-aided marks:

10.16	Peter Okodogbe, 3-21-81, Tucson, Ariz.
10.16	Dwayne Strozier, 4-8-78, Austin, Texas
10.36	Xiong Xuehan, 3-18-06, Tucson, Ariz.

200 METERS

20.27	Wardell Gilbreath, 5-1-76, Tucson, Ariz.
20.35	Rod Barksdale, 4-21-84, Tucson, Ariz.
20.43	Dwayne Strozier, 5-1-76, Tucson, Ariz.
20.53	Michael Bates, 4-14-90, Tucson, Ariz.
20.54	Percy Knox, 6-8-90, Tucson, Ariz.
20.62	Larry Brown, 10-15-75, Mexico City, Mexico
20.64	Mike Kenyon, Sr., 5-4-02, Tucson, Ariz.
20.67	Peter Okodogbe, 5-9-81, Tucson, Ariz.
20.68	Marc Olivier, 6-8-90, Tucson, Ariz.
20.79	Lorenzo Hathorne, 5-25-94, Tempe, Ariz.

Athletes with superior wind-aided marks:

20.05	Larry Brown, 5-10-75, Salt Lake City, Utah
20.37	Michael Bates, 6-1-91, Eugene, Ore

Athletes with superior hand-timed marks:

20.2	James Bullock, 5-5-90, Tucson, Ariz.
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400 METERS

45.31	Bobby McCoy, 4-12-08, Tempe, Ariz.
45.38	Mike Kenyon, 4-13-02, Tempe, Ariz.
45.40	Aldo Canti, 8-21-85, Zurich, Switzerland
45.82	Jevon Mason, 5-15-04, Tucson, Ariz.
46.09	Dameon Ortiz, 5-10-97, Tucson, Ariz.
46.18	Rod Barksdale, 4-21-84, Tucson, Ariz.
46.49	Dexter Russell, 5-7-94, Tucson, Ariz.
46.51	Patrick Nduwimana, 5-2-98, Tucson, Ariz.
46.59	Arron Retterer, 4-14-91, Tempe, Ariz.
46.67	Randy Reddit, 4-12-80, Tucson, Ariz.

800 METERS

1:44.06	Patrick Nduwimana, 8-25-00, Brussels, Belgium
1:47.00	Doug Herron, 5-17-86, Westwood, Calif.
1:48.21	John Quade, 5-14-89, Berkeley, Calif.
1:48.71	Andre Woods, 3-22-86, Tucson, Ariz.
1:48.80	Roderick Clarke, 5-23-87, Corvallis, Ore.
1:48.94	Luther Kopf, 5-4-96, Tucson, Ariz.
1:49.00	Dennis Johnson, 5-22-81, Stanford, Calif.
1:49.31	Bob Keino, 5-4-96, Tucson, Ariz.
1:49.44	Timur Voitetsky, 4-22-95, Tempe, Ariz.
1:49.58	Mark Senior, 4-15-89, Tucson, Ariz.

1500 METERS

3:39.10	John Quade, 8-6-89, Westwood, Calif.
3:39.88	Paul Becklund, 5-20-79, Tempe, Ariz.
3:40.09	Martin Keino, 7-16-95, Lappeenranta, Finland
3:41.13	Bob Keino, 3-30-96, Tucson, Ariz.
3:41.88	Robert Cheseret, 5-14-06, Eugene, Ore.
3:42.07	Thom Hunt, 5-24-80, Seattle, Wash.
3:42.10	Ed Arriola, 6-11-76, Westwood, Calif.
3:43.03	Andre Woods, 5-18-85, Tucson, Ariz.
3:43.15	Matt Giusto, 5-28-87, Eugene, Ore.
3:44.72	Gary Cobb, 4-21-90, Walnut, Calif.

MILE RUN

3:54.60	John Quade, 8-6-89, Westwood, Calif.
3:59.08	Jonah Maiyo, 2-25-05, Seattle, Wash.
3:59.23	Robert Cheseret, 2-25-05, Seattle Wash.
3:59.30	Ed Arriola, 6-14-77, Eugene, Ore.
4:00.98 (i)	Gary Cobb, 1-24-90, South Bend, Ind.
4:01.03	Martin Keino, 4-15-95, Walnut, Calif.
4:01.30	Thom Hunt, 5-10-80, Tucson, Ariz.
4:03.10	Ed Mendoza, 5-4-74, Tempe, Ariz.
4:03.50	Dirk Lakeman, 4-14-78, Tempe, Ariz.
4:04.08 (i)	Marc Davis, 2-23-91, South Bend, Ind.

3000-METER STEEPLECHASE

8:26.26	Thom Hunt, 4-26-80, Philadelphia, Pa.
8:28.93	Harrison Koroso, 6-6-81, Baton Rouge, Ore
8:33.23	Jeff Hess, 5-21-82, Eugene, Ore.
8:33.93	Marc Davis, 6-22-92, New Orleans, La.
8:35.43	Bob Ingram, 6-1-84, Eugene, Ore.
8:37.2	James Maxwell, 4-25-87, Philadelphia, Penn.
8:39.14	Martin Keino, 6-4-93, New Orleans, La.
8:44.60	Dave Dobler, 6-1-83, Eugene, Ore.
8:45.32	Aaron Ramirez, 5-22-87, Corvallis, Ore.
8:46.5	Matt Giusto, 4-16-88, Tempe, Ariz.

5,000 METERS

13:13.23	Robert Cheseret, 7-17-05, Oslo, Norway
13:32.58	Marc Davis, 4-22-89, Walnut, Calif.
13:38.58	Martin Keino, 4-14-95, Walnut, Calif.
13:39.77	Obed Mutanya, 3-25-05, Tucson, Ariz.
13:40.61	Abdi Abdirahman, 6-6-98, Amherst, NY
13:44.20	Don Janicki, 4-24-82, Walnut, Calif.
13:44.20	Thom Hunt, 5-24-80, Seattle, Wash.
13:45.46	Matt Giusto, 6-16-88, San Diego, Calif.
13:45.90	Bob Keino, 4-20-96, Walnut, Calif.
13:50.10	Tom Ansberry, 5-19-84, Pullman, Wash.

10,000 METERS

28:06.65	Abdi Abdirahman, 5-7-99, Stanford, Calif.
28:14.80	Tom Ansberry, 4-28-84, Walnut, Calif.
28:20.11	Robert Cheseret, 5-10-05, Sacramento Calif.
28:23.20	Ed Mendoza, 4-24-76, Des Moines, Iowa
28:27.87	Don Janicki, 5-21-82, Eugene, Ore.
28:43.90	Aaron Ramirez, 4-24-87, Philadelphia, Penn.
28:59.49	Kyle Goklish, 3-27-04, Palo Alto, Calif.
29:01.10	Chris Morgan, 4-22-89, Walnut, Calif.
29:02.06	Keith Morrison, 4-27-85, Des Moines, Iowa
29:04.42	Obed Mutanya, 4-29-07 Palo Alto, Calif.

110-METER HURDLES

13.47	John Johnson, 5-31-84, Eugene, Ore.
13.73	Frank Barnett, 5-17-86, Westwood Calif.
13.76	Jeff Hunter, 5-17-03, Los Angeles Calif.
13.81*	Dale Frederick, 6-7-66, Bloomington, Ind. (13.78y)
13.91	Daniel Cook, 3-18-07, Tucson, Ariz.
13.92	David Still, 4-1-78, Tucson, Ariz.
13.94	Leo Simmons, 5-22-93, Berkeley Calif.
14.00	Ron Kennedy, 4-16-77, Tucson, Ariz.
14.13	Keith Varga, 5-6-00, Tucson, Ariz.
14.13	John Pfersdorf, 5-1-76, Tucson, Ariz.

400-METER HURDLES

50.11	Jeff Hunter, 4-30-05, Tempe, Ariz.
50.70	Keith Varga, Jr., 4-21-00, Tucson, Ariz.
50.97	Anson Watts, 4-23-94, Tucson, Ariz.
51.04	Mark Campbell, 4-21-84, Tempe, Ariz.
51.07	Jules Doumyba, 5-19-01, Berkeley Calif.
51.27	John Montgomery, 3-23-91, Tucson, Ariz.
51.28	Chris Titsworth, 5-31-08, Northridge, Calif.
51.32*	Roosevelt Tolbert, 5-10-75, Salt Lake City (51.62y)
51.49	Jiles Smith, 4-11-81, Tucson, Ariz.
51.54+*	Paul Robinson, 5-20-67, Provo (51.7y)

High Jump (All 7-foot jumpers listed)

7-6/2.29	James Frazier, 5-10-80, Tucson, Ariz.
7-5/2.26	Maurice Crumby, 4-5-86, Austin, Texas
7-3 1/4/2.22	Roger Curtis, 4-1-78, Tucson, Ariz.
7-3/2.21	Robert Joseph, 6-16-73, Baton Rouge, La.
7-2 1/2/2.20	Brian Williams, 4-17-93, Walnut, Calif.
	Ed Caruthers, 3-25-67, Santa Barbara, Calif.
7-2 1/4/2.19	Phil Anderson, 5-1-82, Tucson, Ariz.
7-1 3/4/2.18	Lorenzo Allen, 4-5-69, Tucson, Ariz.
7-1/2.16	Jon Forier, 4-17-83, Baton Rouge, La.
7-1/2.15	Jeff Nadeau, 5-21-94, Pullman, Wash.
	Terrell Reese, 5-3-08, Tucson, Ariz.
7-1/4/2.14	Chris Griffith, 3-27-82, Tucson, Ariz.
	Donn Thompson, 5-8-82, Tempe, Ariz.
	Marco Ahumada, 5-2-81, Tucson, Ariz.

POLE VAULT

18-6 1/2/5.65	Dominic Johnson, 4-25-98, Des Moines Iowa
18-1 1/2/5.52	Jussi Autio, 4-26-97, Des Moines Iowa
18-0 1/2/5.50	Jeff Dutoit, 6-1-00, Durham N.C.
17-7/5.37	Mike Mortensen, So., 5-4-02, Tucson, Ariz.
17-6 1/2/5.35	Chris Chappell, 3-26-05, Tucson, Ariz.
	Kevin Opalka, 3-27-04, Tucson, Ariz.
17-5/5.31	Jake Arnold, 5-27-06, Provo, Utah
17-3 1/2/5.27	Chris Chappell, 5-14-04, Tucson, Ariz.
17-1/5.21	Nick Mossberg, 5-27-06, Provo, Utah
16-7 1/4/5.06	Brendan Corrigan, 5-31-08, Northridge, Calif.

Athletes with superior indoor mark:

18-2 1/2/5.55	Jeff Dutoit, 3-6-99, Indianapolis, Ind.
17-9 3/4/5.43	Chris Chappell, 2-27-04, Seattle, Wash.
17-5 3/4/5.33	Kevin Opalka, 4-23-02, Flagstaff, Ariz.

LONG JUMP

26-11 1/4/8.21	Vance Johnson, 6-4-82, Provo, Utah
26-9 1/2/8.16	Gayle Hopkins, 6-19-64, Eugene, Ore.
26-3 3/4/8.02	Percy Knox, 4-14-90, Tucson, Ariz.
25-6 3/4/7.79	Wayne Walker, 4-7-79, Tucson, Ariz.
25-6/7.77	Robert Joseph, 5-4-74, Tempe, Ariz.
25-2 1/2/7.69	Jordan Powell, 5-14-06, Eugene, Ore.
25-2 1/2/7.68	Tony Brown, 5-11-73, Provo, Utah
	Jim Tate, 4-27-57, San Diego, Calif.
25-2/7.67	Sam Jenkins, 5-23-81, Stanford, Calif.
25-1 1/2/7.65	Donnie Butler, 3-28-81, Tucson, Ariz.
	Ralph Drew, 5-11-73, Provo, Utah.

Athletes with superior indoor mark:

25-8 3/4/7.84	Luis Rivera, 1-26-08, Boise, Idaho
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TRIPLE JUMP

52-9 1/2/16.09	Phil Anderson, 4-21-84, Tempe, Ariz.
52-7 1/4/16.03	Doug Henderson, 5-20-78, Modesto, Calif.
52-2 1/2/15.91	Mark Triplett, 3-28-87, Stanford, Calif.
52-1 3/4/15.89	J.R. Harrison, 3-19-04, Tucson, Ariz.
51-10 3/4/15.82	Walter Robinson, 4-21-73, Tucson, Ariz.
51-9 3/4/15.79	Daniel Marshall, 5-25-07, Eugene, Ore.
51-8/15.75	Gayle Hopkins, 4-25-64, Des Moines, Iowa
50-8/15.44	Luis Rivera, 4-5-08, Tucson, Ariz.
50-7 1/4/15.42	Brian Tubbs, 4-21-73, Tucson, Ariz.
50-2 3/4/15.31	A.J. Cornelius, 4-13-96, Tucson, Ariz.

Athletes with superior wind-aided mark:

54-6/16.61	Phil Anderson, 6-2-83, Eugene, Ore.
54-1/16.48	Doug Henderson, 4-22-78, El Paso, Texas
49-9 1/4/15.17	Mike Granberry, 3-31-84, Los Angeles, Calif.

Athletes with superior indoor mark:

50-8 1/2/15.45	Mike Granberry, 2-11-84, Flagstaff, Ariz.
50-7 1/4/15.43	J.R. Harrison, Jr., 2-23-02, Flagstaff, Ariz.

SHOT PUT

69-0/21.03	Zack Lloyd, 5-17-08, Tempe, Ariz.
65-11 34/20.11	Sean Shields, 6-10-06, Sacramento, Calif.
64-10/19.76	Jack Trahan, 5-20-89, Stanford, Calif.
64-4 1/2/19.62	Chima Ugwu, 4-6-96, Tempe, Ariz.
63-9 1/2/19.44	Shawn Best, 3-22-08, Tucson, Ariz.
62-11 1/2/19.19	Adam Kuehl, 3-24-07, Tucson, Ariz.
62-6 1/4/19.05	Todd Kaufman, 3-30-85, Tucson, Ariz.
62-14/18.90	Jarred Sola, 6-7-07, Sacramento, Calif.
61-3/18.68	Doug Reynolds, Sr., 5-2-98, Tucson, Ariz.
60-2/18.34	Tyson Lingenfelter, 4-13-96, Tucson, Ariz.

Athletes with superior indoor mark:

65-2 1/4/19.87	Sean Shields, 2-25-06, Seattle, Wash.
64-3 1/4/19.60	Zack Lloyd, 3-1-08, Seattle, Wash.
61-11 34/18.90	Doug Reynolds, 1-24-98, Flagstaff, Ariz.
60-8 1/4/18.50	Shawn Best, 2-25-06, Seattle, Wash.
60-5 3/4/18.43	Richard Legarra, 2-2-02, Flagstaff, Ariz.

DISCUS

209-7/63.89	Adam Kuehl, 4-15-06, Mesa, Ariz.
207-3/63.17	Doug Reynolds, 5-19-98, Salinas, Calif.
203-4/61.98	Steve Gunzel, 4-29-72, Walnut, Calif.
202-5/61.71	Chima Ugwu, 4-25-98, Des Moines, Iowa
200-8/61.18	Sean Shields, 3-18-06, Tucson, Ariz.
198-5/60.48	Dan Austin, 4-6-07, Austin, Texas
196-6/59.90	Todd Kaufman, 5-18-85, Tucson, Ariz.
189-7/57.78	Doug Huff, 5-16-93, Stanford, Calif.
188-11/57.58	Richard Legarra, 4-26-03, La Jolla, Calif.
185-7/56.57	Zack Lloyd, 4-26-08, La Jolla, Calif.

HAMMER

230-3/70.18	David Loshonkohl, 6-1-94, Boise, Idaho
229-1/69.82	Tapio Kolunsarka, 4-20-96, Walnut, Calif.
213-4/65.02	Aaron Corcoran, 5-19-95, Tucson, Ariz.
207-6/63.24	Scott Biberthaler, 5-19-90, Seattle, Wash.
205-7/62.66	Claudio Garcia, 4-13-91, Tempe, Ariz.
205-1/62.50	Richard Legarra, Sr., 5-24-03, Tucson, Ariz.
197-4/60.14	Ryan Moore, 4-25-03, Des Moines, Iowa
196-1/56.20	Stan Mataele, 4-20-85, Tucson, Ariz.
194-9/59.35	Scott Sharpe, 5-3-03, Tempe, Ariz.
190-10/58.16	Sam Cavallaro, 5-18-91, Tempe, Ariz.

JAVELIN (NEW IMPLEMENT INTRODUCED 1986)

268-7/81.86	Esko Mikkola, 6-3-98, Amherst, N.Y.
247-11/75.58	Oleg Krichenko, 2-5-94, Tucson, Ariz.
240-10/73.40	Matt Wagner, 3-27-04, Tucson, Ariz.
235-4/71.72	Ola Larsen, 3-4-00, Tempe, Ariz.
234-8/71.53	Saku Kuusisto, 4-15-06, Mesa, Ariz.
229-9/70.02	Craig Gelfound, 3-14-87, Tucson, Ariz.
228-6/69.64	Christian Banken, 3-16-01, Tucson, Ariz.
226-4/69.00	Matt Wagner, 5-4-02, Tucson, Ariz.
221-7/67.54	Rene Schmidheiny, 6-15-91, Lucerne, Switzerland.
218-11/66.74	Derek Huff, 5-16-89, Stanford, Calif.

4X100-METER RELAY

38.89	Marc Olivier/Percy Knox/Michael Bates/James Bullock, 5-5-90, Tucson, Ariz.
39.09	Marc Olivier/Percy Knox/Michael Bates/James Bullock, 6-1-90, Durham N.C.
39.24	Vance Johnson/Rod Barksdale/Lucius Miller/John Johnson, 4-21-84, Tempe, Ariz.
39.31	Charles Nash/Dwayne Strozier/Elijah Jefferson/Wardell Gilbreath, 5-1-76, Tucson, Ariz.
39.38	Marc Olivier/Percy Knox/Michael Bates/James Bullock, 6-23-90, Blaine, Minn.
39.40	Vance Johnson/Rod Barksdale/Lucius Miller/John Johnson, 5-21-83, Berkeley, Calif.
39.40	Vance Johnson/Rod Barksdale/Lucius Miller/Raymond Threatt, 6-2-82, Provo, Utah
39.43	Vance Johnson/Rod Barksdale/Lucius Miller/John Johnson, 4-30-83, Tucson, Ariz.
39.44	Tony Gaston/Rod Barksdal/Raymond Threatt/Peter Okodogbe, 5-9-81, Tucson, Ariz.
39.46	Vance Johnson/Rod Barksdale/Lucius Miller/John Johnson, 5-7-83, Tucson, Ariz.

4X400-METER RELAY

3:05.81	Hope Ezeigbo/Felix Imadiyi/Randy Redditt /Rod Barksdale, 6-5-81, Baton Rouge, La.
3:07.20	Hope Ezeigbo/Felix Imadiyi/Randy Redditt/Rod Barksdale, 6-4-81, Baton Rouge, La.
3:07.42	Mike Lea /Mike Kenyon/Keith Varga/Jules Doumbya, 4-27-01, Des Moines, Iowa
3:07.42	Hope Ezeigbo/Felix Imadiyi/Randy Redditt/Rod Barksdale, 6-6-81, Baton Rouge, La.

3:07.52*	Hope Ezeigbo/Rod Barksdale
(3.08.62y)	Felix Miadiyi/Randy Redditt, 5-23-81, Stanford, Calif.
3:07.62	Mike Lea/Mike Kenyon/Keith Varga/Jules Doumbya, 4-28-01, Des Moines, Iowa
3:07.67	Garner Williams/John Johnson/Mark Campbell/Brod Barksdale, 5-5-84, Tucson, Ariz.
3:07.77*	Hope Ezeigbo/Lucius Miller/
(3.08.87y)	Felix Imadiyi/Rod Barksdale, 4-3-82, Tempe, Ariz.
3:07.79	Jeff Hunter/Matt Lea/Adrain Thomas/Jevon Mason, 5-3-03, Tempe, Ariz.
3:07.88	Chris Tittsworth/Jeremie Brower/Robert Choze/Bobby McCoy, 5-3-08, Tucson, Ariz.

Teams with superior indoor marks:

3:06.50	Matt Lea/Mike Kenyon/Jules Doumbya/Patrick Nduwimana, 3-10-01, Fayetteville, Ark.
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+ Hand time converted to fully automatic time (FAT) equivalent.

* Time for yards converted to metric time equivalent.

y Indicates actual time recorded a yard distance.

i Indoor mark

DECATHLON

8,215	Jake Arnold, 6-6/7-07, Sacramento, Calif.
8,075	Derek Huff, 3-12/13-88, Tucson, Ariz.
7,828	(7,920) Steve Jacobs, 4-4/5-79, Austin, Texas
7,825	Klaus Ambrosch, 6-5/6-98, Amherst, N.Y.
7,764	Dominic Johnson, 5/16-17/98, Stanford, Calif.
7,712	Rene Schmidheiny, 5-13/14-91, Tempe, Ariz.
7,511	Matt Dallow, 4-15/16-93, Azusa, Calif.
7,509	Thomas Stewens, 5-23/24-90, Tucson, Ariz.
7,203	(7,282) Tomas Larsson, 4-4/5-79, Austin, Texas
7,196	(7,295) Garner Williams, 4-13/14/84, Tempe, Ariz.

Note: Scores made prior to 1986 have been converted using current scoring tables. Score in () is score under pre-1986 tables.

+ Hand time converted to fully automatic time (FAT) equivalent.

* Time for yards converted to metric time equivalent.

y Indicates actual time recorded a yard distance.

i Indoor mark

ARIZONA TOP 20 INDIVIDUAL DECATHLON PERFORMANCES

8,215	Jake Arnold, 6-6/7-07, Sacramento, Calif. (NCAA)	7,799	Huff, 6-3/4-88, Eugene, Ore. (NCAA)
	11.12/6.88/14.15/2.02/48.38/4070, 14.20/44.42/5.30/58.80/4:34.22/4145		11.09/6.96/14.30/2.05/50.72/4024/15.58/42.38/4.85/59.74/4:39.72/3766
8,075	Derek Huff, 3-12/13-88, Tucson, Ariz. (Arizona Dec)	7,764w	Dominic Johnson, 5-16/17-98, Stanford, Calif. (Pac-10)
	10.94/7.15/14.89/2.11/51.06/4179/15.03/44.56/4.90/62.42/4:46.88/3894		10.83/6.92w/11.94/2.04/48.84/4006/14.83W/40.90/5.50/40.16/4:37.89/3758
8,020	Huff, 6-2/3-89, Provo, Utah (NCAA)	7,755	Arnold, 5-5/6-07, Palo Alto, Calif. (Pac-10)
	10.96/7.06/14.99/2.07/49.92/4173/15.44/40.80/4.90/64.32/4:39.12/3847		11.24/6.69/15.01/2.07/49.72/4035/14.55/36.86/5.15/60.09/5:07.4/3720
8,018	Huff, 6-13/14-89, Houston, Texas (TAC)	7,712	Rene Schmidheiny, 5-13/14-91, Tempe, Ariz. (Pac-10)
	10.90/7.37w/15.22/2.01/50.70/4186/15.19/40.64/4.95/63.48/4:46.15/3832		11.56/7.15/14.97/1.94/52.01/3851/15.17/48.48/4.30/64.46/4:39.17/3861
7,946	Arnold, 3-29/30-07, Baton Rouge, La. (LSU Multi's)	7,691	Arnold, 5-13/14-06, Eugene, Ore. (Pac-10)
	11.26/6.97/14.39/2.01/49.26/4025/14.46/43.43/5.1/54.28/4:40.6/3921		11.2/6.8/13.51/1.98/50.04/3880/14.65/40.38/4.95/57.82/4:45.4/3811
7,929	Huff, 3-11/12-89, Tucson, Ariz. (Arizona Dec.)	7,659	Huff, 5-16/17-88, Westwood, Calif. (Pac-10)
	10.92/7.32/14.88/2.04/51.15/4153/15.14/42.42/4.90/66.30/5:06.98/3730		10.95/6.90/14.15/2.04/50.18/4046/15.47/40.22/4.85/60.44/5:10.31/3713
7,870	Arnold, 6-7/8-06, Sacramento, Calif. (NCAA)	7,639	Huff, 5-15/16-89, Stanford, Calif. (Pac-10)
	11.34/6.94/14.43/1.95/48.72/3973/14.59/39.08/5.00/59.59/4:35.50/3897		11.06/6.92/14.60/2.04/50.89/4021/15.37/36.82/4.37/66.74/4:46.26/3618
7,828	Steve Jacobs, 4-4/5-79, Austin, Texas (Texas Relays)	7,632	Johnson, 3-26/27-98, Tucson, Ariz. (Jim Click)
(7,902)	11.24/6.81/13.52/1.89/50.27/3761/14.9/47.48/4.92/71.24/4:53.1/4042		10.71/6.80/12.83/1.97/47.43/4063/14.79/39.38/4.90/38.08/4:29.50/3569
7,827	Arnold, 6-23/24/07, Indianapolis, Ind. (USA Championships)	7,630	Jacobs, 5-29/30-79, Champaign, Ill. (NCAA)
	11.23/6.83/14.27/1.99/49.48/3962/14.67/38.78/4.9/58.61/4:31.0/3865	(7,772)	11.2/6.76/14.73/1.90/49.51/3846/15.1/44.42/4.80/69.00/5:11.1/3784
7,824w	Klaus Ambrosch, 6-5/6-98, Amherst, N.Y. (NCAA)	7,596	Johnson, 6-4/5-97, Bloomington, Ind. (NCAA)
	11.03/7.22/13.95/1.92/49.87/3997/14.45W/42.80/4.51/62.18/4:44.02/3828		11.00/6.74/11.38/1.99/47.63/3904/14.96/35.12/5.40/41.42/4:25.63/3542



WOMEN'S ALL-TIME TOP 10

100 METERS

- 11.33 Brianna Glenn, 6-2-00, Durham, NC
- 11.35 Nikki Martin, 5-27-06, Provo, Utah
- 11.56 Marquita Taylor, 4-29-06, Tucson, Ariz.
- 11.57 Seynabou Ndiaye, 5-31-03, Stanford, Calif.
- 11.62 Nedrea Rodgers-Williams, 5-17-86, Tempe, Ariz.
- 11.70 Laura Lim, 5-7-83, Tucson, Ariz.
- 11.72 Joyce Randolph, 5-12-90, Flagstaff, Ariz.
- 11.77 Dawn Mortensen, 3-23-96, Tucson, Ariz.
- 11.77 Carole Jones, 5-23-87, Corvallis, Ore.
- 11.78 Felicia Lane, 3-18-95, Tucson, Ariz.

Athletes with superior wind-aided times:

- 11.15 Brianna Glenn, 6-22-01, Eugene, Ore.
- 11.64+ Michelle Walsh, 3-7-81, Tucson, Ariz.
- 11.70 Jennifer Whitlock, 3-18-06, Tucson, Ariz.

200 METERS

- 22.91 Brianna Glenn, 5-19-02, Pullman, Wash.
- 23.18 Nedrea Rodgers-Williams, 5-3-86, Tucson, Ariz.
- 23.37 Ruth Waighera, 8-6-84, Los Angeles, Calif.
- 23.45 Marquita Taylor, 5-27-06, Provo, Utah.
- 23.61 Laura Lim, 5-14-83, Tucson, Ariz.
- 23.77 Angel Perkins, 5-1-04, Tucson, Ariz.
- 23.85 Carolyn Jackson, 3-27-99, Tucson, Ariz.
- 23.86 Nikki Martin, 3-17-07, Tucson, Ariz.
- 24.12 Michelle Walsh, 4-29-85, Walnut, Calif.
- 24.15 Felicia DuPuch, 5-15-82, Los Angeles, Calif.

Athlete with superior wind-aided time:

- 24.15 Dawn Mortensen, 4-15-95, Tucson, Ariz.

Athlete with superior hand time:

- 24.0 Joyce Randolph, 5-12-90, Flagstaff, Ariz.

400 METERS

- 51.56 Ruth Waitheha Nganga, 8-6-84, Los Angeles, Calif.
- 52.06 Angel Perkins, 6-22-03, Stanford, Calif.
- 52.10 Carolyn Jackson, 5-1-99, Tempe, Ariz.
- 53.52 Riika Niemelä, 8-24-97, Tampere, Finland
- 53.65 Robin Marks, 5-9-81, Tucson, Ariz.
- 53.75 Ashley Gadson, 4-5-08, Tucson, Ariz.
- 53.76 Karen Bennett, 5-14-94, Seattle, Wash.
- 53.85 Michelle Walsh, 5-18-85, Provo, Utah
- 53.94 Marquita Taylor, 4-13-06, Walnut, Calif.
- 54.15 Deanna Sullivan, 4-5-08, Tucson, Ariz.**

Athletes with superior indoor marks:

- 53.44 Michelle Walsh, 3-2-85, Flagstaff, Ariz.

800 METERS

- 2:03.79 Karen Bennett, 5-21-94, Pullman, Wash.
- 2:04.90 Christina Rodgers, 5-31-08, Northridge, Calif.**
- 2:06.02 Janice Vetter, 5-12-84, Stanford, Calif.
- 2:06.4 Shanna Griffin, 4-16-99, Tucson, Ariz.
- 2:06.7 Joan Hansen, 8-7-81, Eugene, Ore.
- 2:07.59 Bridget Smyth, 4-15-89, Tucson, Ariz.
- 2:07.65 Fanice Chepkorir, 5-15-05, Westwood, Calif.
- 2:08.81 Cara Cline, 3-16-01, Tucson, Ariz.
- 2:09.15 Maria Hackett, 4-23-88, Baton Rouge, La.
- 2:09.20 Danielle Price, 4-10-99, Tempe, Ariz.

Athlete with superior indoor time:

- 2:06.14 Christina Rodgers, 3-8-08, Ames, Iowa**
- 2:08.38 Cara Cline, 2-10-01, Indianapolis, Ind.
- 2:09.34 Ursula Friedmann, 2-23-91, South Bend, Ind.

1500 METERS

- 4:12.09 Joan Hansen, 6-6-81, Eugene, Ore.
- 4:16.62 Bridget Smyth, 4-22-89, Walnut, Calif.
- 4:19.42 Erin Doherty, 5-20-01, Berkeley, Calif.
- 4:21.10 Beth Hoge, 5-18-03, Los Angeles, Calif.
- 4:22.89 Camilla Harron, 5-9-87, Los Angeles, Calif.

- 4:22.89 Anthea James, 5-22-83, Westwood, Calif.
- 4:22.99 Mackenzie Edwards, 5-14-06
- 4:23.22 Joy Hansen, 4-24-82, Eugene, Ore.
- 4:23.71 Heidi Gerum, 5-3-86, Irvine, Calif.
- 4:24.15 Rachel Brennan, 5-22-93, Berkeley, Calif.

3000 METERS

- 9:00.3 Bridget Smyth, 4-20-91, Walnut, Calif.
- 9:03.5 Joan Hansen, 5-17-81, Berkeley, Calif.
- 9:09.96 Amy Skieresz, 7-13-99, Casablanca, MAR
- 9:16.98 Camilla Harron, 4-25-87, Walnut, Calif.
- 9:21.37 Anthea James, 6-3-83, Houston, Texas
- 9:24.63 Heidi Gerum, 6-20-86, Ottawa, Canada
- 9:25.82 Joy Hansen, 6-20-82, Knoxville, Tenn.
- 9:29.33 Brenda Sleewenhoek, 5-21-93, Berkeley, Calif.
- 9:30.05 Rachel Brennan, 5-21-93, Berkeley, Calif.
- 9:34.38 Viola Schaffer, 4-1-95, Tempe, Ariz.

Athletes with superior indoor times:

- 9:28.62 Beth Hoge, 2-1-03, Boston, Mass.
- 9:28.93 Suzanne Castruita, 3-11-95, Indianapolis, Ind.
- 9:36.83 Tara Chaplin, 2-10-01, Indianapolis, Ind.

3000 METER STEEPLECHASE

- 10:21.32 Nicole Gurnicz, 4-20-01, Walnut, Calif.
- 10:23.37 Katrin Engelen, 3-30-01, Stanford, Calif.
- 10:43.11 Maggie Callahan, 5-31-08, Northridge, Calif.**
- 11:00.10 Ashley Ippolito, 3-26-05, Tucson, Ariz.
- 11:17.59 Shelly Splittberger, 4-17-08, Walnut, Calif.**
- 11:27.07 Jenn Ford, 4-10-04, Westwood, Calif.
- 12:09.75 Andrea Schwartz, 3-2-02, Tempe, Ariz.

5000 METERS

- 15:37.77 Amy Skieresz, 6-5-98, Amherst, N.Y.
- 16:04.71 Brenda Sleewenhoek, 4-15-94, Walnut, Calif.
- 16:09.02 Joan Hansen, 5-17-81, Berkeley, Calif.
- 16:11.73 Tara Chaplin, 5-5-00, Stanford, Calif.
- 16:15.30 Camilla Harron, 5-23-87, Corvallis, Ore.
- 16:15.91 Beth Hoge, 4-19-02, Walnut, Calif.
- 16:26.38 Jan Oehm, 4-24-82, Eugene, Ore.
- 16:31.04 Viola Schaffer, 4-29-95, Des Moines, Iowa
- 16:31.4 Marjorie Kaput, 2-28-81, Tucson, Ariz.
- 16:33.28 Katrin Engelen, 4-20-01, Walnut, Calif.

Athletes with superior indoor time:

- 16:03.21 Tara Chaplin, 3-10-00, Indianapolis, Ind.
- 16:13.38 Viola Schaffer, 3-11-96, Indianapolis, Ind.

10,000 METERS

- 32:31.65 Amy Sieresz, 4-24-97, Philadelphia, Pa.
- 33:30.59 Tara Chaplin, 4-19-02, Walnut, Calif.
- 33:48.24 Viola Schaffer, 4-14-95, Walnut, Calif.
- 34:13.98 Katie Williams, 4-16-93, Walnut, Calif.
- 34:15.50 Jan Oehm, 5-14-82, Los Angeles, Calif.
- 34:37.65 Katrin Engelen, 3-25-00, Stanford, Calif.
- 34:38.62 Emily Nay, 4-24-97, Philadelphia, Pa.
- 34:39.58 Jean Harvey, 4-15-93, Walnut, Calif.
- 34:52.12 Eliza Carney, 5-14-82, Los Angeles, Calif.
- 34:59.91 Brooke Murphy, 5-21-99, Tempe, Ariz.

100M HURDLES

- 13.10 Sharifa Jones, 5-14-04, Tucson, Ariz.
- 13.21 Dee Dee Buzzi, 5-3-97, Tempe, Ariz.
- 13.25 Jennifer Whitlock, 5-27-06, Provo, Utah
- 13.29 Michelle Johnson, 6-21-96, Atlanta, Ga.
- 13.47 Trecea Roberts, 4-23-94, Tucson, Ariz.
- 13.49 Rori Kelly, 3-24-01, Tucson, Ariz.
- 13.57 Alexandra Komnos, 4-13-02, Tempe, Ariz.
- 13.57 Maryse Ewanje-Epée, 6-12-85, Joinville, France
- 13.61 Jennifer Whitlock, 5-27-05, Eugene, Ore.
- 13.61 Rochelle Frazier, 5-28-88, Houston, Texas
- 13.61 Laura Lim, 3-5-83, Tucson, Ariz.

Athletes with superior wind-aided times:

- 13.19 Michelle Johnson, 6-22-96, Atlanta, Ga.
- 13.46 Laura Lim, 4-6-84, Austin, Texas
- 13.52 Alexandra Komnos, 4-6-02, Tucson, Ariz.
- 13.80 Nicole Thomas, 5-21-99, Tempe, Ariz.

400M HURDLES

- 56.71 Michelle Johnson, 6-14-96, Atlanta, Ga.
- 57.24 Robin Marks, 5-3-81, San Diego, Calif.
- 57.54 Sandra Farmer, 5-3-81, San Diego, Calif.
- 57.77 Nicole Thomas, 5-6-00, Tucson, Ariz.
- 58.03 Christa Scruggs, 4-11-92, Tucson, Ariz.
- 59.62 Denise Waddy, 5-3-81, San Diego, Calif.
- 59.73 Chelsea Powell, 4-25-03, Des Moines, Iowa
- 60.26 Sharifa Jones, 4-12-03, Tempe, Ariz.
- 61.00 Maureen Bookstrom, 5-21-88, Westwood, Calif.
- 61.54 Audrey Williams, 5-14-82, Los Angeles, Calif.

HIGH JUMP

- 6-5 1/2/1.97 Tanya Hughes, 5-22-92, Eugene Ore.
- 6-5/1.96 Maryse Ewanje-Epée, 7-21-85, Colombes, France
- 6-4 1/4/1.94 Julieanne Broughton, 3-17-90, Tucson, Ariz.
- Katrena Johnson, 6-1-85, Austin, Texas
- Erin Aldridge, 6-15-97, Indianapolis Ind.
- 6-3/1.90 Camille Harding, 6-1-85, Austin, Texas
- 6-2 3/4/1.90 Cristina Fink Sisniega, 5-21-88, Westwood, Calif.
- Charmaine Gale, 2-27-82, Tucson, Ariz.
- 6-2/1.88 Elizabeth Patterson, 5-17-08, Tempe, Ariz.**
- 6-1 1/2/1.84 Jasmin Day, 4-5-08, Tucson, Ariz.**
- 6-0/1.83 Dahlia Lockhart, 5-6-89 Tucson, Ariz.
- 6-0/1.83 Cindy Holmes, 5-31-82 Provo, Utah

POLE VAULT

- 14-5 1/4/4.40 Amy Linnen, 7-23-03, Atascadero Calif.
- 14-1 1/4/4.30 Connie Jerz, 6-14-03, Sacramento Calif.
- 13-9 1/4/4.20 Gabriella Duclos, 5-13-07, Palo Alto, Calif.**
- Andrea Dutoit-Neary, 6-1-01, Eugene, Ore.
- 12-11 3/4/3.96 Jaci Perryman, 5-31-08, Northridge, Calif.**
- 12-10 1/4/3.92 Juanita Braun, 5-30-03, Stanford, Calif.
- 12-4 1/4/3.77 Sheena McKay, 5-14-04, Tucson, Ariz.
- Phyllis Brown, 4-21-00, Tucson, Ariz.
- 12-3/3.75 April Kubishta, 4-16-04, Claremont, Calif.
- 11-11 1/2/3.65 Rebecca Gausepohl, 4-17-05, Walnut, Calif.
- 11-9/3.60 Sarah Jacobs, 4-21-00, Tucson, Ariz.
- 10-8/3.25 Lenora Petroff-Tobler, 3-19-99, Tucson, Ariz.

Athletes with equal or superior indoor marks:

- 14-10 1/4/4.53 Amy Linnen, 3-8-02, Fayetteville, Ark.
- 13-9 1/4/4.20 Andrea Dutoit-Neary, 3-10-01, Fayetteville, Ark.
- 13-3 1/2/4.05 Gabriella Duclos, 1-27-06, Flagstaff, Ariz.
- 12-5 1/2/3.80 Sarah Jacobs, 2-14-02, Flagstaff, Ariz.
- 12-4/3.76 Phyllis Brown, 1-25-03, Madison, Wis.

LONG JUMP

- 21-10/6.65 Brianna Glenn, 7-8-00, Flagstaff, Ariz.
- 21-3 1/2/6.49 Sharifa Jones, 5-24-03, Tucson, Ariz.
- 20-10 1/2/6.36 Carole Jones, 3-18-87, Tucson, Ariz.
- 20-9/6.32 Veronica Burton, 5-18-96, Westwood, Calif.
- 20-6 1/2/6.26 Maryse Ewanje-Epée, 7-20-85, Colombes, France
- 20-6 1/4/6.25 Shevell Quinley, 4-28-07, Tempe, Ariz.**
- 20-3 3/4/6.19 Jana Charleston, 5-2-92, Tucson, Ariz.
- 19-10 3/4/6.06 Yolanda Allen, 5-16-92, Seattle, Wash.
- 19-10 3/4/6.06 Sabine Schwarz, 5-20-89, Stanford, Calif.
- 19-9 3/4/6/04 Maureen Bookstrom, 2-11-89, Tucson, Ariz.

Athletes with superior indoor mark:

- 20-10/6.35 Sharifa Jones, 2-27-04, Seattle, Wash.
- 20-5/6.22 Jana Charleston, 2-24-90, Flagstaff, Ariz.

Athletes with superior wind-aided mark:

- 21 1/4/6.41 Carole Jones, 6-5-87, Baton Rouge, La
- 20-5 1/4/6.23 Jana Charleston, 5-6-89, Tucson, Ariz.
- 20-11/6.12 Yolanda Allen, 5-22-92, Eugene, Ore.

20 14/6.10 Camille Harding, 5-4-85, Eugene, Ore.
 19-10 34/6.06 Rebecca Butt, 5-13-95, Tucson, Ariz. (Hept.)
 19-10 34/6.05 Katrena Johnson, 4-30-83, Tucson, Ariz.
 19-9 1/2/6.03 Darlene Jones, 5-3-86, Irvine, Calif.

TRIPLE JUMP

43-4 1/4/13.21 Carole Jones, 5-23-87, Corvallis, Ore.
 42-5 1/2/12.94 Kayla Montgomery, 4-17-94, Walnut, Calif.
 41-5 3/4/12.64 Brianna Glenn, 5-6-00, Tucson, Ariz.
 41-2 1/2/12.56 Rebecca Butt, 3-25-95, Tucson, Ariz.
 40-10 1/4/12.45 TaKisha Morgan, 4-27-01, Des Moines, Iowa
 39-3 3/4/11.98 Jackie McKendree, 3-23-91, Tucson, Ariz.
 39-0 1/2/11.90 Jeanine Dancy, 3-22-08, Tucson, Ariz.
 39-0/11.88 Erin Dougherty, 5-9-87, Occidental, Calif.
 38-7 3/4/11.78 Sharon Manship, 4-14-90, Tucson, Ariz.
 38-7 1/2/11.77 Danielle Griffin, 5-2-92, Tucson, Ariz.

Athletes with superior wind-aided mark:

41-7 1/4/12.68 Rebecca Butt, 3-25-95, Tucson, Ariz.
 41-1/12.52 TaKisha Morgan, 4-21-00, Tucson, Ariz.

Athletes with superior indoor mark:

41-6 1/2/12.66 Brianna Glenn, 2-14-02, Flagstaff, Ariz.

SHOT PUT

62-3 1/4/18.99 Meg Ritchie, 5-7-83, Tucson, Ariz.
 55-7 3/4/16.96 Carla Garrett, 6-1-85, Austin, Texas
 55-1 3/4/16.80 Lorraine Costanzo, 3-23-85, Tucson, Ariz.
52-8 1/2/16.07 Megan Howard, 5-28-05, Eugene, Ore.
 52-6 1/4/16.01 Kelli Burton, 5-21-05, Tucson, Ariz.
52-6/16.00 Nicole Lloyd, 4-26-08, La Jolla, Calif.
 50-12/15.25 Amber Varner, 5-24-03, Tucson, Ariz.
 49-6 1/4/15.09 Michelle Brotherton, 5-20-89, Stanford, Calif.
 48-9/14.86 Stacy Ainlay, 4-11-92, Tucson, Ariz.
 48-1/2/14.64 Ester Hillman, 5-10-85, Westwood, Calif.

Athletes with superior indoor mark:

56-12/17.08 Carla Garrett, 3-14-86, Oklahoma City, Okla.
54-3 1/2/16.55 Megan Howard, 3-4-06, Seattle, Wash.
 53-5 3/4/16.30 Kelli Burton, 2-25-06, Seattle, Wash.
 52-4 3/4/15.97 Billie-Jo Grant, 2-7-04, Colorado Springs, Colo.
 49-9/15.16 Stacy Ainlay, 2-15-92, Flagstaff, Ariz.

DISCUS

221-5/67.48 Meg Ritchie, 4-25-81, Walnut, Calif.
 198-5/60.48 Carla Garrett, 5-21-89, Stanford, Calif.
 190-1/57.93 Rachel Varner, 4-17-04, Long Beach, Calif.
 179-10/54.82 Becky Levi, 5-7-83, Tucson, Ariz.
 178-6/54.42 Ilona Rutjes, 5-18-03, Los Angeles, Calif.
 174-2/53.09 Kelli Burton, 4-28-07, Tempe, Ariz.
 174-2/53.08 Michelle Brotherton, 5-21-89, Stanford, Calif.
 171-10/52.38 Karen Pugh, 4-21-90, Walnut, Calif.
170-1/51.86 Nicole Lloyd, 4-25-08, La Jolla, Calif.
 170-1/51.84 Stacy Ainlay, 2-8-92, Tucson, Ariz.

HAMMER

207-3/63.16 Angela Foster, 3-17-01, Tucson, Ariz.
195-2/59.57 Megan Howard, 4-11-08, Tempe, Ariz.
 194-8/59.34 Kelli Burton, 3-24-07, Tucson, Ariz.
 194-4/59.23 Maureen Griffin, 6-24-99, Eugene, Ore.
 181-9/55.40 Nicole Kraus, 5-5-01, Tempe, Ariz.
 181-5/55.30 Jackilyn Drake, 5-14-04, Tucson, Ariz.
 179-3/54.63 Amber Varner, 5-3-03, Tempe, Ariz.
 179-2/54.60 Holly Montoya, 3-29-97, Tucson, Ariz.
 172-9/52.67 Mandy Shefman, 4-19-98, Walnut, Calif.
 164-5/50.12 Sarah Seronde, 5-1-99, Tempe, Ariz.

NEW JAVELIN (SINCE 1999)

165-10/50.55 Julie DeMarni, 5-19-02, Pullman, Wash.
145-5/44.34 Leigh Bernstein, 4-5-08, Tucson, Ariz.
 144-1/43.92 Shaya Orendorff, 4-15-00, El Paso, Texas
132-11/40.53 Shevell Quinley, 6-7-07, Sacramento, Calif.
 122-7/37.37 Amanda Underwood, 5-1-04, Tucson, Ariz.
 122-4/37.30 Jayme Chapados, 3-17-07, Tucson, Ariz.
 112-9/34.38 Ruth Schmidt, 3-15-02, Tucson, Ariz.
 112-3/34.22 Jessica Corkill, 3-6-04, Tucson, Ariz.
 110-11/33.80 Amber Varner, 3-8-03, Tempe, Ariz.
 108-9/33.14 Caroline Seronde, 3-17-01, Tucson, Ariz.

JAVELIN (PRIOR TO 1999)

194-7/59.30 Louise Perreault, 3-23-91, Tucson, Ariz.
 186-9/56.92 Martha Hart, 4-20-85, Tucson, Ariz.
 176-2/53.70 Lynda Hughes-Sutfin, 5-16-86, Tempe, Ariz.
 171-5/52.24 Donna Mayhew, 5-13-83, Tucson, Ariz.
 165-10/50.56 Nicole Engstrom, 5-20-94, Pullman, Wash.
 163-3/49.76 Sherri Hilton, 5-10-85, Westwood, Calif.

151-0/46.02 Jennifer McEldowney, 3-26-88, Tucson, Ariz.
 149-7/45.60 Megan Salisbury, 4-4-97, Tempe, Ariz.

4X100M RELAY

44.58 Whitlock/Taylor/Mora/Martin, 5-27-06, Provo, Utah
 44.74 Kelly/Glenn/Thomas/Jackson, 5-6-00, Tucson, Ariz.
 44.75 McDonald/Perkins/Taylor/Jones, 5-1-04, Tucson, Ariz.
 44.86 S. Jones/Perkins/Taylor/Ndiaye, 5-3-03, Tempe, Ariz.
 44.94 S. Jones/Perkins/Taylor/Ndiaye, 5-30-03, Stanford, Calif.
 45.01 Martin/Quinley/Taylor/Gadson, 4-14-07, El Paso, Texas
 45.02 S. Jones/Perkins/Taylor/Ndiaye, 5-18-03, Los Angeles, Calif.
 45.06 Walsh/Lim/Rodgers/Winston, 3-7-84, Tucson, Ariz.
 45.12 S. Jones/Perkins/Taylor/Ndiaye, 5-31-03, Stanford, Calif.
 45.12 D. Jones/C. Jones/Boyd/Rodgers-Williams, 5-17-86, Tempe, Ariz.

4X400M RELAY

3:36.22 Walsh/Vetter/Rodgers/Waithera, 4-6-84, Austin, Tex.
 3:36.75 Walsh/Vetter/Rodgers/Waithera, 4-5-84, Austin, Tex.
 3:37.63 Ferguson/Bennett/Dring/Johnson, 3-30-96, Tucson, Ariz.
 3:37.85* Walsh/Vetter/Rodgers/Waithera, 6-2-84, Eugene, Ore. (3:38.95y)
 3:38.69 Walsh/Vetter/Rodgers/Waithera, 4-29-84, Walnut, Calif.
3:39.75 Sullivan/Rodgers/Blevins/Gadson, 5-31-08, Northridge, Calif.
 3:39.89* Walsh/Vetter/Rodgers/Waithera, 5-31-84, Eugene, Ore. (3:40.99y)
 3:40.02 Burton/Bennett/Dring/Johnson, 5-21-94, Pullman, Wash.
 3:40.29 S. Jones/Powell/Sanford/Perkins, 5-18-03, Los Angeles, Calif.
 3:40.46 Waithera/Walsh/Lim/Marks, 5-14-83, Tucson, Ariz.

HEPTATHLON

5,867 Maryse Ewanje-Epée, 7-6/7-85, Athis-Mons, France
 5,685 Sabine Schwarz, 3-24/25-89, Tucson, Ariz.
5,657 Shevell Quinley, 5-5/6-07, Palo Alto, Calif.
 5,426 Erin Dougherty, 6-5/6-87, Baton Rouge, La.
 5,386 Rebecca Butt, 5-13/14-95, Tucson, Ariz.
 5,380 Jennifer McEldowney, 3-24/25-89, Tucson, Ariz.
 5,358 Camille Harding, 3-22/23-85, Tucson, Ariz.
 5,266 Jackie Kinsella, 3-24/25-89, Tucson, Ariz.
 5,175 Veronica Burton, 5-24/25-94, Tempe, Ariz. (5203)
 4995 Cindy Holmes, 4-16/17-92, Tucson, Ariz
 () Score under pre-1985 tables

ARIZONA HEPTATHLON SINGLE-EVENT RECORDS

Event	Mark	Name	Site	Date
100 H	13.71	Maryse Ewanje-Epée	Athis-Mons, France	7-7-85
High Jump	1.93/6-4	Maryse Ewanje-Epée	Athis-Mons, France	7-7-85
Shot Put	13.24/43-5 1/4	Sabine Schwarz	Tucson, Ariz.	3-24-89
200m	24.54	Shevell Quinley	Tucson, Ariz.	4-4-08
Long Jump	6.31/20-8 1/2	Veronica Burton	Tempe, Ariz.	5-25-84
Javelin	46.02/151-0	Jennifer McEldowney	Tucson, Ariz.	3-26-88
800m	2:16.24	Jackie Kinsella	Tucson, Ariz.	3-25-89
First Day	3,727	Maryse Ewanje-Epée	Athis-Mons, France	7-7-85
Second Day	2,343	Veronica Burton	Tempe, Ariz.	5-25-94
Total Points	5,867	Maryse Ewanje-Epée	Athis-Mons, France	7-8-85



PAC-10 HISTORY

WOMEN'S Pacific-10 Conference History

Year	Place	Pts.	Ind.
2008	8th	65	1
2007	6th	62	1
2006	9th	37	1
2005	9th	36	-
2004	9th	42	1
2003	8th	58	-
2002	7th	59	2
2001	6th	77	2
2000	6th	65	1
1999	6th	62	3
1998	8th	45.5	1
1997	4th	87	3
1996	9th	48	1
1995	7th	72	1
1994	3rd	96	2
1993	4th	71	4
1992	2nd	90	2
1991	4th	54	3
1990	8th	38	1
1989	3rd	79	2
1988	8th	28	-
1987	4th	60	-

2008

Liz Patterson, HJ, 6-2

2007

Gabriella Duclos, PV, 13-9 1/4

2006

Rachel Varner, Discus, 181-3

2004

Rachel Varner, Discus, 178-4

2002

Brianna Glenn, 200m, 22.91

Amy Linnen, PV, 14-1³/₄*

2001

Brianna Glenn, 100m, 11.39

Brianna Glenn, 200m, 23.26

2000

Carolyn Jackson, 400m, 52.23

1999

Tara Chaplin, 5000m, 16:35.98

Brooke Murphy, 10,000m, 34:49.91

Maureen Griffin, HT, 193-8*

1998

Amy Skieresz, 5000m, 15:47.64

1997

Amy Skieresz, 3000m, 9:13.87

Amy Skieresz, 5000m, 15:44.91*

Holly Montoya, HT, 171-3*

1996

Michelle Johnson, 400mH, 57.56

1995

Viola Schaffer, 10,000m, 35:16.34

1994

Karen Bennett, 800m, 2:03.79*

Brenda Slewenhoek, 5000m, 16:36.52

1993

Brenda Slewenhoek, 3000m, 9:29.33

Brenda Slewenhoek, 5000m, 16:43.73

Katie Williams, 10,000m, 35:30.76

Tanya Hughes, HJ, 6-2³/₄

1992

Katie Williams, 10,000m, 35:16.21

Tanya Hughes, HJ, 6-2¹/₂ *

1991

Bridget Smyth, 1500m, 4:24.13

Bridget Smyth, 3000m, 9:27.79

Tanya Hughes, HJ, 6-2³/₄ *

1990

J.C. Broughton, HJ, 5-10³/₄

1989

Carla Garrett, SP, 53-4¹/₂

Carla Garrett, DT, 198-5*



**MEN'S
Pacific-10 Conference History**

Year	Place	Pts.	Ind.
2008	8th	65	1
2007	5th	91	1
2006	3rd	122	4
2005	7th	65	2
2004	5th	93	3
2003	8th	46	-
2002	5th	99	1
2001	9th	32	-
2000	6th	75	2
1999	4th	78	3
1998	3rd	111	5
1997	5th	91 1/2	3
1996	8th	73	1
1995*	4th	112	3
1994	6th(t)	45	1
1993	2nd	91	4
1992	7th	51	3
1991	4th	75	4
1990	4th	72	3
1989	3rd	108	5
1988	4th	72	3
1987	7th	43	2
1986	8th	30	-
1985*	4th	69	2
1984	5th	53	1
1983	7th	50	1
1982	7th	40	-
1981	6th	57	1
1980	6th	43	1
1979	5th	53	2



2008
Zack Lloyd, SP, 69-0 (21.03)

2007
Jake Arnold, Dec, 7755

2006
Robert Cheseret, 1500m, 3:41.88
Robert Cheseret, 5000m, 13:47.50
Robert Cheseret, 10000m, 30:32.92
Jake Arnold, Dec, 7691

2005
Robert Cheseret, 10000m, 29:16.48
Sean Shields, SP, 65-5 1/2 (19.95)

2004
Robert Cheseret, 1500m, 3:43.50
Robert Cheseret, 5000m, 14:09.37

2002
Mike Kenyon, 400m, 45.83

2000
Patrick Nduwimana, 800m, 1:49.52
Esko Mikkola, Jav, 236-6 (72.08)

1999
Patrick Nduwimana, 800m, 1:46.43
Abdi Abdirahman, 5000m, 14:00.80
Esko Mikkola, Jav, 247-5 (75.42)

1998
Abdi Abdirahman, 5000m, 14:01.01
Abdi Abdirahman, 10000m, 28:36.16
Chima Ugwu, SP, 63-4 (19.30)
Doug Reynolds, Discus, 205-8 (62.68)
Esko Mikkola, Jav, 250-7 (76.38)

1997
Akin Akinremi, 100m, 10.49
Jon Pillow, 3000SC, 8:48.17
Tapio Kolunsarka, Hammer, 222-3(67.74)

1996
Chima Ugwu, Discus, 193-0 (58.82)

1995
Martin Keino, 1500m, 3:46.37
Martin Keino, 3000SC, 9:01.78
Martin Keino, 5000m, 14:36.17

1994
Oleg Krichenko, Jav, 238-6 (72.70)

1993
Martin Keino, 1500m, 3:44.45
Martin Keino, 3000SC, 9:01.78
Martin Keino, 5000m, 14:10.85
Jimmy Rodriguez, 10000m, 30:08.68

1992
Marc Davis, 3000SC, 8:38.49
Marc Davis, 5000m, 14:14.22

1991
Michael Bates, 100m, 10.24
Michael Bates, 200m, 20.70
Marc Davis, 3000SC, 8:43.79
Marc Davis, 5000m, 14:00.75

1990
Michael Bates, 100m, 10.46
Michael Bates, 200m, 20.92
Marc Olivier-Percy Knox
Michael Bates-James Bullock, 4x100m, 39.56

1989
Marc Olivier, 200m, 21.32
John Quade, 1500m, 3:50.22
Marc Davis, 5000m, 13:56.19
Jack Trahan, SP, 64-10 (19.76)
Derek Huff, Dec, 7629

1988
Matt Giusto, 5000m, 13:51.45
Chris Morgan, 10000m, 29:56.14
Derek Huff, Dec, 7661

1987
Doug Herron, 800m, 1:47.98
Jeff Cannada, 5000m, 13:53.29

1985
Maurice Crumby, HJ, 7-3 1/4 (2.22)
Todd Kaufman, Discus, 196-6 (59.90)

1984
Vance Johnson, LJ, 25-10 (7.87)

1983
Vance Johnson-Rod Barksdale
Lucius Miller-Jon Johnson, 4x100m, 39.40

1981
Harrison Koroso, 3000SC, 8:32.2

1980
Thom Hunt, 1500m, 3:42.1

1979
Thom Hunt, 3000SC, 8:37.3
James Frazier, HJ, 7-1 1/2 (2.17)





The University of Arizona track and field program has built a history of breeding athletes that can compete at the highest level. The UA men's team has had at least one athlete earn All-American accolades in each of the past 37 NCAA Outdoor Championships the last 11 Indoor Championships and have had two or more athletes earn the honor in each of the past seven years. On the women's side, the team has posted at least one All-American per year since the team began competing at the National Championships in 1980. With such a strong core of athletes calling themselves Wildcats this season, it seems a far cry to think either streak is going to end anytime soon.

ARIZONA MEN'S NCAA OUTDOOR CHAMPIONSHIP HISTORY (ALL-AMERICANS)

159 All-American Awards
14 Individual National Championships
Athletes in Bold Denote National Champion

Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1932	8	21st	Bud Sample, Jr.	Javelin	204-4	2nd	1984	53	6th	Rod Barksdale, Sr.	200m	20.67	6th
			Clyde Blanchard, Sr.	400m Hurdles*	53.3	3rd				Tom Ansberry, Jr.	10,000m	28:15.61	4th
1933	8	18th	Bud Sample, Sr.	Javelin	211-4	2nd				John Johnson, So.	110m Hurdles	13.85 (13.47h)	6th
1939	1	39th	Gherald Hoopes, Jr.	Long Jump	23-81/2	6th				Bob Ingram, Sr.	Steeplechase	8:35.43	7th
1954	11/2	38th	Mal Andrews, Jr.	Long Jump	24-11/2	t-5th				Dave Dobler, Sr.	Steeplechase	8:46.48	11th
1955	8	21st	Mal Andrews, Sr.	Long Jump	24-1	2nd				Vance Johnson, Jr.	Long Jump	26-101/4w	2nd
1958	2	32nd	Ray Hiscock, So.	Shot Put	54-71/2	5th				Vance Johnson, Jr.	4x100m Relay	39.51	3rd
1959	7	25th	Ray Hiscock, Jr.	Shot Put	56-31/2	3rd				Rod Barksdale, Sr.			
			Jim Burke, So.	Discus	156-4	6th				Lucius Miller, Jr.			
1960	16	11th	Larry Dunn, So.	100m	10.4	3rd	1985	6	t-43rd	John Johnson, So.			
			Ray Hughes, Sr.	Steeplechase	9:20.6	4th				Todd Kaufman, Sr.	Discus	194-2	5th
			Jim Burke, Jr.	Discus	172-2	3rd				Maurice Crumby, Jr.	High Jump	7-5	7th
1961	14	9th	Larry Dunn, Jr.	220y	21.2	3rd	1986	0	—	Frank Barnett, Fr.	110m Hurdles	13.82	9th
			Karl Johnstone, So.	Discus	175-10	2nd				Maurice Crumby, Sr.	High Jump	6-11(7-1q)	9th
1962	6	27th	Karl Johnstone, Jr.	Discus	180-2	3rd	1988	18	14th	Matt Giusto, Sr.	5000m	13:54.94	2nd
1964	14	10th	Gayle Hopkins, Sr.	Long Jump	26-91/4	1st	1989	22	t-10th	Derek Huff, Jr.	Decathlon	7799	2nd
			Gayle Hopkins, Sr.	Triple Jump	50-2	4th				Doug Herron, Sr.	800m	(1:49.55h)	12th
1965	16	14th	Ed Martensen, Jr.	Pole Vault	15-4	5th				Marc Davis, So.	5000m	14:07.88	1st
			Jim McArdle, So.	Discus	176-9	4th				Derek Huff, Sr.	Decathlon	8020	1st
			John Tushaus, Jr.	Javelin	250-6	1st				Percy Knox, So.	4x100m Relay	39.79 (39.69h)	7th
1966	16	11th	Dale Frederick, So.	120y Hurdles	13.78	2nd				Kirk Dyer, Fr.			
			John Tushaus, Sr.	Javelin	257-0	2nd				David Lockhart, So.			
1967	8	t-26th	Ed Caruthers, Sr.	High Jump	7-1	2nd	1990	16	t-17th	Marc Olivier, Fr.			
1969	2	t-41st	Roy Waddell, Jr.	Javelin	245-11 (258-10q)	5th				Michael Bates, Fr.	100m	10.26w(10.23h)	7th
1971	6	t-33rd	Lorenzo Allen, Jr.	High Jump	7-0	t-2nd				Michael Bates, Fr.	200m	20.63 (20.56h)	7th
1972	8	t-22nd	Steve Gunzel, Jr.	Discus	189-4	3rd				James Bullock, Jr.	200m	(21.00h)	12th
			Sam Strickland, So.	Javelin	245-11	5th				Marc Olivier, So.	4x100m Relay	38.89	2nd
1973	7	34th	Robert Joseph, Jr.	High Jump	7-3	3rd				Percy Knox, Jr.			
			Steve Gunzel, Sr.	Discus	180-6	6th				Michael Bates, Fr.			
1974	10	t-18th	Wardell Gilbreath, So.	220y	20.1w (21.44h)	3rd	1991	5	t-51st	James Bullock, Jr.	Shot Put	60-4 (60-6q)	6th
			Larry Brown, Jr.	220y	20.2w (21.52h)	4th				Jack Trahan, Sr.	100m	(10.41wh)	14th
1975	1	t-53rd	Larry Brown, Sr.	220y	21.08 (21.03h)	6th				James Bullock, Sr.	200m	20.37w	6th
1976	10	t-19th	Wardell Gilbreath, Sr.	200m	20.96 (20.81h)	3rd				Michael Bates, So.	5000m	14:24.53	10th
			Terry Cotton, Jr.	5000m	14:00.2	4th				Marc Davis, Jr.	4x100m Relay	DQ (39.59h)	—
1977	1	t-55th	Ed Arriola, Jr.	1500m	3:42.3	6th				David Lockhart, Sr.			
1978	1	t-44th	Thom Hunt, So.	5000m	14:07.0	9th				Percy Knox, Sr.			
			David Shoots, Jr.	10,000m	30:12.8	12th				Michael Bates, So.			
			Roger Curtis, Jr.	High Jump	7-1	6th	1992	10	t-26th	James Bullock, Sr.	Decathlon	7510	7th
			Steve Jacobs, Jr.	Decathlon	7544	7th	1993	7	36th	Rene Schmidheiny, Sr.	Steeplechase	8:36.79	1st
1979	20	11th	Thom Hunt, Jr.	Steeplechase	8:26.7	4th				Marc Davis, Sr.	Steeplechase	8:39.14	5th
			James Frazier, So.	High Jump	7-31/2	2nd				Martin Keino, Jr.	Discus	176-11	11th
			Steve Jacobs, Sr.	Decathlon	7736	2nd				Doug Huff, Sr.	Javelin	228-5	8th
1980	12	17th	Thom Hunt, Sr.	Steeplechase	8:26.96	4th	1994	9	t-30th	Alex Krichenko, So.	Decathlon	7466	7th
			James Frazier, Jr.	High Jump	7-53/4	2nd				Matt Dallow, So.	Hammer	230-3	4th
1981	5	33rd	Harrison Koroso, Sr.	Steeplechase	8:28.93	4th	1995	18	15th	David Loshonkol, Jr.	Javelin	237-9	5th
			Hope Ezeigbo, Jr.	4x400m Relay	3:07.42(3:05.81h)	6th				Alex Krichenko, Jr.	5000m	14:36.78	1st
			Felix Imadiyi, Jr.							David Loshonkol, Sr.	Hammer	226-0	6th
			Randy Redditt, Fr.							Alex Krichenko, Sr.	Javelin	234-4	4th
			Rod Barksdale, Fr.							Dominic Johnson, Jr.	Pole Vault	17-101/2	3rd
1982	24	20th	Jeff Hess, Jr.	Steeplechase	8:54.38	7th	1996	20	8th	Chima Ugwu, Jr.	Shot Put	63-31/4	2nd
			Vance Johnson, Fr.	4x100m Relay	39.57 (39.40h)	8th	1997	13	t-23rd	Tapio Kolunsarka, Fr.	Hammer	228-9	3rd
			Rod Barksdale, So.							Bob Keino, Jr.	1500m	3:42.23	5th
			Lucius Miller, Fr.							Tapio Kolunsarka, So.	Hammer	225-8	3rd
			Raymond Threatt, Jr.							Dominic Johnson, Sr.	Decathlon	7596	6th
1983	101/2	45th	Vance Johnson, Fr.	Long Jump	26-111/4	1st	1998	41	t-4th	Patrick Nduwimna, So.	800m	1:47.69	7th
			Rod Barksdale, Jr.	200m	20.75	t-12th				Abdi Abdirahman, Jr.	5000m	13:40.61	2nd
			Jeff Hess, Sr.	Steeplechase	8:34.30	7th				Abdi Abdirahman, Jr.	10,000m	28:46.36	5th
			Tom Ansberry, So.	10,000m	30:44.23	9th				Chima Ugwu, Sr.	Shot Put	62-51/4	2nd
										Esko Mikkola, So.	Javelin	268-7H	1st
										Klaus Ambrosch, Fr.	Decathlon	7825	1st

Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1999	20	14th	Patrick Nduwimana, Jr.	800m	1:47.22	2nd	2006	34	4th	Obed Mutanya, Jr.	5000m	14:17.41	5th
			Abdi Abdirahman, Sr.	10,000m	29:34.03	6th				Robert Cheseret, Sr.	5000m	14:21.04	7th
			Jeff Dutoit, Jr.	Pole Vault	16-103/4	t-7th				Sean Shields, Sr.	Shot Put	65-11 3/4	3rd
			Esko Mikkola, Jr.	Javelin	252-0	2nd				Adam Kuehl, Jr.	Discus	195-08	2nd
2000	26	6th	Patrick Nduwimana, Sr.	800m	1:45.08	1st				Sean Shields, Sr.	Discus	185-8	6th
			Jeff Dutoit, Sr.	Pole Vault	18- 1/2	3rd				Jake Arnold, Jr.	Decathlon	7870	1st
			Esko Mikkola, Sr.	Javelin	238-3	1st	2007	18	t12th	Obed Mutanya, Sr.	5000m	13:42.81	6th
2001	0	—	Mike Kenyon, Jr.	400m	46.53	11th				Marcus Tyus, Jr.	4x100m relay	40.13	8th
2002	2	t59th	Mike Kenyon, Sr.	200m	20.89	11th				Xuehan Xiong, So.			
			Mike Kenyon, Sr.	400m	45.93 (45.41h)	7th				Antoine Cason, Sr.			
			Sean Shields, Fr.	Shot Put	62-81/2	9th				Troy Harris, Sr.			
2003	6	32nd	Robert Cheseret, Fr.	5000m	13:52.17	3rd				Adam Kuehl, Sr.	Shot Put	60-3 1/4	9th
			Sean Shields, So.	Shot Put	59-11/2 (59-53/4q)	9th				Jarred Sola, Jr.	Shot Put	59-7 1/2	10th
2004	21	12th	Robert Cheseret, So.	5000m	13:49.85	1st				Adam Kuehl, Sr.	Discus	199-0	4th
			Kyle Goklish, Sr.	5000m	14:20.73	6th				Jake Arnold, Sr.	Decathlon	8215	1st
			Robert Cheseret, So.	10000m	29:26.51	2nd	2008	11	t23	Zack Lloyd, Jr.	Shot Put	63-7 3/4	4th
2005	23	9th	Robert Cheseret, Jr.	5000m	13:41.88	6th				Shawn Best, Sr.	Shot Put	60-9 1/4	5th
			Robert Cheseret, Jr.	10000m	28:20.11	1st				Jarred Sola, Sr.	Shot Put	60-7 1/4	7th
			Sean Shields, Jr.	Shot Put	63-0	4th	2009	11	t23	Zack Lloyd, Sr.	Shot Put	65-2	2nd
			Adam Kuehl, So.	Discus	192-11	4th				Luis Rivera-Morales, Sr.	Long Jump	26-0 1/2	6th

ARIZONA MEN'S NCAA INDOOR CHAMPIONSHIP HISTORY (ALL-AMERICANS)

27 All-American Awards

1 Individual National Championships

Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1971	4	t-22nd	Lorenzo Allen, Jr.	High Jump	6-10	2nd	2002	0	—	Sean Shields, Fr.	Shot Put	60-103/4	13th
1973	2	t-39th	Robert Joseph, Jr.	High Jump	7-0	4th				Mike Kenyon, Sr.	400m	47.05	15th
1975	2	t-40th	Tony Lawson, Jr.	440y	49.1	4th	2003	3	t55th	Sean Shields, So.	Shot Put	63-23/4	6th
1984	0	—	Phillip Anderson, Jr.	Triple Jump	51-101/2	10th	2004	5	34th	Robert Cheseret, So.	3000m	8:04.28	4th
1990	0	—	Gary Cobb, Sr.	Mile	4:06.76 (4:02.85h)	9th	2005	20	10th	Robert Cheseret, Jr.	5000m	13:44.51	2nd
			Scott Biberthaler, Sr.	Weight	61-51/2	9th				Jonah Maiyo, Jr.	Mile	4:02.07	3rd
1991	2	t-31st	Percy Knox, Sr.	Long Jump	25-8	5th				Sean Shields, Jr.	Shot Put	64-1/2	3rd
1992	8	t-18th	Marc Davis, Sr.	5000m	13:45.18	2nd	2006	18	10th	Robert Cheseret, Sr.	3000m	8:04.15	2nd
1994	5	t-35th	Martin Keino, Sr.	3000m	7:56.65	4th				Sean Shields, Sr.	Shot Put	63-6 1/4	3rd
			David Loshonkol, Jr.	Weight	62-61/2	14th				Jake Arnold, Jr.	Decathlon	5640	5th
1995	0	—	David Loshonkol, Sr.	Weight	64-33/4	11th	2007	19	14th	Obed Mutanya, Sr.	3000m	7:57.21	5th
1996	9	t-24th	Bob Keino, So.	3000m	7:56.78	5th				Adam Kuehl, Sr.	Shot Put	63-7 3/4	5th
			Chima Ugwu, Sr.	Shot Put	61-3	4th				Shawn Best, Sr.	Shot Put	63-6 1/4	6th
1998	13	18th	Abdi Abdirahman, Jr.	5000m	14:06.38	7th				Jake Arnold, Sr.	Decathlon	5909	2nd
			Dominic Johnson, Sr.	Pole Vault	18-2	2nd	2008	9	27th	Bobby McCoy, Jr.	400m	46.36	4th
1999	9	21st	Abdi Abdirahman, Sr.	5000m	14:10.10	7th				Zack Lloyd, Jr.	Shot Put	61-1 1/2	5th
			Jeff Dutoit, Jr.	Pole Vault	18-21/2	3rd	2009	6	33rd	Zack Lloyd, Sr.	Shot Put	63-1/4	3rd
2000	1	58th-t	Jeff Dutoit, Sr.	Pole Vault	18- 1/2	8th							
2001	15	13th	Patrick Nduwimana, Sr.	800m	1:45.33	1st	INDOOR POINT SCORING						
			Matt Lea, So.	4x400m R	3:06.50	4th	1971-75: 6-4-3-2-1	1984-93: 10-8-6-4-2-1	1994-Present: 10-8-6-5-4-3-2-1				
			Mike Kenyon, Jr.										
			Jules Doumbya, Jr.										
			Patrick Nduwimana, Sr.										

ARIZONA WOMEN'S NCAA OUTDOOR CHAMPIONSHIP HISTORY (ALL-AMERICANS)

111 All-American Awards

18 Individual National Championships

Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1980*	24	8th	Joan Hansen, Jr.	3000m	9:18.96	4th	1983	47		Becky Levi, Jr.	Discus	166-9	10th
			Meg Ritchie, Fr.	Shot Put	54-2	1st				Donna Mayhew, Jr.	Javelin	170-6	3rd
			Meg Ritchie, Fr.	Discus	211-3	1st	1984	24	22nd	Ruth Waitheara, Sr.	400m	52.84	6th
1981*	36	6th	Robin Marks, Fr.	400m hurdles	58.41	1st				Camille Harding, Fr.	High Jump	6-1/2	7th
			Joan Hansen, Sr.	3000m	9:09.5	2nd				Michelle Walsh, Jr.	4x100m Relay	46.13	9th
			Meg Ritchie, So.	Shot Put	57-1	1st				Laura Lim, Jr.			
			Meg Ritchie, So.	Discus	184-10	2nd				Nedrea Rodgers, Fr.			
1982	68	6th	Ruth Waitheara, So.	400m	56.13 (53.65h)	11th				Lisa Winston, Fr.			
			Robin Marks, So.	400m Hurdles	58.00	2nd				Michelle Walsh, Jr.	4x440y Relay	3:38.95	5th
			Joy Hansen, Sr.	3000m	10:08.10	12th				Janis Vetter, Fr.			
			Eliza Carney, So.	10,000m	35:55.79	12th				Nedrea Rodgers, Fr.			
			Charmaine Gale, Fr.	High Jump	5-103/4	t-10th				Ruth Waitheara, Sr.			
			Meg Ritchie, Jr.	Shot Put	55-51/4	1st	1985	45	t-4th	Katrena Johnson, So.	High Jump	6-41/4	1st
			Meg Ritchie, Jr.	Discus	202-0	1st				Maryse Ewanhe-Epée, Fr.	High Jump	6-3	2nd
			Martha Hart, Fr.	Javelin	171-10	5th				Camille Harding, So.	High Jump	6-3	3rd
			Felicia DuPuch, So.	4x100m Relay	45.78	11th				Carla Garrett, Fr.	Shot Put	55-73/4	2nd
			Ruth Waitheara, Fr.							Lorraine Costanzo, Sr.	Shot Put	53-51/2	3rd
			Audrey Williams, Fr.							Carla Garrett, Fr.	Discus	174-10	7th
			Laura Lim, Fr.							Maryse Ewanhe-Epée, Fr.	Heptathlon	5607	4th
1983	47	9th	Anthea James, Sr.	3000m	9:21.37	7th	1986	14	18th	Katrena Johnson, Jr.	High Jump	6-2	2nd
			Katrena Johnson, Fr.	High Jump	6-11/2	3rd				Carla Garrett, So.	Shot Put	53-11	4th
			Meg Ritchie, Sr.	Shot Put	54-2	5th				Lynda Sutfin, Sr.	Javelin	167-7	8th
			Meg Ritchie, Sr.	Discus	196-9	3rd							



NCAA HISTORY

ARIZONA WOMEN'S NCAA OUTDOOR CHAMPIONSHIP HISTORY (ALL-AMERICANS)

						Continued							
Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1987	16	t-16th	Katrena Johnson, Sr.	High Jump	6-0	6th	1999	1	t-66th	Carolyn Jackson, Jr.	400m	53.83	9th
			Carole Jones, Sr.	Long Jump	21-1/2w	4th				Tara Chaplin, Fr.	10,000m	34:52.96	9th
			Carole Jones, Sr.	Triple Jump	42-1/2	8th				Maureen Griffin, Fr.	Hammer	190-11	8th
			Carla Garrett, Jr.	Shot Put	54-33/4	4th	2000	12	t-19th	Brianna Glenn, So.	100m	11.47	
			Erin Dougherty	Heptathlon	5426	7th	4th			Carolyn Jackson, Sr.	400m	52.58 (52.15h)	5th
1988	2	t-47th	Cristina Fink-Sisniega, Sr.	High Jump	6-11/4	7th				Andrea Neary, Jr.	Pole Vault	13-11/2	6th
1989	25	5th	Carla Garrett, Sr.	Shot Put	53-8	1st	2001	44	3rd	Brianna Glenn, Jr.	100m	11.21w	3rd
			Carla Garrett, Sr.	Discus	190-4	1st				Brianna Glenn, Jr.	200m	22.92w	1st
			Michelle Brotherton, So.	Discus	169-3	4th				Andrea Dutoit, Sr.	PV	13-91/4	1st
1990	5	t-42nd	Louise Perreault, Jr.	Javelin	164-8	5th				Amy Linnen, Fr.	PV	13-11/2	5th
			Karen Pugh, Sr.	Discus	158-7 (158-9q)	8th				Brianna Glenn, Jr.	LJ	21-61/2 w	1st
1991	10	23rd	Tanya Hughes, Fr.	High Jump	6-4 1/4	1st				Angela Foster, Jr.	Hammer	204-1	5th
1992	19	t-16th	Katie Williams, Jr.	10,000m	35:24.26	8th	2002	15	17th	Brianna Glenn, Sr.	100m	11.50 (11.38h)	4th
			Tanya Hughes, So.	High Jump	6-11/2	1st				Brianna Glenn, Sr.	200m	23.31 (22.97h)	6th
			J.C. Broughton, So.	High Jump	6-3/4	2nd				Brianna Glenn, Sr.	Long Jump	21- 1/2	3rd
1993	25	9th	Brenda Sleewenhoek, Jr.	5000m	16:33.86	3rd				Angela Foster, Sr.	Hammer	200-2	8th
			Katie Williams, Sr.	10,000m	35:16.67	6th	2003	12	t22nd	Connie Jerz, Jr.	Pole Vault	14-11/4	2nd
			Tanya Hughes, Jr.	High Jump	6-31/2	1st				Ilona Rutjes, Jr.	Discus	177-3	5th
			J.C. Broughton, Jr.	High Jump	6-11/4	3rd	2004	2	t65th	Connie Jerz, Sr.	Pole Vault	13-5 1/4	7th
1994	10	23rd	Brenda Sleewenhoek, Sr.	5000m	16:36.71	4th	2005	3	t60th	Ilona Rutjes, Sr.	Discus	176-0	6th
			Tanya Hughes, Sr.	High Jump	6-11/4	4th				Rachel Varner, So.	Discus	165-10	10th
			Veronica Burton, Jr.	Long Jump	20-4	10th				Megan Howard, Fr.	Shot Put	52-7 1/2	9th
			Rebecca Butt, Jr.	High Jump	5-83/4	t-11th	2006	1	t70	Rachel Varner, Jr.	Discus	169-1	8th
			Rebecca Butt, Jr.	Heptathlon	5258	11th	2007	0	--	Shevell Quinley, So.	Heptathlon	5633	10th
1995	7	32nd	Michelle Johnson, Sr.	400m Hurdles	57.90	7th	2008	12	t20	Liz Patterson, So.	High Jump	6-1 1/4	1st
			Viola Schaffer, So.	10,000m	35:05.03	4th				Jasmin Day, So.	High Jump	5-10 3/4	7th
			Rebecca Butt, Sr.	High Jump	5-91/4	t-7th				Shevell Quinley, Jr.	Heptathlon	5527	12th
1996	3	49th	Michelle Johnson, Sr.	400m Hurdles	57.81(57.66h)	6th	2009	11	t25	Megan Howard, Sr.	Shot Put	50-8 3/4	12th
1997	26	7th	Amy Skieresz, So.	5000m	15:46.76	1st				Shevell Quinley, Sr.	Heptathlon	5668	8th
			Amy Skieresz, So.	10,000m	33:14.22	1st				Liz Patterson, Jr.	High Jump	6-2 1/4	2nd
			Erin Aldrich, Fr.	High Jump	6-11/2	3rd				Gabriella Duclos, Sr.	Pole Vault	13-9 1/4	7th
1998	24	11th	Carolyn Jackson, So.	400m	52.61	5th							
			Amy Skieresz, Jr.	5000m	15:37.77	1st							
			Amy Skieresz, Jr.	10,000m	33:04.12	1st							
			Tara Flaming	High Jump	5-93/4	11th							

ARIZONA WOMEN'S NCAA INDOOR CHAMPIONSHIP HISTORY (ALL-AMERICANS)

52 All-American Awards

9 Individual National Championships

Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place	Year	Pts.	Team Place	Name, Yr.	Event	Mark	Place
1981*	19	9th	Joan Hansen, Sr.	1500m	4:26.53	2nd	4	t-33rd		Viola Schaffer, Jr.	5000m	16:13.30	5th
			Marjorie Kaput, Sr.	5000m	17:09.2	6th	1997	10	t-18th	Amy Skieresz, So.	5000m	15:39.75H	1st
			Meg Ritchie, So.	Shot Put	55-21/2	1st	1998	10	t-21st	Amy Skieresz, Jr.	5000m	15:54.58	1st
1982	10	t-17th	Charmaine Gale, Fr.	High Jump	6-11/2	1st	1999	1	t-40th	Carolyn Jackson, So.	400m	55.06 (53.56h)	8th
1983	10	t-10th	Meg Ritchie, So.	Shot Put	56-113/4	1st				Tara Chaplin, Fr.	5000m	16:25.25	10th
1984	12	t-7th	Ruth Waithera, Sr.	400m	54.21	1st	2000	8	t-22nd	Brianna Glenn, So.	60m	7.35 (7.31h)	5th
			Laura Lim, Sr.	55m Hurdles	7.92 (7.81h)	5th				Carolyn Jackson, So.	400m	53.68h)	13th
1985	15	13th	Michelle Walsh, Sr.	400m	54.75	6th				Tara Chaplin, So.	5000m	16:03.21	5th
			Lorraine Costanzo, Sr.	Shot Put	53-1/4	2nd				Brianna Glenn, So.	Long Jump	20-1/2	10th
			Carla Garrett, Fr.	Shot Put	51-101/4	3rd	2001	30	t-3rd	Brianna Glenn, Jr.	60m	7.35	3rd
1986	20	6th	Katrena Johnson, Jr.	High Jump	6-3/4	1st				Tara Chaplin, Jr.	5000m	16:13.58	2nd
			Carole Jones, Jr.	Triple Jump	41-8	5th				Andrea Dutoit, Sr.	Pole Vault	13-91/4	t-2nd
			Carla Garrett, So.	Shot Put	56-1/2	2nd				Amy Linnen, Fr.	Pole Vault	13-91/4	5th
1987	22	t-4th	Katrena Johnson, Sr.	High Jump	6-2	2nd				Brianna Glenn, Jr.	Long Jump	21-11/4	4th
			Carla Garrett, Jr.	Shot Put	55-111/4	2nd	2002	19	9th	Brianna Glenn, Sr.	60m	11.50 (11.38h)	4th
			Carole Jones, Sr.	Triple Jump	43-1/4	3rd				Brianna Glenn, Sr.	200m	23.31 (22.97h)	6th
1988	6	18th	Cristina Fink-Sisniega, Sr.	High Jump	6-0	3rd				Amy Linnen, So.	Pole Vault	14-101/4 H	1st
1989	10	13th	Carla Garrett, Sr.	Shot Put	54-1	1st	2003	21/2	t-32nd	Amy Linnen, Fr.	Pole Vault	13-71/4	t-6th
1990	8	20th	J.C. Broughton, Fr.	High Jump	6-2	2nd	2004	5 1/2	32nd	Sharifa Jones, Jr.	60m	8.18	9th
1991	16	10th	Bridgett Smyth, Sr.	Mile	4:38.11	3rd				Sharifa Jones, Jr.	Long Jump	19-8	11th
1992	2	t-34th	Tanya Hughes, So.	High Jump	6-1/2	5th				Connie Jerz, Jr.	Pole Vault	13-7	3rd
1993	16	t-8th	J.C. Broughton, Jr.	High Jump	6-31/2 H	1st	2005	5 1/2	38th	Connie Jerz, Sr.	Pole Vault	13-9 1/4	t-3rd
			Tanya Hughes, Jr.	High Jump	6-1/2	3rd	2008	9	22nd	Jasmin Day, So.	High Jump	6-0	6th
1994	26	t-5th	Karen Bennett, Sr.	800m	2:04.27	2nd				Shevell Quinley, Jr.	Pentathlon	4256	3rd
			Brenda Sleewenhoek, Sr.	5000m	16:46.54#	1st	2009	13	18th	Liz Patterson, Jr.	High Jump	6-4 3/4	2nd
			J.C. Broughton, Sr.	High Jump	6-11/2	t-2nd				Gabriella Duclos, Sr.	Pole Vault	13-11 1/4	4th
			Tanya Hughes, Sr.	High Jump	5-10	t-7th				Nicole Lloyd, Sr.	Shot Put	52-3 1/4	9th
			Kayla Montgomery, So.	Triple Jump	41-1	11th				Megan Howard, Sr.	Shot Put	51-6 1/4	10th
1995	6	t-30th	Suzanne Castruita, Sr.	3000m	9:28.93	7th							
			Viola Schaffer, So.	5000m	16:13.38	5th							

#Race one lap (200m) long

INDOOR POINT SCORING

1981-93: 10-8-6-4-2-1 1994-Present: 10-8-6-5-4-3-2-1 Tanya Hughes, Fr. High Jump 6-2 1st

Over the years, The University of Arizona has seen its fair share of athletes make their way all the way up to the highest stage of competition by competing at the Olympics. UA track and field athletes are as much a part of that heritage as anyone. George L. Young, a distance runner for Arizona, joined basketball player J. William Wagner as the first UA athletes to ever compete in the Olympics as both were a part on the 1960 Rome Olympics.

Since then, Arizona has sent at least one current or former track and field athlete to every Olympic Games dating up to the most recent games in Beijing. In that time, 33 athletes representing the colors of 14 different countries have seen action, a number second only to the UA's prestigious tradition of Olympic swimmers.

Abdi Abdirahman USA	2000: 10,000m 2004: 10,000m 2008: 10,000m	Tanya Hughes USA	1992: HIGH JUMP
Erin Aldrich USA	2000: High Jump	Lynda Hughes-Sutfin USA	*1984: JAVELIN THROW 1988: JAVELIN THROW
Klaus Ambrosch Austria	2000: Decathlon	Felix Imadiyi Nigeria	*1980: 400m; 4x400m R
Michael Bates USA	1992: 200m/BRONZE	Dominic Johnson St. Lucia	1996: POLE VAULT; 1600m R 2000: POLE VAULT 2008: POLE VAULT
Aldo Canti France/San Marino	*1984: France- 400m; 4x400m R 1992: S.M. - 200m	Donna Mayhew USA	1988: JAVELIN THROW 1992: JAVELIN THROW
Ed Caruthers USA	*1964: High Jump/SILVER 1968: High Jump/SILVER	Ed Mendoza USA	1976: 10,000m
Marc Davis USA	1996: 3000m SC	Esko Mikkola Finland	2004: Javelin Throw
Dwayne Evans USA	*1976: 200m/BRONZE	Jean Patrick Nduwimana Burundi	2000: 800m 2004: 800m
Maryse Ewanje-Epe France	*1984: High Jump 1988: High Jump	Ruth Waithera Nganga Kenya	1984: 400m
Hope Ezeigbo Nigeria	*1980: 400M, 4x400m R	Peter Okodogbe Nigeria	*1980: 100m; 200m; 400m R
Sandra Farmer-Patrick Jamaica/USA	1984: Jamaica - 400m H 1992: USA -400m H/Silver 1996: USA- 400m H	Aaron Ramirez USA	1992: 10,000m
Cristina Fink-Sisniega Mexico	*1988: HIGH JUMP 1992: HIGH JUMP	Meg Ritchie Great Britain	*1980: SHOT PUT; DISCUS THROW 1984: DISCUS THROW
Kim Gallagher USA	1984: 800m/SILVER 1988: 800m/BRONZE; 1500m	Trecia Roberts Thailand	2000: 100m Hurdles/400m Relay
Carla Garrett USA	1992: DISCUS THROW	Chima Ugwu Nigeria	1996: SHOT PUT 2000: SHOT PUT
Charmaine Gayle South Africa	1992: HIGH JUMP	George L. Young USA	1960: 3000m SC 1964: 3000m SC 1968: 3000m SC/BRONZE; Marathon 1972: 5000m
Matt Giusto USA	1996: 5000m		
Joan Hansen USA	1984: 3000m		
Gayle Hopkins USA	1964: LONG JUMP		



Abdi Abdirahman



Tanya Hughes



Meg Ritchie



Kathleen LaRose
Interim Athletics Director

Named interim athletic director on Dec. 17, 2009, Kathleen "Rocky" LaRose begins her 29th year at the University of Arizona, her 15th year as Senior Associate Director of Athletics and her 20th year as Senior Woman Administrator. Currently, she oversees the internal operations of all 19 sports at the UA, being the first woman in her capacity to have day-today internal operational responsibilities over Division I-A football and men's basketball programs.

As the Senior Associate Athletics Director, LaRose also oversees compliance, heritage, events management and all of the C.A.T.S. student-athlete services – academics, medical services, life skills development and equipment operations. She

also chairs the department's Equity and Title IX committees, and she directs the NCAA certification process.

LaRose joined the Arizona staff in 1979 as the UA softball coach and worked from 1980 until 1989 in various capacities including coordinator of athletic special events and special projects, and as assistant athletics director for fund development. LaRose is a past Vice President of the Pac-10 Conference and is a current member of the Pac-10 Council, which governs and regulates all Pac-10 policies. On the national level, she was a charter member of the NCAA Management Council (the legislative body of the NCAA) as the Pac-10 representative for four years and was appointed Management Council liaison to the NCAA Student-Athlete Advisory Board. She also has chaired various Pac-10 committees.

In 1990, LaRose developed the Commitment for Athletes' Total Success (C.A.T.S), an educational approach used by student-athlete services to better the student-athlete academically, athletically, and personally.

LaRose was the recipient of the university's 2004 Billy Joe Varney Award, the institution's top career service honor for members of the faculty or staff.

Raised in Phoenix, LaRose received both her Bachelor of Science and master's degrees from the University of Arizona. While in attendance, she competed on the UA softball team as a starting infielder and clean-up hitter, leading the Cats to their first-ever conference championship in 1979. She competed in the 1979 World Cup Softball championship as a member of the USA National Championship team. She also was a member of the Arete Society (UA's Athletics Honorary) and was the 1978 UA Homecoming Queen. She is married to Michael Proctor, the University's assistant vice president for corporate relations.



John Perrin
Associate to the Athletics Director



Gayle Hopkins
Associate to Athletics Director-Alumni Services





2010 TRACK & FIELD SCHEDULE

INDOOR SEASON

Date	Competition	Location
January 16, 2010	Lumberjack Invitational	Flagstaff, AZ
January 23, 2010	NM Cherry & Silver Invitational	Albuquerque, NM
January 29, 2010	Millrose Games	New York, NY
January 30, 2010	New Mexico Invitational	Albuquerque, NM
January 30, 2010	University of Washington Invitational	Seattle, WA
February 5 - 6, 2010	New Mexico Classic & Multi's	Albuquerque, NM
February 5 - 6, 2010	Frank Sevigne Husker Invitational	Lincoln, NE
February 12 - 13, 2010	Iowa State Classic	Ames, IA
February 13, 2010	Washington Husky Invitational	Seattle, WA
February 19, 2010	Northern Arizona Tune-up	Flagstaff, AZ
February 26 - 27, 2010	Mt. Pac Championships	Seattle, WA
March 6, 2010	NCAA Last Chance Meet	TBA

OUTDOOR SEASON

Date	Competition	Location
March 6, 2010	Arizona Open Tucson, AZ	Tucson, AZ
March 19 - 20, 2010	Willie Williams Classic	Stanford, CA
March 26 - 27, 2010	Stanford Relays	Tucson, AZ
April 1 - 2, 2010	Jim Click Shootout Multi's	Tucson, AZ
April 3, 2010	Jim Click Shootout (Arizona-Cal-Nebraska-Kansas St-Minnesota-Illinois)	Mesa, AZ
April 9, 2010	Mesa Classic	Westwood, CA
April 9 - 10, 2010	JJK Invitational	Tempe, AZ
April 10, 2010	Sun Angel Classic	Walnut, CA
April 15 - 17, 2010	Mt. SAC Relays	
April 23 - 24, 2010	Brutus Hamilton Invitational Berkeley, CA	
May 1, 2010	Arizona/Arizona State/Northern Arizona	Tucson, AZ
May 8 - 9, 2010	Pac-10 Combine Events	Berkeley, CA
May 15 - 16, 2010	Pac-10 Championships	Berkeley, CA
May 20 - 22, 2010	Tucson Elite Classic	Tucson, AZ
May 27 - 29, 2010	NCAA Outdoor Championships (1st Round)	Austin, TX
June 9 - 12, 2010	NCAA Outdoor Championships (Finals)	Eugene, OR

